NOTICE OF SUBSTANTIVE CHANGE					
TYPE OF FILING: CPR (Change in Proposed Rule)					
Rule or Section Number:	R432-270	Filing ID: 56887			
Date of Previous Publication (Only for CPRs):	04/01/2025				

# **Agency Information**

1. Title catchline:	Health and Huma	Health and Human Services, Health Care Facility Licensing		
Building:	Multi-Agency Sta	Multi-Agency State Office Building		
Street address:	195 N 1950 W	195 N 1950 W		
City, state:	Salt Lake City, U	Salt Lake City, UT 84116		
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Please address questions regarding information on this notice to the persons listed above.				

#### **General Information**

#### 2. Rule or section catchline:

R432-270. Assisted Living Facilities

# 3. Purpose of the new rule or reason for the change:

Upon review of a previously filed change in proposed rule (CPR), the Department of Health and Human Services (department) determined it was necessary to file this CPR to further update the rule to remove critical incident reporting requirements that no longer apply to health facilities and clarify incident reporting requirements that apply to assisted living facilities.

# 4. Summary of the new rule or change:

This filing removes critical incident reporting requirements that no longer apply to health facilities and adds back a provision to clarify requirements for incident reporting in assisted living facilities. Additionally, it makes style and formatting changes to comply with the Rulewriting Manual for Utah and align this rule with other rules under the department.

#### **Fiscal Information**

# 5. Provide an estimate and written explanation of the aggregate anticipated cost or savings to:

# A) State budget:

There is no anticipated fiscal impact to the state budget, as this filing does not change the existing process for licensure and relicensure inspections.

This filing removes critical incident reporting requirements that no longer apply to health facilities and clarifies existing incident reporting requirements that apply to assisted living facilities.

# B) Local governments:

There is no anticipated fiscal impact to local governments because health care facilities are regulated by the Department and not local governments.

There will be no change in local business licensing or any other processes with which local government is involved as a result of this filing.

# C) Small businesses ("small business" means a business employing 1-49 persons):

There is no anticipated fiscal impact to small businesses, as this filing does not change the existing process for licensure and re-licensure inspections.

This filing removes critical incident reporting requirements that no longer apply to health facilities and clarifies existing incident reporting requirements that apply to assisted living facilities.

# D) Non-small businesses ("non-small business" means a business employing 50 or more persons):

There is no anticipated fiscal impact to non-small businesses, as this filing does not change the existing process for licensure and re-licensure inspections.

This filing removes critical incident reporting requirements that no longer apply to health facilities and clarifies existing incident reporting requirements that apply to assisted living facilities.

# **E)** Persons other than small businesses, non-small businesses, state, or local government entities ("person" means any individual, partnership, corporation, association, governmental entity, or public or private organization of any character other than an *agency*):

There is no anticipated fiscal impact to persons other than small businesses, non-small businesses, state or local government entities, as this filing does not change the existing process for licensure and re-licensure inspections.

This filing removes critical incident reporting requirements that no longer apply to health facilities and clarifies existing incident reporting requirements that apply to assisted living facilities.

# F) Compliance costs for affected persons (How much will it cost an impacted entity to adhere to this rule or its changes?):

There are no anticipated compliance costs for affected persons, as this filing does not change the existing process for licensure and re-licensure inspections.

This filing removes critical incident reporting requirements that no longer apply to health facilities and clarifies existing incident reporting requirements that apply to assisted living facilities.

# **G)** Regulatory Impact Summary Table (This table only includes fiscal impacts that could be measured. If there are inestimable fiscal impacts, they will not be included in this table. Inestimable impacts will be included in narratives above.)

Regulatory Impact Table					
Fiscal Cost	FY2025	FY2026	FY2027		
State Government	\$0	\$0	\$0		
Local Governments	\$0	\$0	\$0		
Small Businesses	\$0	\$0	\$0		
Non-Small Businesses	\$0	\$0	\$0		
Other Persons	\$0	\$0	\$0		
Total Fiscal Cost	\$0	\$0	\$0		
Fiscal Benefits	FY2025	FY2026	FY2027		
State Government	\$0	\$0	\$0		
Local Governments	\$0	\$0	\$0		
Small Businesses	\$0	\$0	\$0		
Non-Small Businesses	\$0	\$0	\$0		
Other Persons	\$0	\$0	\$0		
Total Fiscal Benefits	\$0	\$0	\$0		
Net Fiscal Benefits	\$0	\$0	\$0		

# H) Department head comments on fiscal impact and approval of regulatory impact analysis:

The Executive Director of the Department of Health and Human Services, Tracy S. Gruber, has reviewed and approved this regulatory impact analysis.

#### Citation Information

6. Provide citations to the statutory authority for the rule. If there is also a federal requirement for the rule, provide a citation to that requirement:							
Section 26B-2-202							
Public Notice Information							
<b>8.</b> The public may submit written or oral comments to the agency identified in box 1. (The public may also request a hearing by submitting a written request to the agency. See Section 63G-3-302 and Rule R15-1 for more information.)							
A) Comments will	be accepted until:						
9. This rule change	MAY become effective on:						
NOTE: The date above is the date the agency anticipates making the rule or its changes effective. It is NOT the effective date.							
Agency Authorization Information							
Agency head or	Tracy S. Gruber, Executive Director	Date:					

# R432. Health and Human Services, Health Care Facility Licensing.

R432-270. Assisted Living Facilities.

