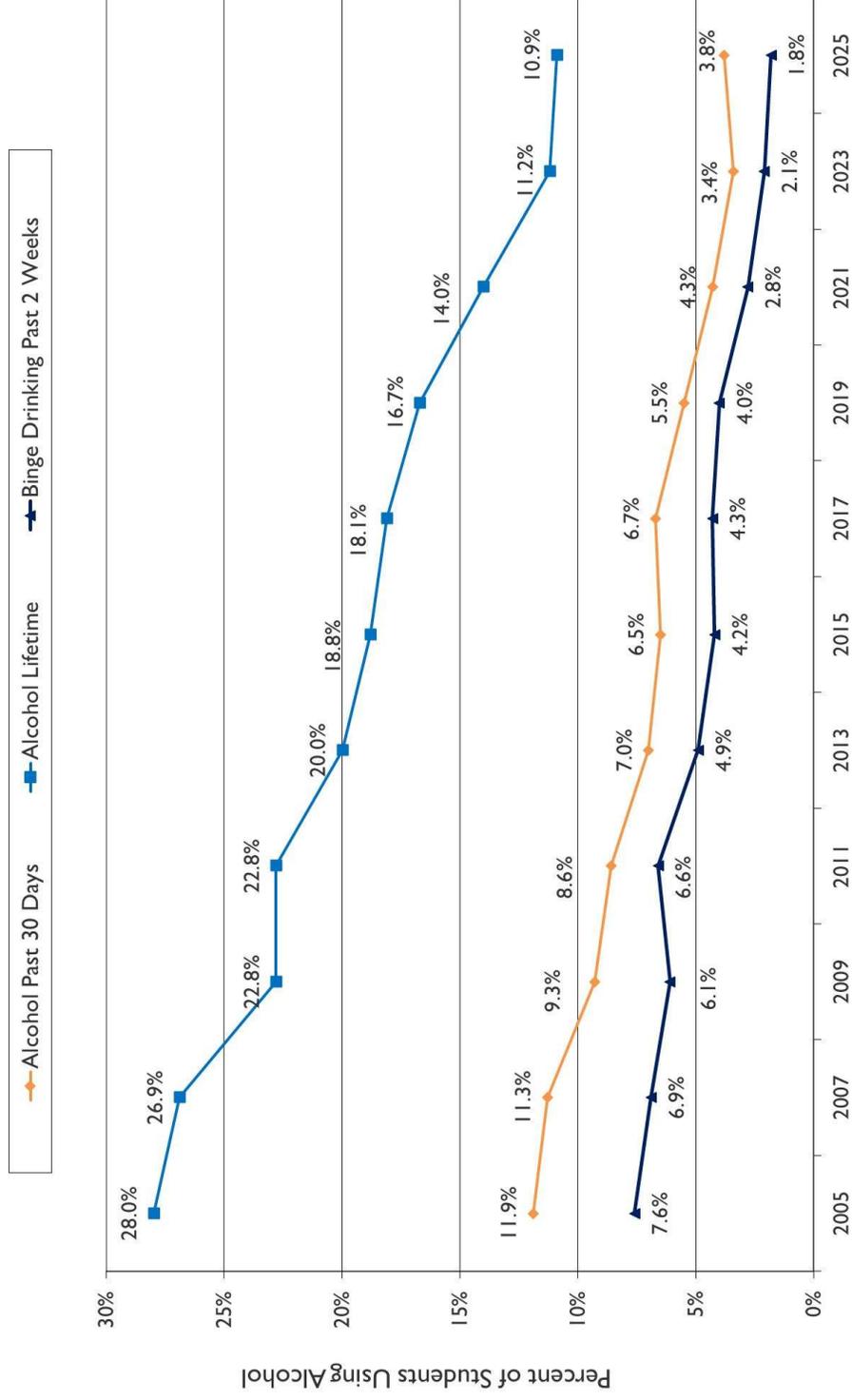


## Youth Alcohol Use Trends - Grades 6, 8, 10 & 12 Combined (2005-2025)



Source: 2005-2025 Utah Student Health and Risk Prevention Survey (SHARP)

