

CONNECT WITH US



INSTAGRAM

@wasatchcounty_hd



FACEBOOK

Wasatch County Health Department

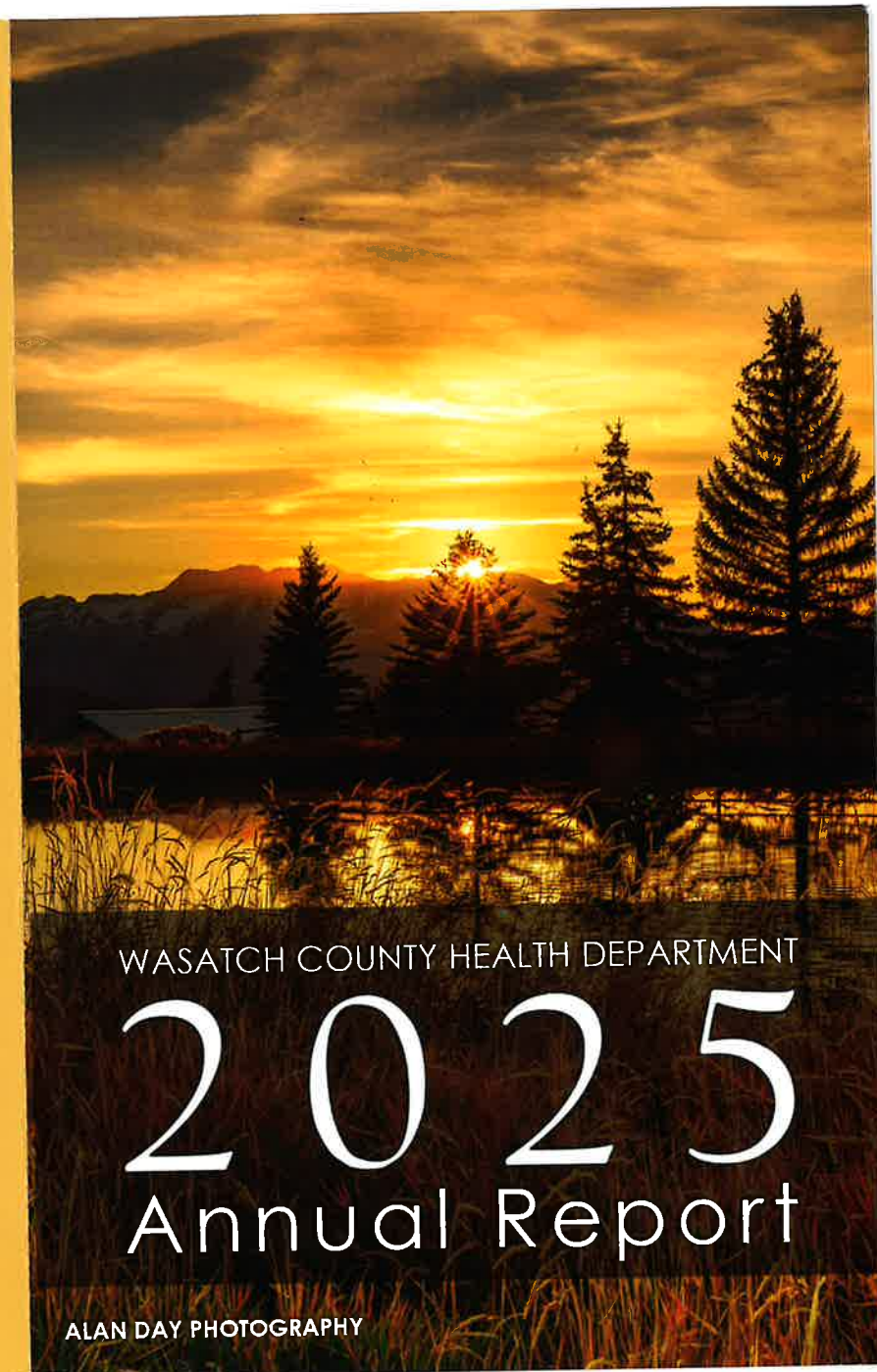


WEBSITE

wasatchcountyhealth.gov



55 SOUTH 500 EAST
HEBER CITY, UT 84032
(435) 657-3307



WASATCH COUNTY HEALTH DEPARTMENT

2025 Annual Report

ALAN DAY PHOTOGRAPHY

HEALTH OFFICER MESSAGE



Jonelle Fitzgerald
Health Officer

As we reflect on the past year, I am proud to share the important work of the Wasatch County Health Department which is demonstrated in this report and beyond. Our efforts continue to be grounded in the mission of protecting and promoting the health of our community. This year's accomplishments highlight the dedication, expertise, and collaboration of our entire staff.