# R432-270-1. Authority and Purpose.

- (1) Section 26B-2-202 authorizes this rule.
- (2) This rule establishes the licensing and operational standards for assisted living facilities. Assisted living is intended to enable an individual experiencing functional impairments to receive 24-hour personal and health-related services in a place of residence with enough structure to meet the care needs in a safe manner.

#### R432-270-2. Compliance and Responsibility.

The licensee shall comply with each applicable section of Rules R380-600, R432-6, R432-35, and R432-270.

## R432-270-3. Definitions.

designee and title:

Terms used in this rule are defined in Rules R380-600, R432-1, and R432-6. Additionally:

- (1)(a) "Activities of daily living" or "ADLs" means those personal functional activities required for a resident for continued well-being, including:
  - (i) administration of medication;
  - (ii) bathing;
  - (iii) dressing;
  - (iv) eating and nutrition;
  - (v) personal grooming, including oral hygiene and denture care;
  - (vi) toileting and bathing; and
  - (vii) transferring, ambulation, and mobility.
  - (b) ADLs are divided into the following levels:
  - (i) "Assistance" means the resident can perform some part of an ADL, but cannot do it entirely alone;
  - (ii) "Dependent" means the resident cannot perform any part of an ADL and it is done entirely by someone else; and
  - (iii) "Independent" means the resident can perform the ADL without help.
- (2) "Adult day care" means the care and support to three or more functionally impaired adults through a comprehensive program that provides a variety of social, recreational, and related support services in a licensed health care setting.
  - (3) "Assessment" means documentation of each resident's ability or current condition in the following areas:
  - (a) ability to communicate effectively with others;
  - (b) assistive devices;
  - (c) continence:
  - (d) leisure patterns and interests;
- (e) medical diagnoses that have a relationship to current ADL status, behavior status, medical treatments, or risk of death:
  - (f) medication use and the ability to self-medicate;
  - (g) memory and daily decision-making ability;
  - (h) mood and behavior patterns;
  - (i) physical functioning and ability to perform ADLs;
  - (j) prosthetics;

- (k) special treatments and procedures; and
- (l) weight loss.
- (4) "Certification in cardiopulmonary resuscitation" or "CPR" means a certification issued after completion of an inperson course, to include skills testing, and evaluation on-site with a licensed instructor.
  - (5) "Core competencies" mean:
  - (a) communication;
  - (b) community living skills and supports;
  - (c) crisis prevention and intervention;
  - (d) cultural competency and community inclusion;
  - (e) dementia care competencies;
  - (f) empowerment and advocacy;
  - (g) health and wellness;
  - (h) observation;
  - (i) person-centered care principles and practices;
  - (j) professionalism and ethics;
  - (k) safety; and
  - (l) training and self-development.
- (6) "Facility" means the same as defined in Rule R432-1, and for this rule, includes the definition listed in Section 26B-2-236.
- (7)(a) "Home-like" means a place of residence that creates an atmosphere supportive of the resident's preferred lifestyle.
  - (b) Home-like is also supported by the use of residential building materials and furnishings.
  - (8) "Hospice patient" means an individual who is admitted to a hospice program or agency.
  - (9) "Legal representative" means the same as defined in Section 26B-2-236.
- (10) "Licensed health care professional" means a registered nurse, physician assistant, advanced practice registered nurse, or physician licensed by the Utah Department of Commerce who has education and experience to assess and evaluate the health care needs of the resident.
  - (11) "Monitoring device" means the same as defined in Section 26B-2-236.
- (12) "OL" means the Office of Licensing in the Division of Licensing and Background Checks, under the Department of Health and Human Services.
  - (13) "Responsible person" means the same as defined in Rule R432-1.
  - (14) "Self-direct medication administration" means the resident can:
  - (a) recognize medications offered by color or shape; and
  - (b) identify and report differences in the usual routine of medications.
  - (15) "Service plan" means a written plan of care for services that meets the requirements of Section R432-270-14.
- (16) "Services" means activities that help each resident develop skills to increase or maintain their level of psychosocial and physical functioning, or that assists them in ADLs.
- (17) "Significant assistance" means the resident cannot perform any part of an ADL and depends on staff or others to accomplish the ADL.
- (18) "Significant change" means a major change in a resident's status that is self-limiting or impacts on more than one area of the resident's health status.
  - (19) "Social care" means:
  - (a) providing opportunities for social interaction in the facility or in the community; or
  - (b) providing services to promote independence or a sense of self-direction.
  - (20) "Type I assisted living" means the same as "Assisted Living Facility Type I," as defined in Rule R432-6.
  - (21) "Type II assisted living" means the same as "Assisted Living Facility Type II," as defined in Rule R432-6.
  - (22) "Unit" means the same as "resident living unit," as defined in Rule R432-6.
  - $(23) \ \ "Vulnerable \ adult" \ means \ the \ same \ as \ defined \ in \ Subsection \ 26B-6-201(30).$

## R432-270-4. Licensing.

- (1) A person or entity who offers or provides care to two or more unrelated individuals in a residential facility shall become licensed as an assisted living facility if:
  - (a) the individuals stay in the facility for more than 24 hours; and
  - $(b) \ \ the \ person \ or \ entity \ provides \ or \ arranges \ for \ assistance \ with \ one \ or \ more \ ADLs \ for \ the \ individuals.$
- (2) The shall ensure an assisted living facility is licensed as a type I assisted living facility if each resident can exit the facility without the assistance of another person.
- (3) A person or entity shall ensure an assisted living facility is licensed as a type II assisted living facility if each resident can exit the facility only with the limited assistance of one person.
  - (4) A type I assisted living facility licensee shall provide social care to each resident.
- (5) A type II assisted living facility licensee shall provide care in a home-like setting that provides an array of coordinated supportive personal and health care services that are available 24 hours a day to each resident who needs any of these services.

