

ABSTINENCE

Lesson: Number

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Students will be able to

**IDENTIFY WHAT ABSTINENCE IS AND
BENEFITS TO AVOIDING TEEN
PREGNANCY**

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ABSTINENCE

- **Abstinence**

- To refrain from sexual activity
- To Abstain; to be abstinent

- **“I will be abstinent.”**

- **“I will abstain from sexual activity.”**

ABSTINENCE

- Why?

- Only 100% Guarantee

- To avoid Teen Pregnancy
&
- STD's

STD'S

Sexually Transmitted Disease

STD'S

Bacterial

- **Chlamydia**
- **Gonorrhea**
- **Syphilis**

Virus

- **Hepatitis B**
- **Human papilloma virus (HPV)**

STD'S

HIV

- **Human
Immunodeficiency
Virus**

AIDS

- **Acquired
Immunodeficiency
Syndrome**

STD'S

•HIV

- HIV is a virus that attack the immune system directly
- If the immune system is infected, it is weak and can't fight other common infections
- Spread through blood, semen, or vaginal fluids

•AIDS

- AIDS is the last stage of the HIV virus
- The immune system has been severely damaged

<https://kidshealth.org/en/teens/aids.html>

•**Symptoms**

- Bumps, Sores, or Warts
- Skin rash
- Painful urination
- Severe Itching

Way's to Stop STI's and STD's

Abstinence

Refraining from sexual activity

-Only way to prevent 100%

Condoms

Can help a little

-Can't prevent as well as Abstinence

TEEN PREGNANCY

Things to Consider

- **Single Parent family**
- **Parent of teen raises child**
- **Employment**
- **Time**
- **Parenting skills**
- **Home skills**
- **Providing Needs**
- **Basic**
- **Educational**
- **Fun**

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\$233,610

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According to a 2017 report from the U.S. Department of Agriculture, the average cost of raising a child from birth through age 17 is



• **Teen Pregnancy in the United States**

- In 2015, a total of 229,715 babies were born to women aged 15–19 years.
- This is another record low for U.S. teens and a drop of 8% from 2014.
- Although reasons for the declines are not totally clear, evidence suggests these declines are due to more teens abstaining from sexual activity

- **Pregnancy and birth are significant contributors to high school dropout rates among girls. Only about 50% of teen mothers receive a high school diploma by 22 years of age, whereas approximately 90% of women who do not give birth during adolescence graduate from high school**





• **The children of teenage mothers are more likely to have lower school achievement and to drop out of high school, have more health problems, be incarcerated at some time during adolescence, give birth as a teenager, and face unemployment as a young adult.**

Adoption

- **Sometimes there are pregnancies where people struggle to take care of the baby.**
- **There are many people who adopt the babies and they are taken care of as their own.**

NEWBORN SAFE HAVEN LAW

A Parent may give up a newborn baby to a Hospital without giving any personal information, filling out paperwork, or being charged with a crime.

Relationships



Relationships

- **What is the difference between a healthy and unhealthy relationship?**
 - Respect for both oneself and others is a key characteristic of healthy relationships. In contrast, in unhealthy relationships, one partner tries to exert control and power over the other physically, sexually, and/or emotionally.

<https://youth.gov/youth-topics/teen-dating-violence/characteristics#:~:text=Respect%20for%20both%20oneself%20and,sexually%2C%20and%20For%20emotionally.>

- **How can we tell people what our boundaries are?**
- **How do we show respect for people's boundaries?**

- **What is sexual harassment?**
 - • Unwanted pressure for sexual favors. • Unwanted deliberate touching, leaning over, cornering, or pinching. • Unwanted sexual looks or gestures. • Unwanted letters, telephone calls, or materials of a sexual nature.
- **What is sexual abuse?**
 - unwanted sexual activity, with perpetrators using force, making threats or taking advantage of victims not able to give consent.
- **What can be done to report and seek help for these?**