# National Survey on Drug Use and Health

Substance Use Rates: Youth Ages 12-17			
	Utah	Nation	Next Lowest State
Alcohol 30-day	2.89	6.88	4.55 (W Virginia)
<i>Rate Ratio *</i>		0.42	0.64
Binge 30-day	2.13	3.58	2.79 (Indiana)
<i>Rate Ratio *</i>		0.59	0.76
<i>*Utah's rate is XX the rate of the nation/next lowest state (e.g., Utah's 30-day alcohol use rate is 42% of the nation's rate)</i>			
Source: 2023 National Survey on Drug Use and Health			

Source: 2023 National Survey on Drug Use and Health

State	12-17 Estimate
Utah	2.89%
West Virginia	4.55%
Oklahoma	4.98%
Kentucky	5.25%
Mississippi	5.50%
North Carolina	5.72%
Tennessee	5.74%
Arizona	5.83%
Indiana	5.93%
Alabama	6.11%
Texas	6.15%
New Jersey	6.18%
Maryland	6.21%
South Dakota	6.25%
Michigan	6.30%
Nebraska	6.32%
South	6.39%
Alaska	6.40%
Minnesota	6.45%
Hawaii	6.54%
Ohio	6.60%
Iowa	6.62%
New York	6.63%
Pennsylvania	6.66%
Georgia	6.67%
Missouri	6.82%
Total U.S.	6.88%

Total U.S.	6.88%
Florida	6.89%
Arkansas	6.94%
Northeast	6.98%
South Carolina	7.01%
Midwest	7.16%
Connecticut	7.19%
Idaho	7.20%
Delaware	7.36%
West	7.38%
California	7.67%
Virginia	7.77%
New Mexico	7.81%
Montana	7.86%
Washington	7.88%
Louisiana	8.10%
Wyoming	8.18%
North Dakota	8.19%
Maine	8.24%
Rhode Island	8.36%
Nevada	8.37%
Colorado	8.43%
Wisconsin	8.46%
District of Columbia	8.58%
Massachusetts	8.64%
New Hampshire	8.75%
Illinois	8.79%
Kansas	8.87%
Oregon	9.12%
Vermont	9.56%

**Alcohol Use in the Past Month:  
Ages 12 - 17  
by State and Annual Average  
Percentages for 2022 and 2023**

Source: 2022 and 2023 National Survey on Drug Use and Health

Utah is lowest in nation = 2.89%

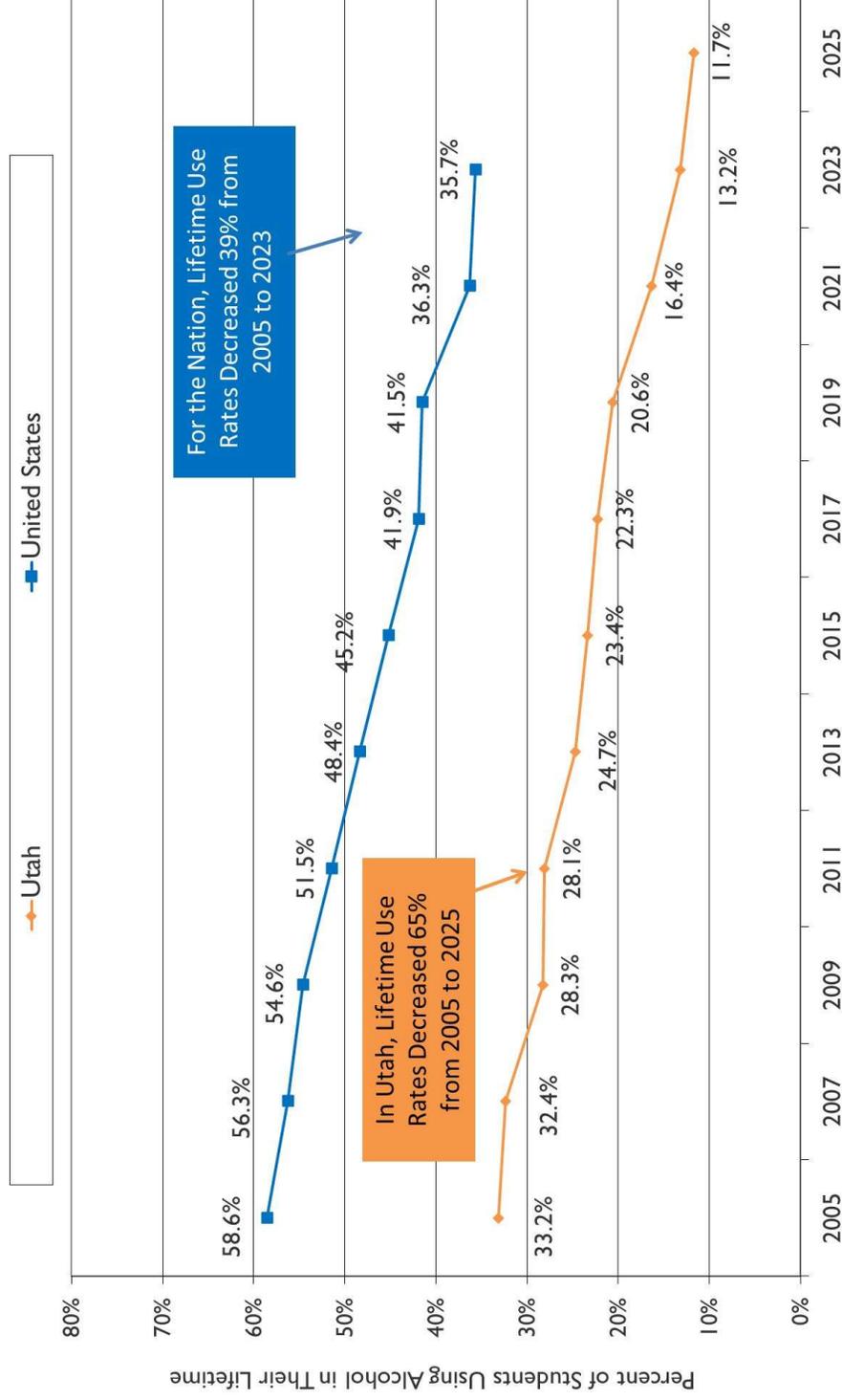
West Virginia 2<sup>nd</sup> lowest: 4.55%