- (6)(a) Type I and II assisted living facility licensees shall provide each resident with a choice of an individual resident living unit or shared resident living unit unless the resident and responsible person have been informed through the signed admission agreement regarding the facility policy regarding mandatory placement in a shared unit.
- (b) The licensee shall ensure each resident living unit provides accommodation for each resident to conduct or receive assistance with ADLs privately and in a way that preserves their dignity.
- (c) The licensee shall ensure each resident in a shared resident living unit has access to a bathroom and additional living space as defined in Rule R432-6.
  - (7) A resident may continue to remain in an assisted living facility if:
  - (a) the facility construction meets the resident's needs;
  - (b) the resident's physical and mental needs are appropriate to the assisted living criteria; and
  - (c) the licensee provides enough staff to meet the resident's needs.
  - (8) The licensee shall ensure each assisted living facility is licensed as one of the following:
  - (a) a large assisted living facility housing 17 or more residents;
  - (b) a small assisted living facility housing six to 16 residents; or
  - (c) a limited capacity assisted living facility housing two to five residents.

#### R432-270-5. Licensee.

- (1) The licensee shall:
- (a) assume responsibility for the overall organization, management, operation, and control of the facility;
- (b) ensure compliance with each federal, state, and local law;
- (c) establish policies and procedures for resident welfare, protection of resident rights, and the general operation of the facility; and
- (d) implement and follow a policy that ensures the licensee may not discriminate on the basis of race, color, sex, or religion.
  - (2)(a) The licensee shall implement a quality assurance program to include a quality assurance committee.
  - (b) The quality assurance committee shall:
  - (i) consist of at least the administrator and a health care professional; and
  - (ii) meet at least quarterly to identify and act on quality issues.
- (3) If the licensee is a corporation or an association, it shall maintain an active and functioning governing body to fulfill licensee duties and to ensure accountability.

# R432-270-6. Administrator Qualifications.

- (1) The administrator shall:
- (a) be 21 years of age or older;
- (b) complete an OL-approved national certification program within six months of hire for a type II facility;
- (c) be able to deliver, or direct the delivery of, appropriate care to each resident;
- (d) know applicable laws and rules; and
- (e) successfully complete the criminal background screening process in Rule R432-35.
- (2) The administrator of a type I assisted living facility shall have an associate degree or two years of experience in a health care facility.
  - (3) The administrator of a type II small or limited capacity assisted living facility shall have any of the following:
  - (a) an associate degree in a health care field;
  - (b) one year of experience in a health care field as a licensed health care professional; or
  - (c) two years or more of management experience in a health care field.
  - (4) The administrator of a type II large assisted living facility shall have any of the following:
  - (a) an associate degree and four years or more of management experience in a health care field;
- (b) a bachelor's degree in a health care field that includes management training, or one or more years of management experience;
- (c) a bachelor's degree in any field that includes management training, or one or more years of management experience and one year or more experience in a health care field; or
  - (d) a health facility administrator license issued in Utah.

# R432-270-7. Administrator Duties.

- (1) The administrator shall:
- (a) admit and only keep a resident who meets admissions criteria and whose needs can be met by the facility;
- (b) be on-site enough hours in the business day, and at other times as necessary, to manage and oversee the facility;
- (c) complete, submit, and file records and reports required by OL;
- (d) conduct and document regular inspections of the facility to ensure it is safe from potential hazards;
- (e) designate, in-writing, a competent employee, 21 years of age or older, to serve as an acting administrator only for when the administrator is unavailable for immediate contact, and ensure an acting administrator does not replace designated administrator in the day-to-day functioning of the facility;
  - (f) maintain a log indicating any significant change in a resident's condition and the facility's action or response;

- (g) maintain facility staffing records for the preceding 12 months;
- (h) notify the resident's responsible person within 24 hours of significant changes or deterioration of the resident's health, and ensure the resident's transfer to an appropriate health care facility if the resident requires services beyond the scope of the facility's license;
  - (i) participate in a quality assurance program;
  - (j) recruit, hire, maintain, and train the number of licensed and unlicensed staff needed to provide services;
  - (k) report any critical incident to OL in accordance with Rule R380-600;
- (l) report any suspected abuse, neglect, or exploitation in accordance with Section [62A-3-305]26B-6-205, and document appropriate action if the alleged violation is verified;
- (m) review, at least quarterly, every injury, accident, and incident to a resident or employee and document appropriate corrective action;
  - (n) secure and update contracts for required professional and other services not provided directly by the facility;
  - (o) verify required licenses and permits of staff and consultants upon hire, or before the effective date of contract;
- (2) The licensee shall maintain the administrator's responsibilities in a written and signed job description on file in the facility.

