



# AMERICAN PREPARATORY A C A D E M Y

## HEALTH COMMITTEE DRAFT MEETING MINUTES American Preparatory Academy

**Thursday, November 13th at 2:30 pm**

**American Preparatory Academy**  
12894 S Pony Express Rd Ste 300  
Draper, Utah 84020  
Or

**American Preparatory Academy - join the meeting electronically at:**  
<https://apamail-org.zoom.us/launch/edl?muid=09a0ede5-ee31-4fd3-acec-af5bbcaa20d7>

To access curriculum materials from the [Health Curriculum website](#), please contact Craig Peterson at [cpeterson@apamail.org](mailto:cpeterson@apamail.org).

### Committee Members Present:

- Craig Peterson
- Daniel Baker
- Jen Walstad
- Caytlin Jones
- Tammy Okelberry
- Adam Richards
- Todd Christensen

### Guests present:

- Rob Guido
- Kate York

### **Start time: 2:30 p.m.**

- I. Welcome and Introductions - The Chair invited any public comments. No members of the public were present.
- II. Approve 2025-26 Curriculum and Minutes
  - A. [7th-grade Curriculum](#) - Changes to review
    1. The committee reviewed the changes to the human sexuality-related curriculum. The committee reviewed health curriculum materials, focusing on 7th-grade Human Development content (specific line items on the standards review spreadsheet) that requires committee approval before being presented to the board.
    2. They reviewed each of the Standards for the curriculum against the links to the APA curriculum and presentations.



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3. Todd Christensen made a motion to approve the 7th-grade curriculum.
4. Tammy Okelberry seconded the motion to approve the 7th-grade curriculum.
5. Unanimous approval

B. 5th-grade Curriculum - no changes

1. Jen Walstad made a motion to approve the 5th-grade curriculum.
2. Tammy Okelberry seconded the motion to approve the 5th-grade curriculum.

C. 10th-grade Curriculum - no changes

1. Jen Walstad made a motion to approve the 10th-grade curriculum.
2. Todd Christensen seconded the motion to approve the 10th-grade curriculum.
3. Unanimous approval

D. The committee reviewed and approved minutes from the September 25, 2024 meeting.

1. Todd Christensen moved to approve the minutes.
2. Jen Walstad seconded the motion to approve.
3. Unanimous vote to approve the meeting minutes from September 25, 2024.

E. After reviewing the meeting minutes for last year, the committee proposed to add another item to the agenda.

1. Craig Peterson made a motion to add the health-related AP Psychology curriculum to the agenda.
2. Jen Walstad seconded the motion.
3. The motion passed unanimously to add the AP Psychology Curriculum to the agenda.

F. The committee noted that the AP Psychology curriculum remains unchanged from last year and reviewed the sections relevant to its review.

1. Todd Christensen made a motion to approve the AP Psychology curriculum pieces.
2. Tammy Okelberry seconded the motion.
3. The motion passed unanimously.

III. Next Meeting: Spring 2026

IV. Meeting adjourned at 3:15 PM.