



# Moab Free Health Clinic

# WHO WE ARE:

The Moab Free Health Clinic serves uninsured and underinsured patients in the Moab area.

We offer primary care, mental health, dental, and vision services at no cost.



Today's presentation will go over who we serve, our impact, our services, and end with an opportunity to ask questions.

# WHO WE SERVE:

54% of patients  
work in hospitality  
(hotels, food service,  
retail, or  
recreation guides)

41% of patients  
are  
Hispanic/Latino

When asked where they  
would go if the MFHC did  
not exist, 67% said the  
emergency room or no  
provider at all.

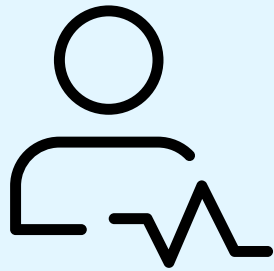
## GUIDELINES TO RECEIVE CARE AT MOAB FREE HEALTH CLINIC

1. Uninsured Household With an Income Within 200% of the Federal Poverty Level.
2. Medical Insurance Deductible Greater than 5% of Gross Household Income.
3. Unable to Reasonably Obtain Medical Care Utilizing In Place Medical Assistance Due to Time, Cost or Travel.
4. Any Person Requesting Navigation Services to Manage their Healthcare Needs.