#### R432-270-8. Personnel.

- (1) The licensee shall ensure that qualified direct-care personnel are on-site 24 hours a day to meet each resident's needs as determined by the resident's assessment and service plans.
  - (2) The licensee shall hire and keep additional staff as necessary to perform:
  - (a) cooking;
  - (b) general maintenance;
  - (c) housekeeping;
  - (d) laundering; and
  - (e) office work.
  - ([2]3) The licensee shall ensure qualified staff perform services in accordance with the resident's written service plan.
- ([3]4) The licensee shall ensure that any personnel who provide personal care to any resident in a type II assisted living facility:
  - (a) are at least 18 years of age; or
- (b) is a certified nurse aide in accordance with Section 58-31b-3, with related experience or on-the-job training for the job assigned;
- ([4]5) The licensee shall ensure that personnel are licensed, certified, or registered in accordance with applicable laws governing their professional licensure in Utah.
  - $([5]\underline{6})$  The administrator shall maintain written job descriptions for each position, including each position's:
  - (a) qualifications;
  - (b) required skills;
  - (c) responsibilities; and
  - (d) title.
  - ([6]7) The licensee shall make facility policies and procedures available to personnel.
  - (78) (a) The licensee shall provide and document each employee's orientation to the facility for their hired position.
  - (b) The licensee shall provide orientation to each employee within 30 days of hire that includes:
  - (i) an explanation of ethics, confidentiality, and resident rights;
  - (ii) an OL-approved core competency training;
  - (iii) each relevant job description;
  - (iv) employee responsibility for reporting abuse, neglect, and exploitation;
  - (v) the facility fire and disaster plan; and
  - (vi) the facility policy and procedures.
  - (8)9)(a) The licensee shall provide each direct-care employee with:
  - (i) a demonstration of core competency skills;
  - (ii) a facility orientation;
- (iii) 16 hours of one-on-one training with a direct-care employee who has at least three months experience and has completed the facility orientation.
  - (b) The licensee shall ensure training is not transferred to another facility, and includes:
  - (i) ADLs; and
  - (ii) transfer assistance and safety.
  - (c) The licensee shall ensure:
  - (i) a direct-care employee hired from a staffing agency is a certified nurse aide; and
  - (ii) each certified nurse aide is exempt from the 16 hours of one-on-one job training.
  - ([9]10)(a) The licensee shall ensure each employee receives documented in-service training.
- (b) The licensee shall ensure the in-service and annual trainings include the following subjects relevant to the employee's job responsibilities:
  - (i) abuse and neglect reporting requirements;

- (ii) accident prevention, including safe bath and shower temperatures;
- (iii) communication skills that enhance resident dignity;
- (iv) dementia and Alzheimer's-specific training;
- (v) first aid;
- (vi) principles of good housekeeping;
- (vii) principles of good nutrition, menu planning, food preparation and food storage;
- (viii) principles of providing personal and social care;
- (ix) proper procedures in assisting a resident with medication;
- (x) recognizing early signs of illness and determining when there is a need for professional assistance;
- (xi) resident rights; and
- (xii) review of core competency training.
- ([40]11) The administrator shall annually complete a minimum of four hours of core competency training that includes dementia and Alzheimer's-specific training.
  - ([11]12) In addition to core competency training, the administrator shall:
- (a) complete a minimum of six hours of approved continuing professional education (CPE) annually that include a minimum of:
  - (i) five hours in-person;
  - (ii) one additional hour either in-person or online; and
  - (iii) calculate 50 minutes of CPE as one hour;
  - (b) ensure CPE courses under this subsection are approved by:
  - (i) Utah Assisted Living Association;
  - (ii) Utah Health Care Association;
  - (iii) Beehive Homes; or
  - (c) an entity listed in this subsection if the course is offered by another entity or organization.
- ([42]13) The licensee shall ensure employees who report suspected abuse, neglect, or exploitation are not subject to retaliation, disciplinary action, or termination by the licensee for that reason alone.
- ([13]14) The licensee shall ensure a personnel health program is established through written personnel health policies and procedures that protect the health and safety of personnel, residents, and the public.
  - ([14]15) The licensee shall:
  - (a) ensure an employee health inventory is completed when an employee is hired;
- (b) use an OL-approved form for the health inventory evaluation or their own form if it includes at least the employee's history of:
  - (i) conditions that may predispose the employee to acquiring or transmitting infectious diseases; and
  - (ii) conditions that may prevent the employee from performing certain assigned duties satisfactorily;
  - (c) develop an employee health screening and immunization components of for its personnel health program;
  - (d) ensure employee skin testing:
  - (i) uses the Mantoux Method or other Food and Drug Administration, (FDA) approved in vitro serologic test; and
- (ii) perform follow-up procedures for tuberculosis in accordance with Rule R388-804, Special Measures for the Control of Tuberculosis;
  - (e) ensure employees are skin-tested for tuberculosis within two weeks of:
  - (i) initial hiring;
  - (ii) suspected exposure to a person with active tuberculosis; and
  - (iii) development of symptoms of tuberculosis;
- (f) report any infections and communicable diseases reportable by law to the local health department in accordance with Section R386-702-3; and
  - (g) allow employees with known positive reactions to skin tests to be exempt from skin testing.
- ([45]16) The licensee shall develop and implement policies and procedures governing an infection control program that include task-related employee infection control procedures and practices that protect residents, family members, and personnel from infection.
- ([16]17) The licensee shall ensure compliance with 29 CFR 1910.1030 (2001), the Occupational Safety and Health Administration's Bloodborne Pathogen Standard.