Vermont = highest use rate: 9.56%

Bordering states:

- Arizona = 5.83%
- Idaho = 7.20%
- New Mexico = 7.81%
- Wyoming = 8.18%
- Nevada = 8.37%
- Colorado = 8.43%

## Youth Lifetime Alcohol Use Trends Utah vs. United States Grades 8, 10 & 12 Combined (2005-2025)

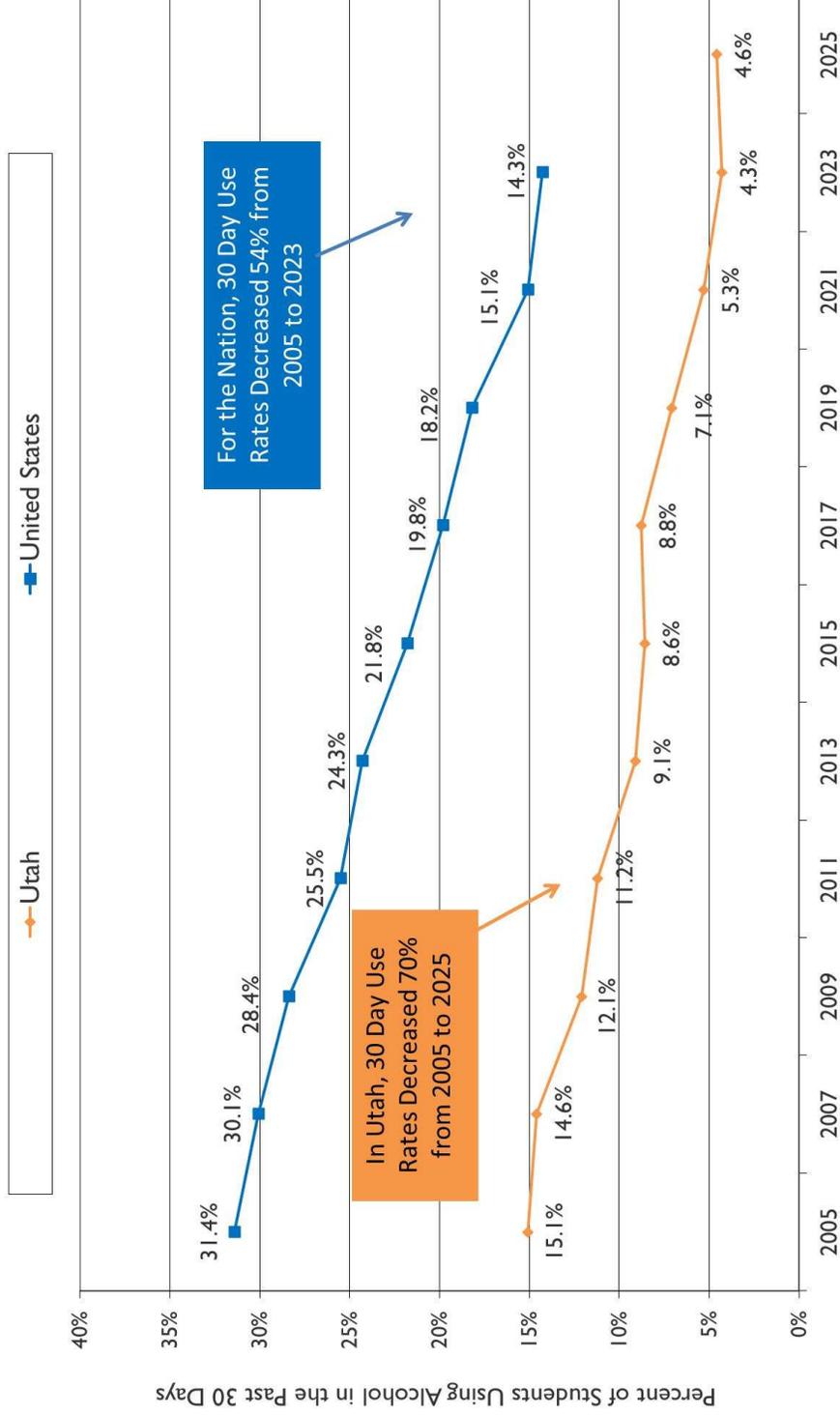


