

## **MINUTES**

### **BOARD OF NURSING AND CERTIFIED NURSE MIDWIVES MEETING**

**October 9, 2025**

Heber M. Wells Bldg.

ELECTRONIC MEETING – 8:30 a.m.

Salt Lake City, UT 84114

CONVENED: 8:32 A.M.

ADJOURNED: 10:26 A.M.

#### **DOPL STAFF PRESENT:**

Bureau Manager: Jeff Busjahn

Board Secretary: Kelli Arriola

Compliance Specialist: Sharon Bennett

#### **CONDUCTING:**

Ralph Pittman, LPN - Chair

#### **BOARD MEMBERS PRESENT:**

Sheryl Steadman, Ph.D., RN

Ralph Pittman, LPN

Wendy Rusin, APRN

Shane Yardley, Ph.D., RN

Curtis Nielsen, APRN-CRNA

Derek Bradley, Public

#### **BOARD MEMBERS EXCUSED:**

Gavin Hutchinson, Public

Erica Nelson, DNP, APRN, CNM

#### **GUESTS:**

Kristen Shumway – DOPL, Legal Analyst

Brent Ericksen – DOPL, Investigations

Nathan Allred, DOPL, Investigations

Silmara Charlesworth, DOPL Investigations

Russell Godfrey, DOPL, Investigations

Katherine Boarden, Galen College of Nursing

Alexis Squire, Student

Christine Gregg

Lauren Peterson

Austin Dykstra

### **ADMINISTRATIVE BUSINESS:**

#### **CALL MEETING TO ORDER:**

Mr. Pittman called the meeting to order at 8:32 a.m.

#### **OATH OF OFFICE FOR NEW BOARD MEMBER – Derek Bradley**

Mr. Bradley was sworn in as a new member of the Board of Nursing and Certified Nurse Midwives.

**REVIEW AND APPROVAL OF JULY 10, 2025, MINUTES:**

Mr. Pittman motioned to approve the minutes.

Ms. Rusin seconded the motion.

The vote in favor was unanimous.

**LEGISLATIVE AND ENVIRONMENTAL SCAN:**

NA

**2025 NCSBN ANNUAL MEETING IN AUGUST:**

*(Refer to audio for specifics. Audio\_Part1\_05:11 – 08:14)*

Mr. Pittman and Ms. Rusin attended the NCSBN Annual meeting in August. Mr. Pittman advised NCSBN approved the testing plan for the RN and LPN NCLEX for next year. Also stated there was a discussion about hours for Nurse Practitioners. Mr. Busjahn advised that topic was more about nurse practitioners joining the compact. The APRN compact was passed a few years ago with a minimum threshold of states which have not been reached. The minimum is seven states and currently there are three states who have agreed to the compact. Ms. Rusin enjoyed her time at the conference and meeting other colleagues.

**R156-31b-302e (2)(a)(i) and (ii) DISCUSSION:**

*(Refer to audio for specifics. Audio\_Part1\_08:29 – 25:17)*

Mr. Busjahn wanted to discuss the Psychiatric Mental Health Nurse Practitioner license. They currently are required to have 4,000 hours of psychiatric mental health nurse education and clinical practice. The first 1,000 hours was a rule change a few years ago to give a block of time automatically. The remaining hours are a minimum of 1,000 mental health practice hours and 2,000 clinical practice hours. When the psychiatric mental health nurse practitioner license is issued, they have five years to complete the remaining 3,000 hours. There is an affidavit to be filled out by a supervising licensed mental health therapist as delegated by the supervising APRN or Physician holding an active board certification with the American Board of Psychiatry and Neurology, or APRN specializing in psychiatric mental health.

Mr. Pittman motioned to continue with rule R156-31-302e(2)(a)(i) and (ii) as currently written for the requirement of 4,000 hours for the psychiatric mental health nurse practitioners.

Dr. Steadman seconded the motion.

The vote in favor was unanimously approved.