# R432-270-9. Resident Rights.

- (1) Assisted living facility licensees shall develop a written resident rights statement based on this section.
- (2) The licensee shall ensure the administrator or designee gives each resident a written description of the resident's legal rights upon admission, that includes:
  - (a) a description of the manner of protecting personal funds; and
- (b) a statement that the resident may file a complaint with the long-term care ombudsman and any other advocacy group concerning resident abuse, neglect, or misappropriation of resident property in the facility.
- (3) The licensee shall ensure the administrator or designee notifies the resident or the resident's responsible person in a language and manner the resident or resident's responsible person can understand, in-writing, upon admission, of the resident's rights and rules governing resident conduct and responsibilities during the stay in the facility.

- (4) The licensee shall ensure the administrator or designee promptly notifies in-writing the resident or the resident's responsible person when there is a change in resident rights under state law.
  - (5) The licensee shall ensure resident rights include the right to:
  - (a) be treated with respect, consideration, fairness, and full recognition of personal dignity and individuality;
- (b) be transferred, discharged, or evicted by the facility only in accordance with the terms of the signed admission agreement;
  - (c) be free of mental and physical abuse, and chemical and physical restraints;
  - (d) refuse to perform work for the facility;
  - (e) perform work for the facility if the facility consents and if:
  - (i) the facility has documented the resident's need or desire for work in the service plan;
  - (ii) the resident agrees to the work arrangement described in the service plan;
  - (iii) the service plan specifies the nature of the work performed and whether the services are voluntary or paid; and
  - (iv) compensation for paid services is at or above the prevailing rate for similar work in the surrounding community;
- (f) privacy during visits with family, friends, clergy, social workers, ombudsmen, resident groups, and advocacy representatives;
  - (g) share a resident living unit with a spouse if:
  - (i) both spouses consent;
  - (ii) both spouses are facility residents; and
  - (iii) the unit meets the construction requirements of Rule R432-6 for a shared or semi-private resident living unit;
  - (h) privacy when receiving personal care or services;
  - (i) keep personal possessions and clothing as space permits;
  - (j) participate in religious and social activities of the resident's choice;
  - (k) interact with members of the community both inside and outside the facility;
  - (l) send and receive mail unopened;
  - (m) have access to telephones to make and receive private calls;
  - (n) arrange for medical and personal care;
- (o) have a family member or responsible person informed by the facility of significant changes in the resident's cognitive, medical, physical, or social condition or needs;
- (p) leave the facility at any time and not be locked into any room, building, or on-site at the facility during the day or night, except:
- (i) a type II assisted living resident is assessed to require a secure environment may be housed in a secure unit, if the secure unit is approved by the fire authority having jurisdiction; and
  - (ii) the right does not prohibit the locking of facility entrance doors if egress is maintained;
- (q) be informed of complaint or grievance procedures and to voice grievances and recommend changes in policies and services to facility staff or outside representatives without restraint, discrimination, or reprisal;
  - (r) be encouraged and assisted throughout the period of a stay to exercise these rights as a resident and as a citizen;
- (s) manage and control personal funds, or to be given an accounting of personal funds entrusted to the facility, as provided in Section R432-270-20 concerning management of resident funds;
  - (t) upon oral or written request, to access within 24 hours records pertaining to the resident, including clinical records;
- (u) two working days after the day of the resident's oral or written request, to purchase at a cost not to exceed the community standard photocopies of the resident's records or any portion thereof;
  - (v) personal privacy and confidentiality of personal and clinical records;
- (w) be fully informed in advance about care and treatment and of any changes in that care or treatment that may affect the resident's well-being; and
- (x) be fully informed in a language and in a manner the resident understands of the resident's health status and health rights, including the following:
  - (i) medical condition;
  - (ii) the right to refuse treatment;
- (iii) the right to formulate an advance directive in accordance with Title 75, Chapter 2a, Advance Health Care Directive Act; and
  - (iv) the right to refuse to participate in experimental research.
- (6) The licensee shall ensure the following items are posted in a public area of the facility that is easily accessible and visible by each resident and the public:
  - (a) the long-term care ombudsmen's notification poster;
  - (b) information on Utah protection and advocacy systems; and
  - (c) a copy of the resident rights.
- (7) The licensee shall post the link to the facility search section of the OL website at https://dlbc.utah.gov/find-health-providers/ in a public area of the facility with an explanation that they may find compliance history and inspection results by searching for the facility's name on that link.
- (8)(a) A resident may organize and participate in resident groups in the facility, and a resident's family may meet in the facility with the families of other residents.
  - (b) The licensee shall provide private space for resident groups or family groups.

- (c) Facility personnel or visitors may attend resident group or family group meetings only at the group's invitation.
- (d) The administrator shall designate an employee to assist with and respond to written requests that result from group meetings.