2005-2025  
Lifetime Use Rate  
percent decrease:

Nation = 39%

Utah = 65%

## Youth Past 30 Day Alcohol Use Trends Utah vs. United States Grades 8, 10 & 12 Combined (2005-2025)



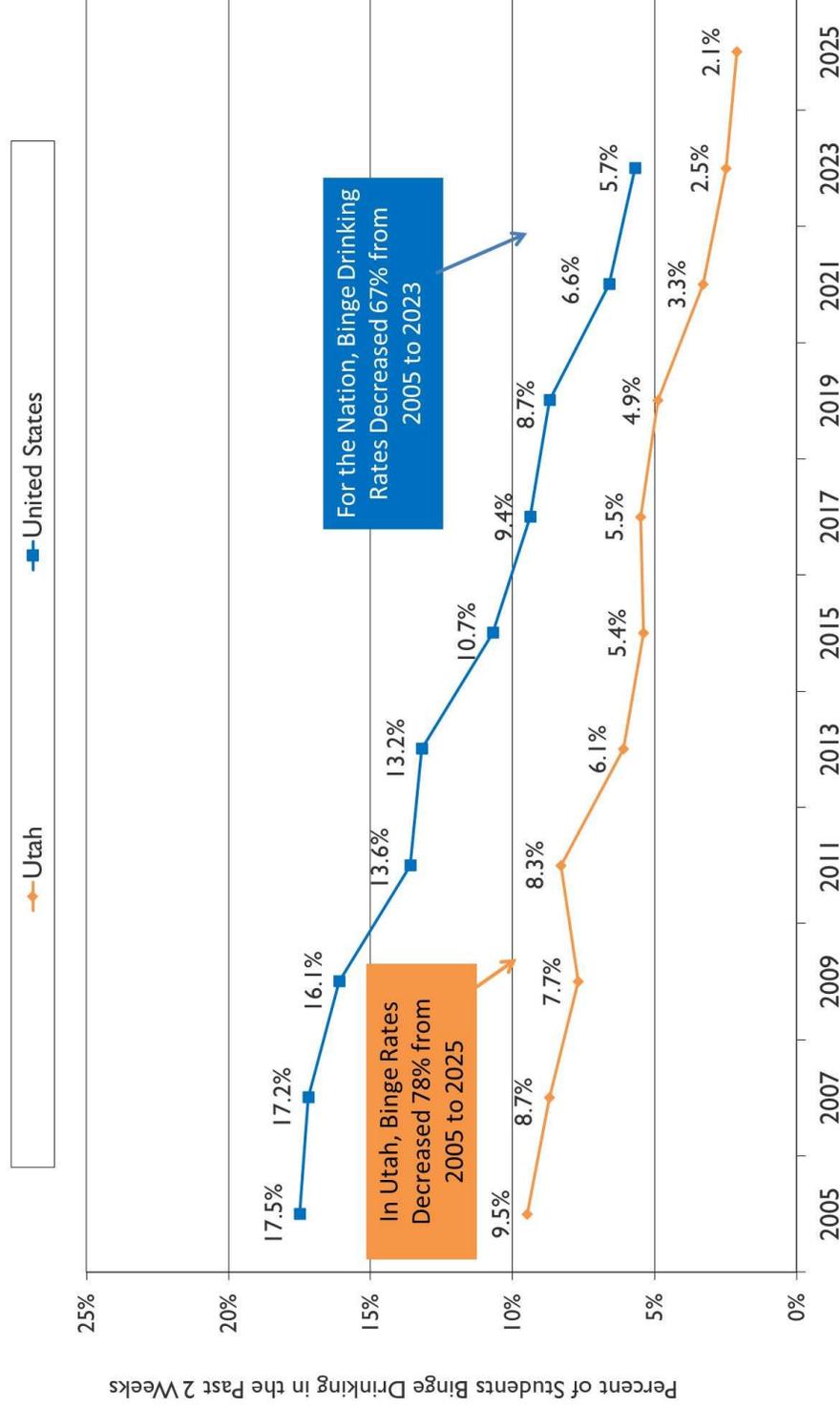
2005-2025  
30 Day Use Rate  
percent decrease:

Nation = 54%

Utah = 70%

Source: Utah Data – 2025 Utah Student Health and Risk Prevention Survey (SHARP); United States Data – 2023 Monitoring the Future Survey

## Youth Binge Drinking Trends Utah vs. United States Grades 8, 10 & 12 Combined (2005-2025)



2005-2025  
Binge Drinking  
percent decrease:

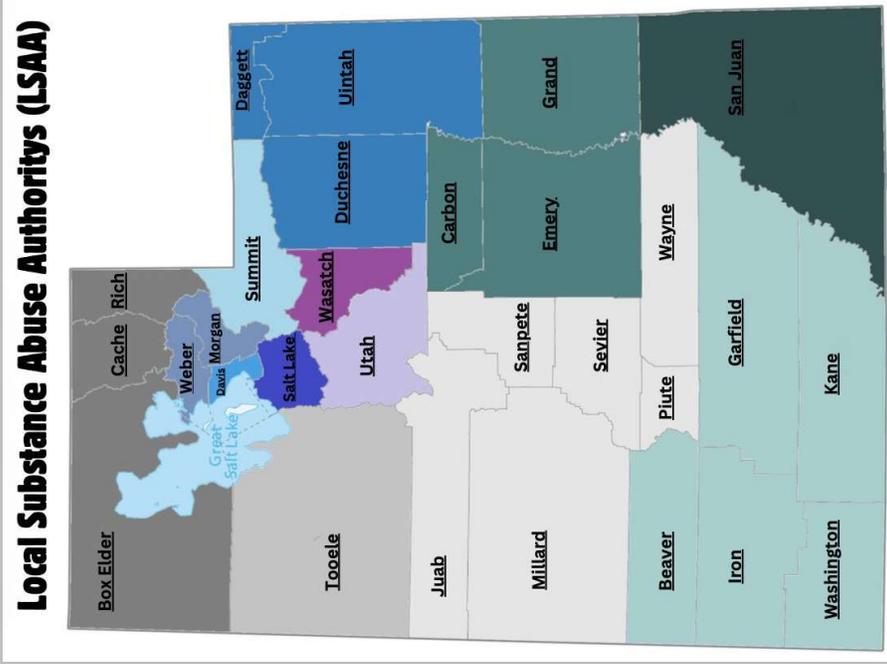
Nation = 67%

Utah = 78%

Source: Utah Data – 2025 Utah Student Health and Risk Prevention Survey (SHARP); United States Data – 2023 Monitoring the Future Survey

# Utah 2025 Local Substance Abuse Authorities (LSAA)

LSAA Area	30-Day Use Rate
Summit	10.7
Tooele	5.5
Northeastern	5.4
Salt Lake	5.1
Four Corners	4.9
Weber/Morgan	4.5
Southwest	4
<b>State Average</b>	<b>3.8</b>
Central	2.9
Utah County	2.6
Wasatch	2.4
Bear River	2.3
Davis	2.1
San Juan	1.8