I extend my sincere appreciation to the Wasatch County Board of Health, whose planning and policy oversight, guidance, and support strengthens our ability to serve effectively and strategically.

This past year, our clinical team led successful flu vaccination clinics, providing broad access and strong turnout during a critical season. Staff across the department completed emergency response communication trainings that have enhanced our readiness and strengthened our ability to respond to emerging public health needs. Our health education efforts expanded outreach and engagement, while environmental health programs continued delivering essential services that safeguard the wellbeing of residents and visitors alike. A significant focus this year has been on data and informatics infrastructure. This work lays the foundation for improved functions, analysis, and decision-making, to support a more responsive and effective department in the years ahead.

We hope you enjoy this report and find it helpful. We welcome your comments and feedback. It is truly our desire to be responsive to the needs of the community and provide exceptional public health services.

Sincerely,

BOARD OF HEALTH

MISSION

To promote and protect the health and well-being of individuals, families, and our community

VISION

Optimal community health through collaboration in a highly integrated community health system



Kendall Crittenden
Chair



Neal Burton



Jay Eckersley



Michele Ludlow



Britt Manning



Coleen Nielsen



Sara Simonsen
Vice-Chair

PROGRAMS & SERVICES

ADMINISTRATION

- Public Policy, Budget and Finances, Public Relations
- Vital Records: Birth & Death Certificates, Marriage Certificates

EMERGENCY SERVICES

- Preparedness & Response Planning and Coordination
- Hazardous Materials Incident Response
- Volunteer Management (Medical Reserve Corps)

ENVIRONMENTAL HEALTH

- **Permitting & Inspections:** Body Art Facilities; Food Handlers; Food Service Establishments; Liquid Waste Haulers; Mass Gathering Events; Mobile Home & RV Parks; Public Lodging Facilities; Public Swimming Pools; Public Water Systems; Schools; Septic Systems; Solid Waste Facilities; Tanning Facilities; and Used Oil Facilities
- Air Quality Monitoring & Promotion
- Radon Testing & Awareness
- Water Quality Protection

EPIDEMIOLOGY

- Disease Surveillance & Data Analysis
- Case Investigations & Infection Prevention

HEALTH PROMOTION

- **Chronic Disease Awareness & Prevention:** Diabetes Prevention; Senior Nutrition Program; Physical Activity Promotion Events
- **Injury Prevention:** Wasatch Safe Kids; Trail and Bike Safety; Child Passenger Safety; Suicide Prevention; Senior Fall Prevention; Zero Fatalities; Life Jacket Loaner Station
- **Substance Misuse Prevention & Control:** Naloxone Training; Safe Medication Disposal; Utah Indoor Clean Air Act; Youth Tobacco Access Regulation; Tobacco Prevention; Tobacco Cessation

PUBLIC HEALTH NURSING

- **Health Clinic:** Blood Sugar; Cholesterol; Urinalysis; BMI & Weight; Blood Pressure
- **Children's Services:** Well Child Exams; Home Visitation
- **Dental Clinic**
- **Immunizations:** Childhood and Adult Vaccines; International Travel Clinic
- **STD & TB Testing and Treatment**
- **Women's Clinic: Breast & Cervical Cancer Screening;** Family Planning & Birth Control; Lifestyle Coaching for Women 40 to 64 Years Old

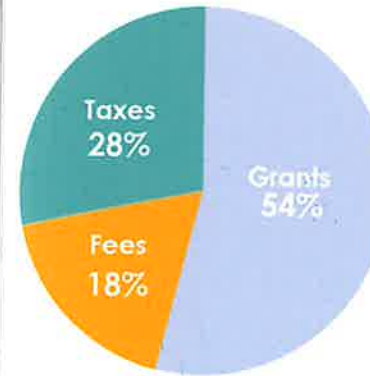
WOMEN, INFANTS, & CHILDREN (WIC)

