



## Anaphylaxis Policy

**Draft 1**

Date of Last Change:
Authorized By: Utah State Board of Education

### 1. **Purpose**

- 1.1. This policy establishes procedures for the Utah Schools for the Deaf and the Blind (USDB) to provide and administer unassigned or stock epinephrine in emergency situations involving suspected anaphylaxis on school premises.
- 1.2. This policy ensures compliance with Utah Code Title 26, Chapter 41, Sections 101–106 (“Emergency Injection for Anaphylactic Reaction Act”), which provides civil liability protection for employees trained and authorized to administer epinephrine.
- 1.3. This policy does not replace student-specific medical orders or parent-provided medications.

### 2. **Limitations**

- 2.1. Parents/guardians of students with known life-threatening allergies or a history of anaphylaxis shall provide:
  - 2.1.1. Written instructions from the student's licensed health care provider, and
  - 2.1.2. All student-specific medications are required to implement those orders.
  - 2.1.3. These items must be renewed annually.
- 2.2. This policy applies only to school-based activities on USDB premises including after school activities and summer camps. It may not extend to:
  - 2.2.1. Off-campus activities (e.g., field trips, community-based instruction).
  - 2.2.2. Transportation to and from school
  - 2.2.3. Extended travel opportunities for scholastic or athletic purposes

### **3. Overview of Anaphylaxis**

- 3.1. Anaphylaxis is a severe, systemic allergic reaction that is rapid in onset and may cause death.
- 3.2. Common allergens include, but are not limited to:
  - 3.2.1. Animal dander, insect venom, latex
  - 3.2.2. Foods such as eggs, milk, soy, wheat, tree nuts, peanuts, fish, and shellfish
  - 3.2.3. Medications
- 3.3. Severe reactions typically occur within minutes of exposure, though delayed reactions occurring hours later have been documented.

### **4. Symptoms of Anaphylaxis**

- 4.1. Symptoms may include one or more of the following:
  - 4.1.1. Shortness of breath or tightness of chest; difficulty or absence of breathing
  - 4.1.2. Sneezing, wheezing, or coughing
  - 4.1.3. Difficulty swallowing
  - 4.1.4. Swelling of lips, eyes, face, tongue, throat, or other areas
  - 4.1.5. Low blood pressure, dizziness, and/or fainting
  - 4.1.6. Irregular heartbeat (rapid or decreased)
  - 4.1.7. Bluish discoloration around lips or eyes
  - 4.1.8. Sweating, anxiety, or a sense of impending doom
  - 4.1.9. Itching with or without hives; raised red rash
  - 4.1.10. Skin flushing or pallor

### **5. Stock Epinephrine Availability and Administration**

- 5.1. Each USDB school shall maintain at least two (2) doses of unassigned auto-injectable epinephrine.
- 5.2. Stock epinephrine may be administered by:
  - 5.2.1. A USDB school nurse, or
  - 5.2.2. A designated and trained USDB employee authorized under state law.
- 5.3. Stock epinephrine may be administered to any individual on school premises who is reasonably believed to be experiencing an anaphylactic reaction, including students without a known allergy.