## LSAA with multiple Counties

**Box Elder:** (Box Elder, Cache and Rich)

**Central:** (Juab, Sanpete, Millard, Sevier, Piute, and Wayne)

**Four Corners:** (Emery, Carbon and Grand)

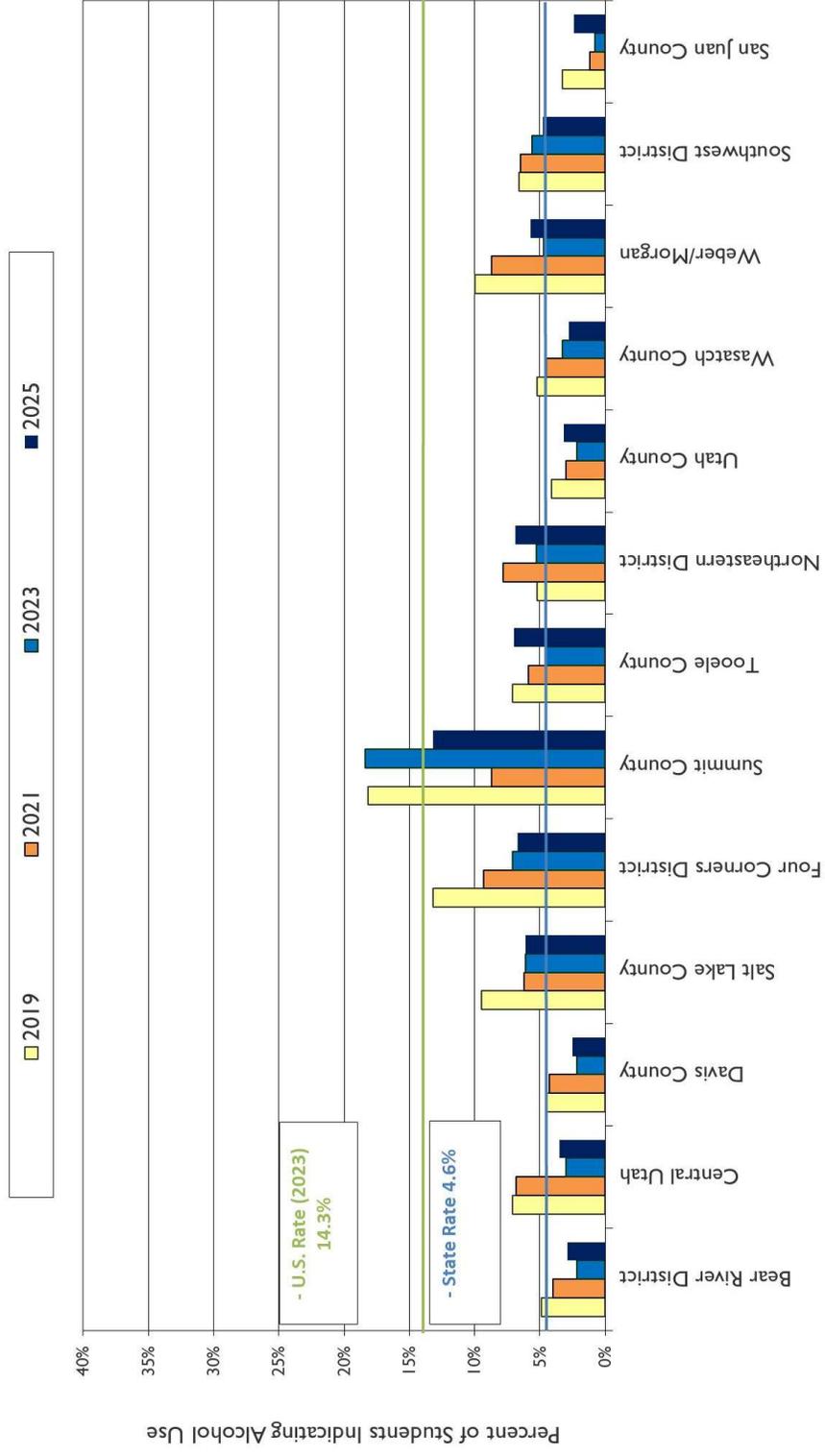
**Northeastern:** (Duchesne, Daggett and Uintah)