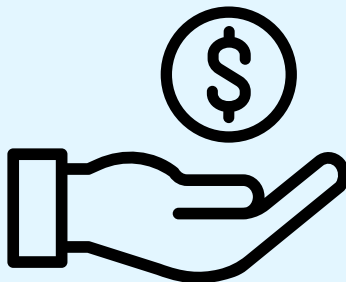
# OUR IMPACT IN 2024



2,899  
PATIENT  
ENCOUNTERS

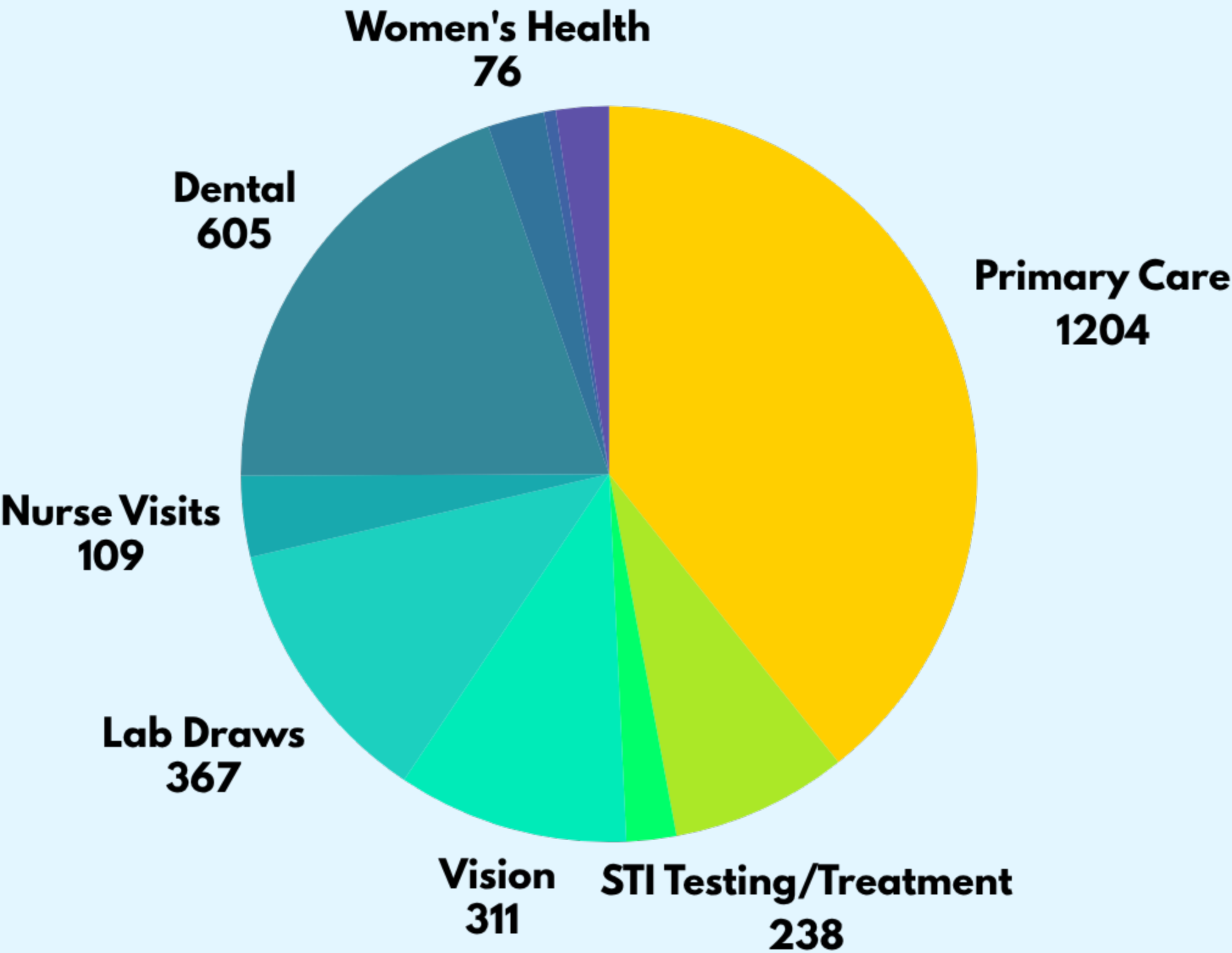


1,126  
INDIVIDUAL  
PATIENTS  
SERVED



\$1,084,511  
PATIENT  
SAVINGS

For the Following Services:  
Primary Care, Dental, Mental Health and Counseling, Women's Health, Vision, STI Testing/Treatment, PrEP, Lab Draws, Nurse Visits, Patient Navigation



# DENTAL PROGRAM

A range of services to help patients  
16 years and older maintain and  
improve their oral health

## WHAT WE OFFER:

- Dental Cleanings
- X-Rays
- Fillings
- Extractions
- Exams
- Oral health education
- Referrals and financial assistance for major dental work

If you are in need of other dental services like braces, dentures, or pediatric care, we can provide referrals to a lower -cost provider.



# DOUBLE DOWN DENTAL

## DENTIST DR. FRAKES DOUBLING HIS TIME AND PATIENT LOAD!

- 24 ADDITIONAL DENTIST CLINIC DAYS
- 12 ADDITIONAL DENTAL HYGIENE CLINIC DAYS
- MORE DENTAL ASSISTANT STAFF TIME
- FOR PATIENTS REQUIRING CARE BEYOND WHAT WE OFFER —LIKE DENTURES, ROOT CANALS, CROWNS, OR IMPLANTS —WE NOW PROVIDE 50% COST —SHARING ASSISTANCE WHEN REFERRED TO OUTSIDE PROVIDERS.