#### R432-270-10. Admissions.

- (1) The licensee shall have written admission, retention, and transfer policies that are available to the public upon request.
- (2) Before accepting a resident, the licensee must ensure enough information is obtained about the person's ability to function in the facility through the following:
  - (a) an interview with the resident and the resident's responsible person; and
  - (b) the completion of the resident assessment.
- (3) If the OL determines during inspection or interview that the facility knowingly and willfully admits or keeps a resident who does not meet admission criteria, OL may, for a time period specified, require that resident assessments be conducted by an individual who is independent from the facility.
  - (4) A type I assisted living licensee may accept and keep a resident who:
  - (a) does not require total assistance from another person with more than three ADLs;
  - (b) has stable health;
  - (c) is ambulatory or mobile and can take life-saving action in an emergency without the assistance of another person;
- (d) is cognitively impaired or physically disabled, but can evacuate from the facility without the assistance of another person;
- (e) requires and received intermittent care of treatment in the facility from a licensed health care professional, either through contract or by the licensee, if permitted in policy; or
  - (f) requires no assistance, or only limited assistance with ADLs.
  - (5) A type II assisted living facility licensee may accept and keep a resident who:
- (a) is cognitively impaired or physically disabled, but can evacuate from the facility with the limited assistance of one person;
  - (b) is physically disabled, but can direct their own care; or
  - (c) requires total assistance from another person in more than three ADLs if;
  - (i) the resident can evacuate the facility with the limited assistance of one person; and
  - (ii) the staffing level and coordinate supportive health and social services meet the needs of the resident.
  - (6) A type I and type II assisted living licensee may not admit or keep a person who:
- (a) has active tuberculosis or other chronic communicable diseases that cannot be treated in the facility or on an outpatient basis, or may be transmitted to other residents or guests through the normal course of activities;
  - (b) manifests behavior that is:
  - (i) assaultive;
  - (ii) poses a danger to self or others;
  - (iii) sexually or socially inappropriate; or
  - (iv) suicidal; and
- (c) requires inpatient hospital, long-term nursing care or 24-hour continual nursing care that will last longer than 15 calendar days after the day that the nursing care begins.
  - (7) In accordance with Section 26B-2-236, a type I or type II assisted living licensee may not:
- (a) deny an individual admission to the facility for the sole reason that the individual or the individual's legal representative requests to install or operate a monitoring device in the individual's room; and
- (b) permit any employee, as outlined in the policy, to deactivate, reposition, or otherwise interfere with the operation of a monitoring device in a resident's room.
- (8)(a) The licensee shall ensure the prospective resident or the prospective resident's responsible person signs a written admission agreement before admission.
  - (b) The licensee shall maintain the admission agreement on file.
  - (c) The licensee shall ensure the admission agreement specifies:
- (i) a notification that OL has the authority to examine resident records to determine compliance with licensing requirements;
  - (ii) an outline of each condition that may end the agreement;
  - (iii) any reason for mandatory placement in a shared resident living unit;
  - (iv) any refund procedures for:
  - (A) a thirty-day notice provided by the licensee to the resident for a transfer or discharge;
  - (B) a transfer or discharge without notice;
  - (B) an emergency transfer or discharge; and
  - (C) the death of a resident;
  - (v) any room and board charge including any charge for any basic and optional service;
  - (vi) the facility's admission, retention, transfer, discharge, and eviction policies; and
  - (vii) the provision for a 30-day notice before any change in any established charge.
  - (9)(a) A type I assisted living licensee may accept and retain resident who is admitted to a hospice program if:

- (i) the licensee keeps a copy of the physician's diagnosis and orders for care; and
- (ii) the licensee makes the hospice services part of the resident's service plan that explains who is responsible to meet the resident's needs.
- (b) A type I assisted living licensee may keep a hospice patient resident who cannot exit the facility without assistance if:
- (i) a worker or individual is assigned to each specific hospice patient resident and is on-site to assist the resident in emergency evacuation 24 hours a day, seven days a week;
- (ii) the assigned worker or individual is physically able to provide emergency evacuation assistance to the particular hospice patient resident;
- (iii) the assigned worker or individual is trained to specifically assist in the emergency evacuation of the assigned hospice patient resident; and
- (iv) the hospice patient residents who cannot evacuate without assistance does not comprise more than 25% of the facility resident census.
  - (10) A type II assisted living licensee may accept and keep a hospice patient resident under the following conditions:
  - (a) if the hospice patient resident cannot evacuate the facility without significant assistance, the licensee shall:
  - (i) develop an emergency plan to evacuate the hospice patient resident in the event of an emergency; and
  - (ii) integrate the emergency plan into the hospice patient resident's service plan;
  - (b) the licensee keeps a copy of the physician's diagnosis and orders for care; and
- (c) the licensee makes the hospice services part of the hospice patient resident's service plan that explains who is responsible to meet the hospice patient resident's needs.

#### R432-270-11. Transfer or Discharge Requirements.

- (1) The licensee may discharge, transfer, or evict a resident for any of the following reasons:
- (a) the facility ceases to operate;
- (b) the resident fails to comply with written policies or rules of the facility;
- (c) the resident fails to pay for services as required by the admission agreement;
- (d) the resident wishes to transfer; or
- (e) the resident's needs cannot be met because the resident poses a threat to the health or safety of self or others, or the resident's required medical treatment cannot be provided.
- (2) Before a resident transfer or discharge is initiated, the licensee shall ensure a transfer or discharge notice is served to the resident and the resident's responsible person.
  - (3) Before a resident transfer or discharge is initiated, the licensee shall:
  - (a) ensure the notice is delivered either by hand or by certified mail; and
- (b) ensure the notice is served at least 30 days before the day of planned resident transfer or discharge, unless notice for a shorter period is necessary:
  - (i) if the resident's urgent medical needs require an immediate transfer or discharge;
  - (ii) if the resident has not resided in the facility for at least 30 days;
- (iii) to protect the health of the individuals in the facility from endangerment due to the medical or behavioral status of the resident; or
  - (iv) to protect the safety of the individuals in the facility from endangerment due to the resident's continued residency.
  - (4) The licensee shall ensure that the notice of transfer or discharge:
  - (a) contains the name, mailing address, email address, and telephone number of Utah's long-term care ombudsman;
- (b) contains, for a developmentally disabled resident, the mailing address and telephone number of the agency responsible for the protection and advocacy of developmentally disabled individuals established under Developmental Disabilities Assistance and Bill of Rights Act of 2000, Pub. L. No. 106-402;
- (c) contains, for a mentally ill resident, the mailing address and telephone number of the agency responsible for the protection and advocacy of mentally ill individuals established under Protection and Advocacy for Mentally Ill Individuals Act of 1986, Pub. L. No. 99-319;
  - (d) is in writing with a copy placed in the resident file;
  - (e) is phrased in a manner and language that can be understood by the resident and the resident's responsible person;
  - (f) states the effective date of transfer or discharge;
  - (g) states the location where the resident will be transferred or discharged to if known;
  - (h) states the reasons for transfer or discharge; and
- (i) states that the resident may request a conference within five calendar days of receipt of the notice to discuss the transfer or discharge.
  - (5) The licensee shall:
- (a) provide the notice described in this section to the resident and the resident's responsible person at least 30-days before the day that the resident is transferred or discharged, unless notice of a shorter period is necessary to protect the health or safety of individuals in the facility due to the medical or behavioral status of the resident;
- (b) send a copy of the notice described in this section to Utah's long-term care ombudsman on the same day that the licensee delivers the notice to the resident and resident's responsible person;