**BOARD BUSINESS:**

**PROBATIONER WRITTEN REQUESTS AND REVIEW OF DOCUMENTS:**

*(Refer to audio for specifics. Audio\_Part1\_26:04 – 31:04)*

Ms. Bennett provided the Board with an update on the new process of probationers moving over to UPHP public program. Ms. Bennett also provided the board with a brief update on their probationer reports.

### **PROBATIONER INTERVIEWS:**

Heather Carlson – Interview conducted by Mr. Nielsen.

Ms. Carlson is working as a Nurse.

Ms. Carlson has good family support.

Ms. Carlson had two out of range UAs.

Meagan McCullough – Interview conducted by Mr. Pittman.

Ms. McCullough is working as a Nurse.

Ms. McCullough has one missed check-in.

Ms. McCullough has great family support.

Larry Keith Hansen – Interview conducted by Dr. Yardley.

Mr. Hansen is working as a Nurse.

Mr. Hansen has no missed check-ins.

Mr. Hansen attends online group meetings regularly.

### **REQUEST AND APPROVALS:**

Karen Burton – File reviewed by Dr. Yardley.

Ms. Burton submitted a request to access controlled substances, pharmacy and supervision.

Dr. Yardley motioned to amend Ms. Burton's stipulation & order to allow access to controlled substances and contact pharmacy.

Mr. Pittman seconded the motion.

The vote passes with one abstention.

Dr. Yardley motioned to amend Ms. Burton's supervision from in-direct to general.

Ms. Rusin seconded the motion.

The vote passes with one abstention.

Laurie Tashman – File reviewed by Mr. Pittman.

Ms. Tashman submitted a request to increase working hours.

Mr. Pittman motioned to increase Ms. Tashman's working hours to 96 hours in a 14-day period.

Dr. Yardley seconded the motion.

The vote in favor was unanimously approved.

Stephanie Dalton – File reviewed by Dr. Steadman.

Ms. Dalton submitted a request regarding controlled substance, pharmacy and workplace restriction.

Dr. Steadman motioned to amend Ms. Dalton's stipulation & order to allow access to controlled substances and contact pharmacy.

Mr. Pittman seconded the motion.

The vote in favor was unanimously approved.

Dr. Steadman has denied Ms. Dalton's request for workplace amendment, need more information to determine.

### **PROBATIONER INTERVIEWS:**

Cassandra Anderson – Interview conducted by Ms. Rusin.

Ms. Anderson is working as a Nurse.

Ms. Anderson has no missed check-ins.

Ms. Anderson has completed therapy and meetings.

Alexandria Lightning – Interview conducted by Mr. Nielsen.

Ms. Lightning is working as a Nurse five hours per week.

Ms. Lightning has no checking-in or testing required.

Ms. Lightning has created her own support group to help herself and others.

Annette Howard – SHOWED UP LATE – Reviewed by Dr. Steadman.

Ms. Howard will need to meet at December's meeting.

Cheryl Salmon – Interview conducted by Ms. Rusin.

Ms. Salmon is working as a Nurse.

Ms. Salmon has no checking-in or testing required.

Ms. Rusin motioned to accept Ms. Salmon's ethics of nursing essay.

Mr. Nielsen seconded the motion.

The vote in favor was unanimously approved.

Ms. Rusin motioned to accept Ms. Salmon's professional essay.

Dr. Steadman seconded the motion.

The vote in favor was unanimously approved.

Trent Kenworthy – Public Reprimand – Interviewed conducted by Mr. Nielsen.

Mr. Kenworthy received the public reprimand for practicing outside his scope of practice.

Mr. Kenworthy is working with the division on a payment plan for the fine.

**NEXT SCHEDULED MEETING: NOVEMBER 13, 2025**

**ADJOURN: 10:26 A.M.**

**The meeting was adjourned at 10:26 A.M.**

**Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred. For specific details, refer to the audio recording.**

11/13/2025

Date Approved

*Ralph Pittman*

Ralph Pittman (Nov 13, 2025 15:17:33 MST)

Ralph Pittman - Board of Nursing & Certified Nurse Midwives

11/13/2025

Date Approved

*Jeff Busjahn*

Jeff Busjahn - Bureau Manager, DOPL