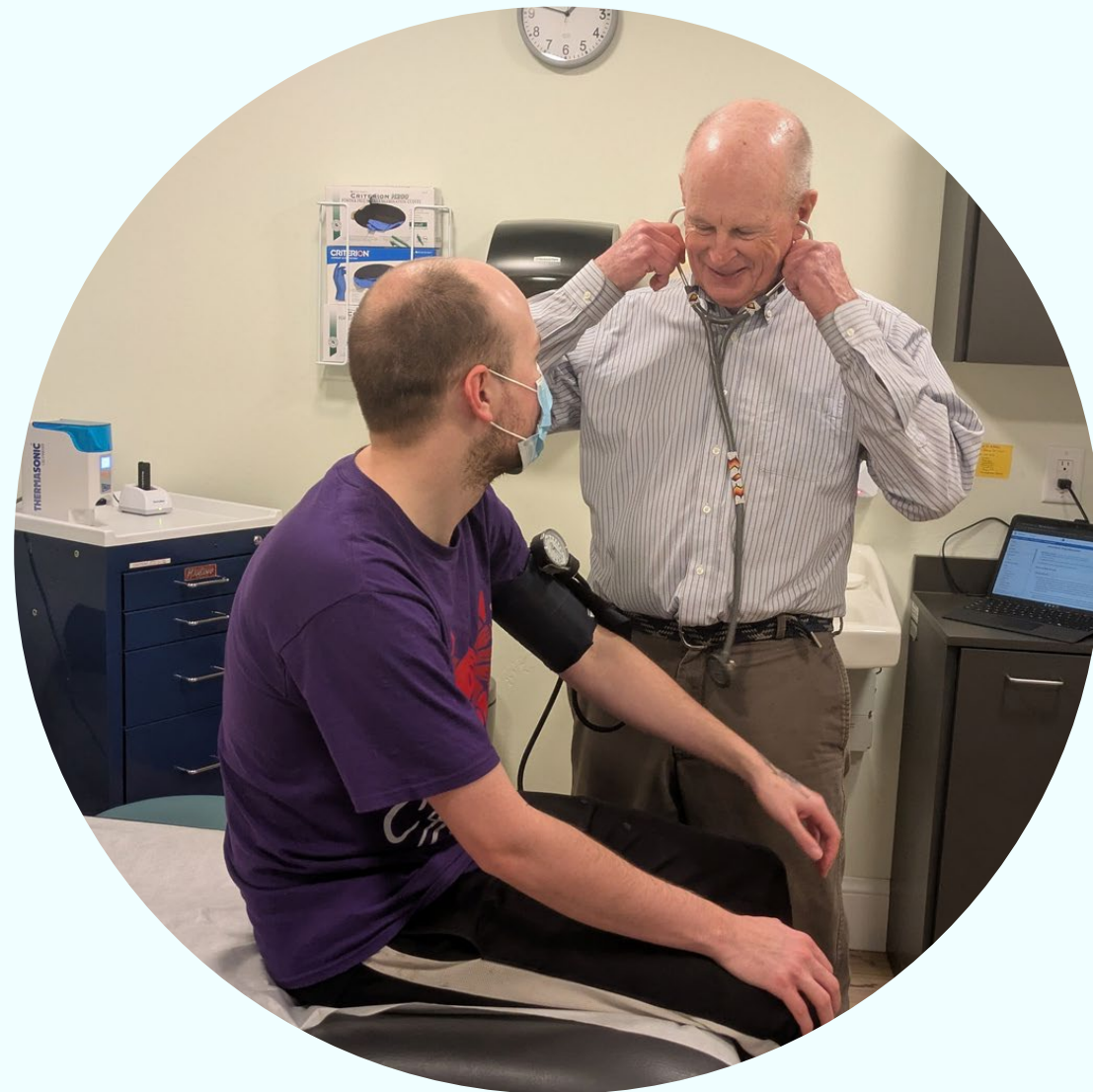
## Dental Stats

67% DENTAL HYGIENE APPOINTMENTS  
33% DENTIST APPOINTMENTS

GRAND TOTAL OF \$484,202 SAVED SINCE STARTING  
THE PROGRAM IN 2021

# PRIMARY CARE

Appointments available weekly with our Medical Director and Primary Care Doctor, Dr. Rouzer, and monthly with our other volunteer providers.



## WHAT WE OFFER:

- Wellness exams
- Ongoing treatments of chronic illnesses
- Diabetes and hypertension screenings
- Disease preventions and diagnoses
- Volunteer provider for internal medicine
- Medication management
- Low cost labs
  - \$20 pass-through charge for standard panel
- Skin cancer screenings
- Gender-affirming hormone therapy
- And much more!



# WOMEN'S HEALTH

Appointments available with female providers monthly or during special events

## WHAT WE OFFER:



- Gynecological Health
- Pap Smears
- Breast Exams and Mammogram Referrals
- Birth Control and Family Planning including:
  - Hormonal IUDs
  - Nexplanon implant
  - Nuvaring
  - Depo Provera Shot
  - Birth control pills (prescription or OTC)



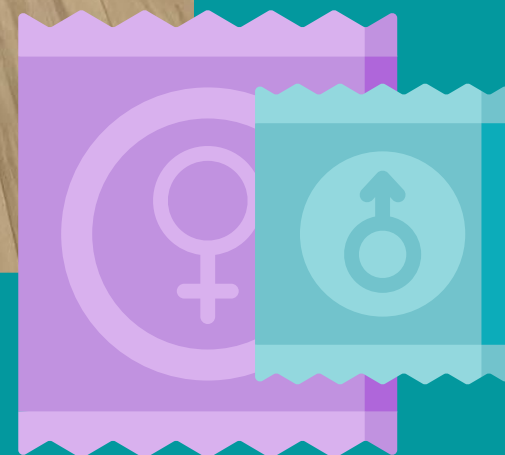
# SEXUAL HEALTH

## WHAT WE OFFER:

- Testing for HIV, hepatitis C, syphilis, chlamydia, and gonorrhea
- HIV prevention counseling and access to PrEP
- Free condoms (internal and external), dental dams, and other birth control options