- (c) update the transfer or discharge notice as soon as practicable before the transfer or discharge, if information in the notice changes before the transfer or discharge; and
- (d) verbally explain to the resident, the services available through the ombudsman and the contact information for the
- (6) The licensee shall ensure the transfer or discharge notice is prepared, discussed, provided, and documented to ensure a safe and orderly transfer or discharge from the facility.
  - (7)(a) The resident or the resident's responsible person may contest a transfer or discharge.
- (b) If the transfer or discharge is contested, the licensee shall provide an informal conference, except where undue delay might jeopardize the health, safety, or well-being of the resident or others.
- (c) The resident, or the resident's responsible person, shall request the conference within five calendar days of the day of receipt of notice of discharge to determine if a satisfactory resolution can be reached.
  - (d) Participants in the conference shall include:
  - (i) the facility representatives;
  - (ii) the resident, or the resident's responsible person; and
  - (iii) any others requested by the resident, or the resident's responsible person.
  - (8) If the facility closes, the licensee shall provide written notification of the closure to:
  - (i) Utah's long-term care ombudsman;
  - (ii) each resident of the facility; and
  - (iii) each resident's responsible person.
- (9) The licensee may not discharge a resident for the sole reason that the resident or the resident's legal representative requests to install or operate a monitoring device in the resident's room in accordance with Section 26B-2-236.

#### R432-270-12. Resident Assessment.

- (1) The licensee must ensure a signed and dated resident assessment is completed for each resident before admission and at least every six months thereafter.
- (2) In each type I and type II assisted living facility, a licensed health care professional shall complete and sign the initial and six-month resident assessment.
  - (3) The licensee shall ensure that the resident assessment:
  - (a) accurately reflects the resident's status when assessed; and
- (b) includes a statement signed by the licensed health care professional completing the resident assessment that the resident meets the admission and level of assistance criteria for the facility.
- (4) The licensee shall ensure the resident assessment form is approved by the OL for documenting resident assessments.
- (5)(a) The licensee shall ensure each resident's assessment is revised and updated when there is a significant change in the resident's:
  - (i) cognitive condition;
  - (ii) medical condition;
  - (iii) physical condition; or
  - (iv) social condition.
  - (b) The licensee shall update the resident's service plan to reflect any change in condition.

#### R432-270-13. Service Plan.

- (1)(a) The licensee shall ensure that each resident has an individualized service plan that is consistent with the resident's unique cognitive, medical, physical, and social needs.
- (b) The licensee shall ensure the service plan is developed within seven calendar days of the day the facility admits the resident.
  - (c) The licensee shall ensure the service plan is periodically revised as needed.
- (2) The licensee shall ensure the resident assessment is used to develop, review, and revise the service plan for each resident.
  - (3) The licensee shall ensure that the service plan includes a written description of the services to be provided and:
  - (a) how services are provided;
  - (b) each change to services and reason for each change;
  - (c) the frequency of services; and
- (d) who will provide the services, including the resident's significant others who may participate in the delivery of services.

#### R432-270-14. Nursing Services.

- (1) The licensee shall ensure written policies and procedures are developed defining the level of nursing services provided by the licensee.
- (2) A type I assisted living licensee shall hire or contract with a registered nurse to provide or delegate medication administration for any resident who cannot self-medicate or self-direct medication management.

- (3) A type II assisted living licensee shall hire or contract with a registered nurse to provide or supervise nursing services to include:
  - (a) a nursing assessment on each resident;
  - (b) general health monitoring on each resident; and
- (c) routine nursing tasks, including those that may be delegated to unlicensed assistive personnel per Section R156-31B-701.
- (4) A type I assisted living licensee may provide nursing care per facility policy. If a type I assisted living licensee chooses to provide nursing services, the nursing services shall be provided per Subsections R432-270-1[5]4(3)(a) through (c).
- (5)(a) Type I and type II assisted living licensees may not provide skilled nursing care, but shall assist the resident in obtaining required services.
  - (b) A nursing service is considered skilled nursing when:
- (i) the complexity or specialized nature of the prescribed services can be safely or effectively performed only by, or under the close supervision of, a licensed health care professional personnel; or
- (ii) care is needed to prevent, to the extent possible, deterioration of a condition or to sustain the current capacities of a resident.
  - (6) At least one certified nurse aide shall be on-duty in a type II assisted living facility 24 hours a day.

