



Human Sexuality Meeting

Date March 19, 2026

Time 4:00pm-5:00pm

Location Salt Lake City School District Teams Meeting

Minutes

Attending: Judi Yaworsky, Jason Finch, Amy Burris, Katie Lowery, , Shahrzad Roshankah,, Adam Eskelson, Lindsey Hazelwood, , Charlotte Fife Jeppersen, (Stephanie and Dwayne), Drew Rykert, Gina, Kate Arch

Absent: Chelsie Acosta, Bryce Williams

<i>Items</i>	<i>Minutes</i>
<p>Meeting started at 4:01PM</p> <p>Meeting is recorded</p>	<p>Evaluation form, please return promptly</p> <p>Welcome: Kate Lowery</p> <p>Fathers and Family Coalition 8th-12th grades</p> <p>Effective Communication-serve families and youth</p> <p>Objectives</p> <ul style="list-style-type: none"> • Identify • Recognize • Devise <p>Building Relationships</p> <p>Think about the last time you had a good conversation: Who was it with and what made it a good conversation. “Clear is kind” unclear is unkind Clear expectations and not be frustrated when needs are not met.</p> <p>Intro to Communications</p> <p>Why do you think communication is so important? Communication is constant, feelings, and skill is necessary. What can it look like?</p> <ul style="list-style-type: none"> • Involved active listening • Speak Clearly • Being respectful • Use appropriate Body language <p>Communication Styles:</p> <ul style="list-style-type: none"> • Passive • Passive Aggressive • Aggressive • Assertive <p>Curriculum is flexible: Lunch and learn. Full class period- about an hour.</p> <p>Building uplifting Relationships High School Follows the state standards.</p> <p>Aligns with health requirements of the state and aligns with USBE standards. Work with teachers and student program is adaptable, customize class, and feedback</p> <ul style="list-style-type: none"> • Focused Expertise • Support teachers



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	<ul style="list-style-type: none"> • Confidence in delivery <p>Supports Horizonte adult programs Many topics included in program</p> <ul style="list-style-type: none"> • Identity, values, ikigai • Effective communication • Consent • Teen pregnancy/cost of raising a child • Conflict resolution • Stress management • ETC <p>Question: what sensitive issues are talked about? Answer: consent, rape, if the question is not appropriate then they will give to a respected adult. Sensitive of background. Counselors can be present. Is there a certificate after the completion of the program? Yes, they do receive a certificate and can put it on their resume. PDFs of every lesson. How did the modules get created? Wise guys curriculum and some are onsite created with evidence-based curriculum. Video: Miracle of Life Totally lost on the students, missing key components, more sensational than educational This is only a resource Why do you not use videos? Risky for a return on the investment. Some of the videos have been out so long. Don't want to lose the students. Other Resources: LDS Hospital. Training level. Students loved the presentation, hands on experience Fill out the form! More parents needed on the committee</p>
Meeting adjourned at 5:04pm	Next meeting April 16 th In Person Meeting Final Meeting May 14 th as needed.