- eWIC Debit Cards for Healthy Foods
- Community and Healthcare Referrals
- Nutrition Assessment, Counseling, and Breastfeeding Support

AT A GLANCE

2025 BUDGET

REVENUE



EXPENSES



TOTAL EXPENDITURES:

\$4,029,191

FEATURED STATISTICS

82.0 yrs

UT: 80.1 | US: 79.0

LIFE EXPECTANCY AT BIRTH

9.7%

UT: 14.5 | US: 18.6

FAIR/POOR GENERAL HEALTH

13.7%

UT: 8.6 | US: 9.2

NO HEALTH INSURANCE

6.0%

UT: 8.7 | US: 10.8

ADULTS WITH DIABETES

18.1%

UT: 26.1 | US: 21.4

DEPRESSION PREVALENCE

23.2%

UT: 31.0 | US: 33.3

ADULT OBESITY

Sources: CDC NCHS Data Briefs 2026, UDHHS (IBIS) 2023 Version, CDC BRFSS 2023

HEALTH SNAPSHOT: HIGHLIGHTS FROM THE YEAR



MAKING A DIFFERENCE IN EARLY CHILDHOOD DEVELOPMENT

The CARES Program began in the summer of 2023 as an initiative to strengthen support for families with young children. Its primary purposes are reflected in its name: **C**are coordination, **d**evelopmental **A**ssessments, **c**onnection to **R**esources and referrals, **p**arent and **c**hild **E**ducation, and **i**mproved **S**afety. The program operates as a referral based system that connects families to the right services, education, and community support. It is designed for children from birth to age eight, offering care coordination, developmental screenings, parenting guidance, and referrals to partner programs.

Over the last year we worked with 66 families to help caregivers access the tools and support needed to meet their children's developmental needs. Through this coordinated assistance, we have seen caregivers report stronger parenting skills, children begin to speak, potty train, engage socially, learn new abilities, and thrive in their daily environments.

MEDICAL RESERVE CORPS (MRC) VOLUNTEERING IN COMMUNITY

The Wasatch County Medical Reserve Corps (WC-MRC) provided first aid support for the annual Sheepdog Event at Soldier Hollow over Memorial Day Weekend. The four-day event hosted thousands of spectators and participants. Nineteen WC-MRC volunteers staffed the first aid station and treated 88 individuals for minor scrapes, general aches and pains, and sun or heat related issues.



The Olympic Legacy Foundation voiced strong appreciation for the professionalism and effectiveness of the WC-MRC by noting the high quality of support provided. Building on this trust, the Foundation subsequently requested first aid coverage for four additional events in 2025.



NEW FALLS PREVENTION WORKSHOP SERIES

In 2025, our community faced an unexpected challenge when we learned that Stepping On, the evidence-based falls prevention program we had relied on, would no longer be funded and that Utah would lose its license to offer it. At the same time, information from local EMS confirmed that falls remained a leading cause of emergency calls among older adults, showing the ongoing need for meaningful prevention efforts. Rather than viewing this as a setback, it became an opportunity to reimagine how we could better support our aging population. After extensive research and thoughtful planning, we developed the Falls Prevention Workshop Series. Participants meet monthly to learn from experts including occupational therapists, trauma nurses, health educators, and pharmacists. These experts provide valuable resources, guidance, and support for individuals in the program. Additionally, participants receive a personalized home exercise plan to build strength, balance, and confidence.

FLU SHOTS BECOMING MORE CONVENIENT FOR OUR COMMUNITY

The Health Department is committed to making flu vaccination as convenient and accessible as possible for all residents. To meet people where they are, we offered a wide range of clinic options, including late night hours, drive thru clinics, on site visits to low-income apartment complexes, pop up clinics in Wallsburg, events at county buildings, senior living communities, and the Wasatch County School District.

During the 2025-2026 flu season, we administered more than 1,080 flu shots. This year marked another improvement with the rollout of a fully paperless process. Working closely with our IT department, we developed an online system that allows residents to book appointments, provide consent, and submit payment electronically. The entire process is now integrated into our electronic health record and accessible directly through our website, making vaccination even easier and more efficient.