**Southwest:** (Beaver, Iron, Garfield, Kane, and Washington)

**Weber:** (Weber and Morgan)

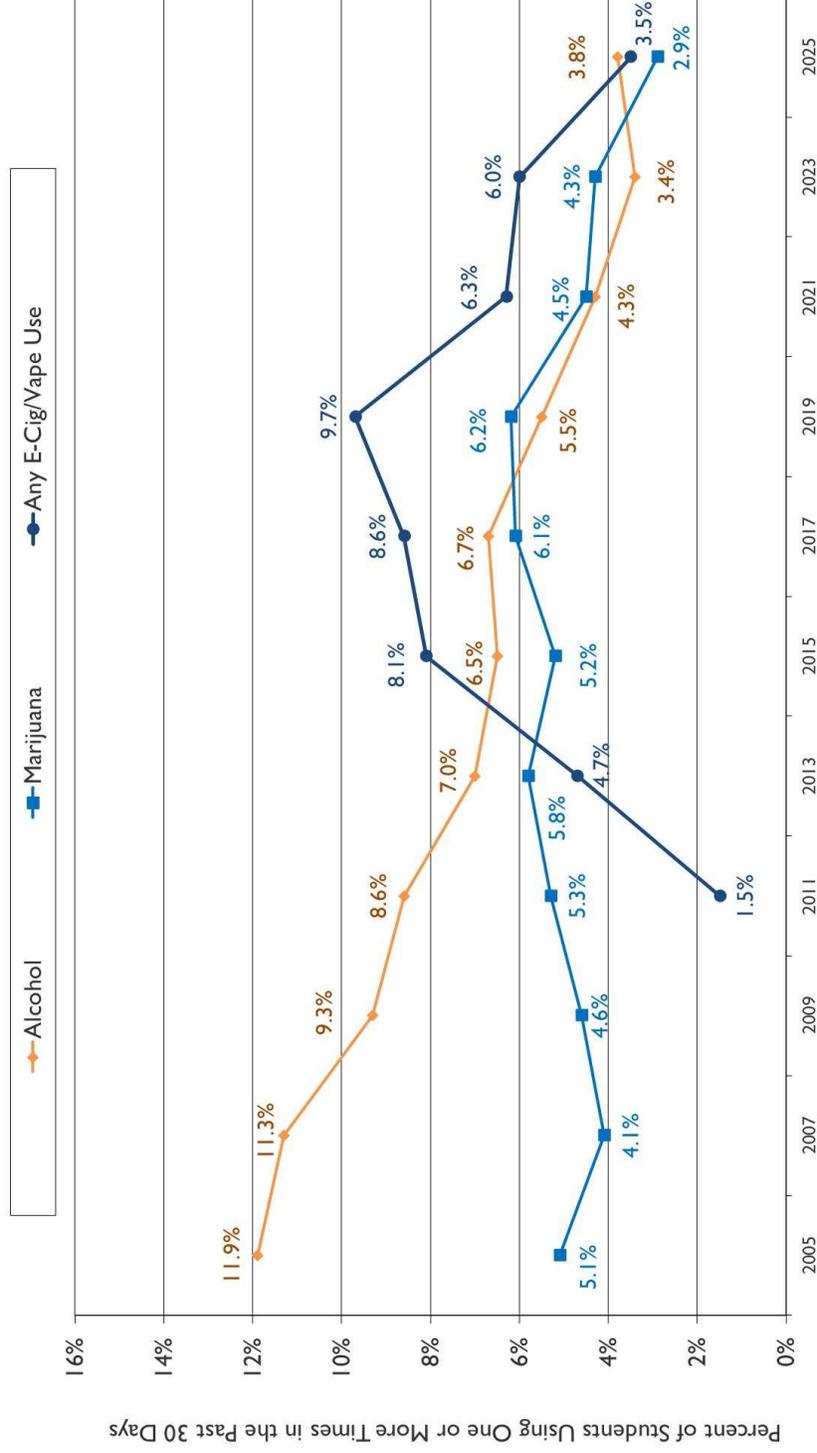
Source: 2025 Utah Student Health and Risk Prevention Survey (SHARP)

