

# Health and Sex Education Curriculum Review Committee

*Sept 3, 2025 in CTE Classroom#2*

**Chair:** Jessica Mohler

**Attending:** -Jason Slack, Emily Giles, Jen Nash, John Taylor, Jason Beardall, McKenzie Stowell, Suzanne Kimball, Jessica Mohler, and Lisa Pruitt.

**Guest Attendees:**

**Opening Statement:**

We will now begin our Health and Sex Education Curriculum Review Committee meeting. This meeting is being recorded. Today is September 3, 2025. Committee members in attendance today are [names]. We will now begin the discussion of our agenda items.

**Agenda:**

- 1. Welcome! Thank you for participating on this important committee another year!**

NAME	REPRESENTING
Abbey Marshall .	Parent/Spanish Fork
Jared Parmenter .	Parent/Springville
Jason Slack	Parent / Payson
James Wilhem .	Parent/Salem
Emily Giles	Parent/Santaquin
Jen Nash	Parent/Mapleton
John Taylor	Health Professional
Jason Beardall	Administrator at Landmark
McKenzie Stowell	Health Teacher at MMHS/District Health Specialist
Suzanne Kimball	Associate Superintendent
Jessica Mohler	Health I Teacher
Lisa Pruitt	Secretary-minutes

- 2. Review Norms**

- This is a recommendation committee.
- This is a safe place for discussion.
- All recommendations will be made through a simple majority vote.
- All recommendations will be supported by the majority.
- The public may address the committee, following the same procedures used in Nebo School District Meetings.
  - All meetings will be posted and the public may contact the chair if they want to make a statement.
  - A time limit of 3 minutes per person will be adhered to.
  - The committee will take the public comments under advisement as it considers recommendations.

- 3. Review and approve the minutes from March 5, 2025. Meeting notes [here](#).**

**Motion to approve: Jen Nash**

**Motion 2nd: Emily Giles**

#### 4. Updated Sex Education Consent Form

##### a. Opt in Topics

- i. Adoption, in accordance with 53G-10-404
- ii. Chronic, infectious, and acute diseases and conditions of the reproductive system, including sexually transmitted infections and diseases (STI/STD)
- iii. Information about contraceptive methods or devices
- iv. Healthy dating practices, marriage, and parenthood, aligned with the Success Sequence as defined in 53G-10-402  
  
Dating, education, marriage children
- v. Human development, including puberty and maturation
- vi. Human reproductive anatomy and physiology
- vii. Human reproductive processes, including conception, fetal development, pregnancy, and birth
- viii. Refusal skills, as defined in 53G-10-402
- ix. Sexual abstinence

- **The state has come up with the form for opt-in consent. This is a form that has to be signed. Texting and call in consent is not accepted. Teachers keep on file for 2 years, opt-in 1 is for everything, opt-in 2 exception, opt-in 3 contact teacher before, opt-in 4 opt out of everything .**
- **Jason Slack asked the question, “How many kids opt out?” McKenzie answered with an approximate amount of 1 out of 175 .**
- **Teachers have training every 3 years to be able to teach these subjects.**
- **The state will be providing someone coming to train anyone needing the training in our district in September.**

#### 5. Review of materials continues—please keep in mind the varying ages of students when determining which instructional materials are appropriate for each group.

##### a. Smart Dating- How to Avoid Falling for a Jerk or Jerkette

- **Books were given to board members to go over.**
- **Teachers teach this content. There is not an instructor brought in.**

**Motion to approve: Jason Slack**

**Motion to 2nd: John Taylor**

##### b. YouTube Clip- [My Girl- I am hemorrhaging scene](#)

- **This is used during the puberty discussion.**

**Motion to approve: Emily Giles**

**Motion to 2nd: Jen Nash**

##### c. TEDx Talk- [4 Habits of All Successful Relationships](#)

- **Video is too long to show a class of students.**
- **Option for teachers to take content from video and shorten it.**

- Content is all good.
- Health 1 not mature enough to connect to the comment “Better in life and in Bedroom” too much for 8th graders.
- Good resource but maybe the comment of stepping in front of a bus too much for students.
- Emily Giles was a bit concerned about some of the content not being a solution, leaving it open ended.
- 8th graders would never stay engaged. Most board members feel the video is too long.
- Suzanne Kimball feels the content in it can be used for all different ages, she feels the 4 principles are good!
- John Taylor feels it is not effective to just watch but the content was good.
- Jason Slack feels the content is fine. He feels you can leave it up to the teacher to use in some way in schools.

Motion to Approve for material with recommendation to contextualize it: Jason Slack

Motion to 2nd: Jason Beardall

d. Video- [Explaining Relationship Conflicts: Causes, Effects, and Resolutions](#)

- [Marraige.com](#) is blocked from students.
- John Taylor questioned how safe our blocking system is.

Motion to approve: Emily Giles

Motion to 2nd: Jen Nash

e. YouTube Clip- [Sums Up Motherhood](#)

Motion to approve: Jason Beardall

Motion to 2nd: John Taylor

f. TED-Ed- [The surprising facts of Pregnancy](#)

Motion to approve: Jen Nash

Motion to 2nd: Emily Giles

g. [6 Basic Needs of Newborn Babies](#) with Dad University

- We will get this video next week

Motion to adjourn: McKenzie Stowell

Motion to 2nd : Jason Beardall

Resources:

- [Vetted Materials Document](#)
- [Courses under law and policy requirements](#)