

# Are You a Family Caregiver?



ROSALYNN **FOR**  
CARTER **CAREGIVERS**  
INSTITUTE

**DATE:**

**TIME:**

**LOCATION:**

**PRE-REGISTRATION  
IS REQUIRED**

**To reserve your spot,  
please contact:**

NAME

PHONE NUMBER

EMAIL

**Sign up today for a FREE  
Dealing with Dementia Workshop**

**DO YOU NEED HELP IN THESE AREAS?**

- Understanding Dementia
- Managing Problem Behaviors
- Handling Stress
- Finding Time for You

**“** *I wish this guide and training had been available when I was caring for my mother with vascular dementia. Following the suggestions in this guide book will make a BIG difference for the caregiver and the person receiving care.”*

– FAMILY CAREGIVER

**ALL  
PARTICIPANTS  
WILL RECEIVE A  
FREE DEALING  
WITH DEMENTIA  
GUIDE**