## Past Month Alcohol Use by Region: Grades 8, 10 and 12 Combined -- 2019, 2021, 2023 & 2025



Source: Utah Data – 2025 Utah Student Health and Risk Prevention Survey (SHARP); United States Data – 2025 Monitoring the Future Survey

**Youth 30 Day Substance Use Trends in Utah:  
Grades 6, 8, 10 & 12 Combined (2005-2025)**



Utah 2025

Alcohol = 3.8%

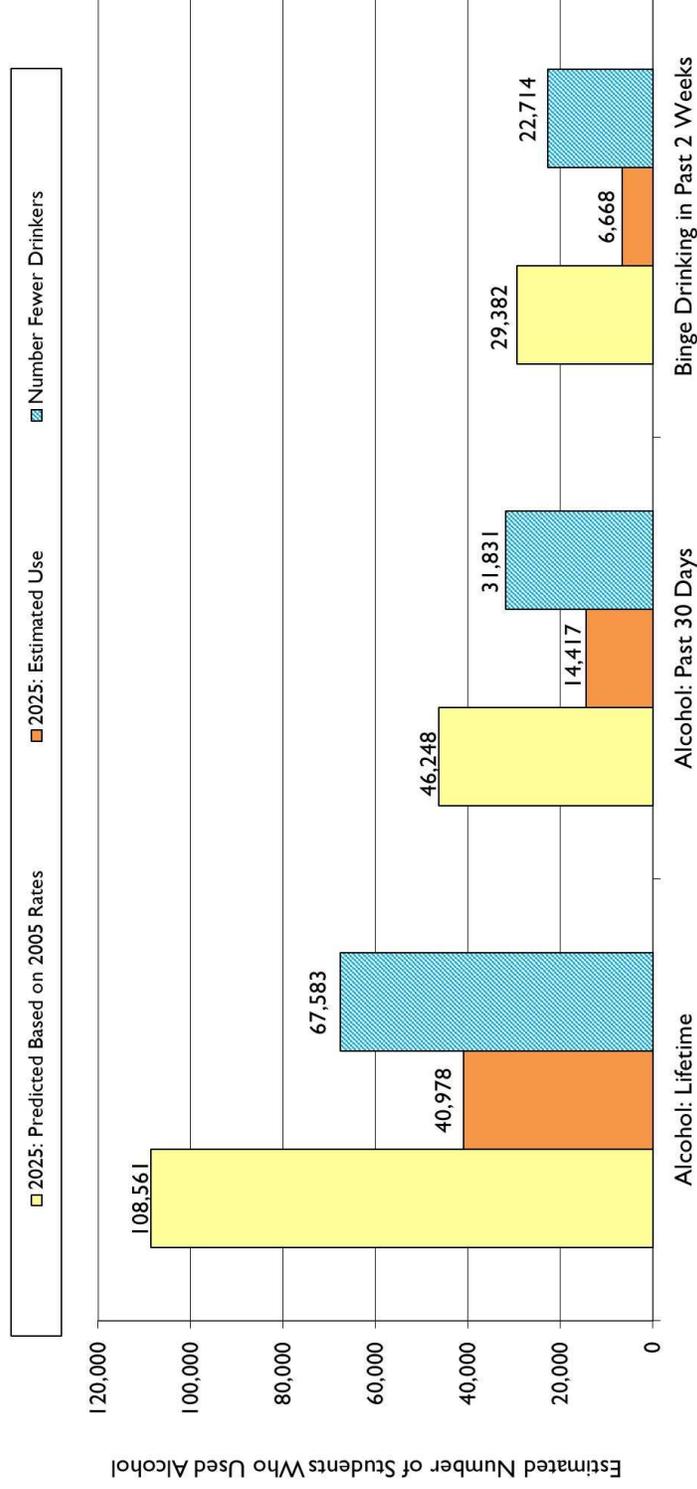
E-Cig/Vape = 3.5%

Marijuana = 2.9%



Source: 2025 Utah Student Health and Risk Prevention Survey (SHARP)

## Estimated Number Fewer Youth Drinkers in 2025 as a Result of Decreasing Alcohol Use Rates in Utah from 2005 to 2025



\*Estimates based on alcohol use rates obtained through the Student Health and Risk Prevention (SHARP) survey data, and school enrollment data obtained through the Utah State Board of Education.

Source: 2025 Utah Student Health and Risk Prevention Survey (SHARP)