STI/HIV testing is available to minors over 14 without parental permission



# MENTAL HEALTH

Appointments available monthly or weekly  
depending on provider

## WHAT WE OFFER:

- Counseling with volunteer providers
- Psychiatry through volunteer providers and partnership with the University of Utah
- Partnership with Jacky's Recovery Support Services (formerly known as Latino Behavioral Health Services) for counseling in Spanish or English for Hispanic/Latino patients
- Referrals to local providers



# VISION SERVICES

We partner with the Hope Alliance to hold our Vision Clinics three times per year.

Patients receive a free eye exam and free pair of prescription glasses.

Reading glasses are available in our lobby anytime without an exam.



Eye exams are especially important for our patients with chronic health conditions like diabetes and high blood pressure.

# PATIENT NAVIGATION

A range of services to assist patients with one -on -one support

## WHAT WE OFFER:

- Financial assistance applications & advocacy
- Prescription assistance programs
- Connections to outside providers/specialists
- Health insurance information
- Produce Rx voucher program
- Referrals to community social services



# HOMELESS SERVICES AND OUTREACH

## WHAT WE OFFER:

- Partner with Moab Solutions to conduct homeless outreach
  - Weekly outreach at St. Francis Episcopal Church free Thursday lunch
  - Distribute health, hygiene, and harm reduction supplies
  - Health education with nurse or EMT
  - Connection to community resources
- Free showers at the Clinic on Fridays 9:00 AM to 4:00 PM
- Prescription medication storage
- Drop-in navigation services
- Free health, hygiene, and harm reduction supplies at Clinic
- Upcoming jail outreach for homeless clients



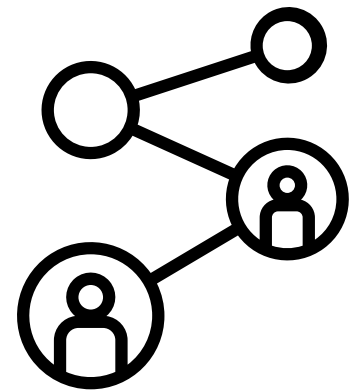
# Moab Community Resource Center

## Words from Our Partners

“It is wonderful to see this facility teeming with life!”

~Trish Hedin, Arches Education Center

What our partners see as benefits to co -location:



- Community
- Being inspired by people who care
- Knowing more about local services
- Networking with other organizations
- Convenience of referrals



## Our Resource Center Partners

- Active Re -Entry
- Arches Education Center
- Christine Wibby, FNP, Integrative Psychiatry Specialist
- Community Nursing Services
- CNSCares
- Cultivate Wellness, Mesa Owen, LCSW
- Del Sol Massage
- Friends of Arches & Canyonlands Parks
- Grand County School District Student Career and Success Center (SCSC)
- Moab Area Community Land Trust
- Moab Community Cycles
- Moab Rolfing
- Nancy Anderson Counseling
- Rim -to -Rim Restoration
- Science Moab
- Soma Therapeutics, LLC
- Thrive Marriage & Family Counseling
- The Times Independent
- Trista Winder Therapy
- Utah Foster Care



# STAY CONNECTED

- Sign up for our monthly newsletter using this QR code:
- Visit our website at [moabfreehealthclinic.org](http://moabfreehealthclinic.org)
- Call us at 435 -259-1113
- Email Kate at [director@moabfreehealthclinic.org](mailto:director@moabfreehealthclinic.org) for a tour

# GET INVOLVED

Sign up to volunteer for our October 30 & 31 Vision Clinic using this QR code :

We are always in need of more administrative volunteers and volunteer providers

# WAYS TO GIVE

- Scan the QR Code to Donate Online
- Send a Check During November's Annual Fund

## NEWSLETTER SIGN UP



## VISION CLINIC VOLUNTEER SIGN UP



## ONLINE DONATION PAGE





# Questions?

NEWSLETTER SIGN UP



VISION CLINIC  
VOLUNTEER SIGN UP



ONLINE DONATION PAGE

