

Utah Behavioral Health Planning and Advisory Council

(UBHPAC) In person at:

Dr. Martha Hughes Cannon Building
288 N 1460 W, Salt Lake City, UT 84116, USA.

And online: <https://meet.google.com/hek-eypd-rau?authuser=0&hs=122>

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

AGENDA

Thursday, September 4th, 2025

12:00 PM – 2:00 PM

UBHPAC Ground Rules:

- 1. This meeting will be a safe space for all.**
- 2. Be respectful of other members and their time.**
- 3. Stay productive and on track.**

12:00 PM	Meeting Open, Welcome & Introductions	Javier Alegre
	Review and approve June and August meeting minutes	Javier Alegre
	Updates/Announcements	Javier Alegre
12:15 PM	New Member Application: Becks Logan	Heather Rydalcch
12:20 PM	Co Chair Position Opening	Javier Alegre
12:30 PM	Small Groups Discussion: Who is UBHPAC	Leah Colburn
1:00 PM	Brief Episode Psychosis Set Aside	Jessica Maken
1:15 PM	Block Grant Recipient: The Children’s Center	Malinda Frietag
1:30 PM	Group Discussion: UBHPAC’s future	Andrew Riggle
1:45 PM	Call To Action: Peers on UBHPAC	Dan Braun
1:50 PM	Adjourn	Javier Alegre
Next Meeting: November 6th, 2025 12:00 – 2:00 PM		

- You can find more information about UBHPAC on the website: <https://sumh.utah.gov/data-reports/behavior-health-commission/utah-behavioral-planning-council/>
- For technical assistance with meeting link/minutes/or stipends, support with membership questions/applications please contact Brian at office@mccounseling.com
- For meeting requests/presentation requests please contact javier.alegre@latinobehavioral.org or jules.martinez@latinobehavioral.org.
- You may also contact Heather Rydalch hrydalch@utah.gov for questions regarding UBHPAC.
- The UBHPAC meets in person/online hybrid on the first Thursday of every other month from 12:00 PM - 2:00 PM at the Dr Martha Hughes Cannon Building.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodation during this meeting, please contact the Office of Substance Use and Mental Health at (801) 538-3939 or TTY (801) 538-3696. The State has adopted a stipend policy that will pay a small fee to consumers and advocates to attend UBHPAC meetings. For more information, please visit <https://sumh.utah.gov> – Providers– Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy. All meeting minutes and recordings are posted on the Division website at <https://sumh.utah.gov/ubhpac-minutes/>