

Health and Sex Education Curriculum Review Committee

February 4, 2026, in CTE Classroom#2

Chair: Jessica Mohler (Absent)

Attending: Emily Giles, John Taylor, Jason Beardall, , Suzanne Kimball, Wendy Lefevre, , Lisa Pruitt, Jason Slack, McKenzie Stowell, Jen Nash

Guest Attendees:

Opening Statement:

We will now begin our Health and Sex Education Curriculum Review Committee meeting. This meeting is being recorded. Today is February 4, 2026. Committee members in attendance today are [names]. We will now begin the discussion of our agenda items.

Agenda:

1. Welcome!
2. Review and approve the minutes from Nov 4, 2025. [Notes here](#)
Motion to approve: Jen Nash 2nd : Emilie Giles
3. Review of materials continues—please keep in mind the varying ages of students when determining which instructional materials are appropriate for each group.
 - a. A Teacher wants to revisit the video “*Is Cohabitation Good for Relationships?*” for use in a high school class.
 - Teacher was concerned there were no resources mentioned in the video. Resources were found and presented to the committee.
Motion to approve: Jen Nash 2nd Emilie Giles
 - b. [Prenatal Development Unit Slide Deck](#)
 - c. [10 Tips to a Healthy Marriage](#) article
Motion to approve: Jason Slack 2nd Jason Beardall
 - d. [The Impact of Positive Relationships on Mental Health and Wellness](#) article
Motion to approve: Jen Nash 2nd Jason Beardall
 - e. [Building Healthy Relations \(For Teens\)](#)- YouTube Video 3 min
 - f. [The Birds and the Bees of Kids and Dating](#)- Started Dating at the Age of: Percentage Who Have Sex Before Graduation
 - The question was asked if this is national data or Utah Data. The answer is National Data. No cited resources found. The committee is fine with national data but wondering if Utah data would be more resourceful. Ask students how they feel about this data and its resources.
 - Kids believe whatever is taught. It is important to give students an opinion.
 - Thoughts were that you could get the same information from a better article.
 - Concern is that we don't want teachers to use random blogs.
Motion to approve: (Teacher Resource to create content) **Not Approved**
 - g. [7 Most Know Signs of Grooming by a Sexual Partner](#)- YouTube Video 8:37 min (Child Development) Do we want to approve for certain grade levels or certain topic.
 - A little concern for the push for therapy. They would only watch that video. Firewall would keep anyone from going further to another site.

Motion to approve: Emilie Giles 2nd Jon Beardall
 - h. [Infatuation vs. Love](#)- YouTube Video 7:34 min
 - i. [Jeff Allen- Communication in Marriage](#)- YouTube Video 2:05

- Used possibly for a hook activity. Teacher could use to show bad communication. Concerns for the Men and women differences shown.

Motion to approve: Jason Beardall 2nd Jason Slack

- j. [The 3 Secrets to a Beautiful, Lasting Marriage](#)- YouTube Video 12:04
- k. [Adoption Presentation](#)

4. Next Meeting March 4, 2026

Motion to adjourn the meeting: Jason Slack 2nd Jen Nash.

Resources:

- [Vetted Materials Document](#)
- [Courses under law and policy requirements](#)