#### R432-270-15. Secure Units.

- (1) A type II assisted living licensee with approved secure units may admit a resident with a diagnosis of Alzheimer's or dementia if the resident can exit the facility with limited assistance from one person.
- (2) The licensee shall ensure that each resident admitted to a secure unit has an admission agreement that is signed by the resident or their legal representative that acknowledges understanding and consent to reside in a facility where egress is controlled. The licensee shall ensure the secure admission agreement:
- (a) documents that a wander risk management agreement has been negotiated with the resident or resident's responsible person; and
- (b) identifies discharge criteria that would initiate a transfer of the resident to a higher level of care than the assisted living facility can provide.
- (3) In addition to completing the facility orientation and demonstrating core competency skills, the licensee shall ensure each direct-care employee in the secure unit is provided a minimum of four hours of the 16 required hours of documented one-on-one job training in the secure unit.
  - (4) The [Fe] licensee shall ensure that there is at least one direct-care staff in the secure unit continuously.
- (5) The licensee shall provide an emergency evacuation plan on each secure unit that addresses the ability of the secure unit staff to evacuate each resident in an emergency.
- (6) The licensee shall ensure a secure unit is constructed in accordance with Section 15A-3-105 and no more than 30 residents may reside in an area enclosed for smoke and fire and with controlled egress.

# R432-270-16. Arrangements for Medical or Dental Care.

- (1) The licensee shall ensure each resident is assisted in arranging access for any required ancillary services for medically related care including a:
  - (a) dentist;
  - (b) home health provider;
  - (c) hospice provider;
  - (d) pharmacist;
  - (e) physician;
  - (f) podiatrist;
  - (g) therapist; and
  - (h) provider of any other services necessary to support the resident.
  - (2) The licensee shall ensure care through one or more of the following methods is arranged:
  - (a) notifying the resident's responsible person;
  - (b) arranging for transportation to and from the practitioner's office; or
  - (c) arrange for a home visit by a health care professional.
- (3) The licensee shall notify a physician or other health care professional when the resident requires immediate medical attention.

# R432-270-17. Activity Program.

- (1) The licensee shall ensure each resident is encouraged to maintain and develop their fullest potential for independent living through participation in activity and recreational programs.
  - (2) The licensee shall ensure opportunities for the following are provided:
  - (a) community activities to promote resident participation in activities away from the facility;
  - (b) independent living activities to foster and maintain independent functioning;
  - (c) physical activities; and
  - (d) socialization activities.

- (3) The administrator shall designate an activity coordinator to direct the facility's activity program. The activity coordinator's duties include:
  - (a) coordinating recreational activities, including volunteer and auxiliary activities;
- (b) developing and posting monthly activity calendars, including information on community activities based on resident needs and interests; and
  - (c) planning, organizing, and conducting the resident activity program with resident participation.
- (4) The licensee shall provide enough equipment, supplies, and indoor and outdoor space to meet the recreational needs and interests of the residents.
- (5) The licensee shall ensure storage for recreational equipment and supplies is provided. The licensee shall ensure locked storage is provided for potentially dangerous items such as scissors, knives, and toxic materials.

#### R432-270-18. Medication Administration.

- (1) A licensed health care professional shall assess each resident to determine what level and type of assistance is required for medication administration. The health care professional shall document the level and type of assistance the health care professional provides in each resident's assessment.
- (2) The licensee shall ensure each resident's medication program is administered by one of the methods described Subsections R432-270-19(2) through (9).
  - (3) A resident assessed to be able to self-administer medication may keep prescription medications in their room.
- (4) If more than one resident resides in a resident living unit, the licensee shall ensure each person's ability is assessed to safely have medications in the resident living unit. If safety is a factor, the licensee shall ensure a resident stores their medication in a locked container in the resident living unit.
  - (5)(a) A resident may be assessed to be able to self-direct medication administration.
  - (b) Facility staff may assist a resident assessed to self-direct medication by:
  - (i) opening medication containers;
  - (ii) reminding the resident or the resident's responsible person when the prescription needs to be refilled; and
  - (iii) reminding the resident to take the medication.
- (6)(a) A resident may be assessed to allow family members or a designated responsible person to administer medications.
- (b) If a family member or designated responsible person assists with medication administration, the licensee shall ensure they sign a waiver indicating that they agree to assume the responsibility to fill prescriptions, administer medication, and document that the medication has been administered.
  - (c) Facility staff may not serve as the designated responsible person.
  - (7)(a) A resident may be assessed as unable to self-administer or self-direct medications.
- (b) Facility staff may administer medications only after delegation by a licensed health care professional under the scope of their practice.
- (c) If a licensed health care professional delegates the task of medication administration to unlicensed assistive personnel, the licensee shall ensure the delegation is in accordance with Title 58, Chapter 31b, Nurse Practice Act and Section R156-31B-701.
  - (d) The licensee shall ensure medications are administered according to the prescribing order.
- (e) The delegating authority shall provide and document supervision, evaluation, and training of unlicensed assistive personnel assisting with medication administration.
- (f) The delegating authority or another registered nurse shall be readily available either in-person or by telecommunication.
- (8) A resident may independently administer their own personal injections if they have been assessed to be independent in that process. This may be done in conjunction with the administration of medication in methods Subsections R432-270-1[9]8([3]6) through ([6]7).
- (9) Home health or hospice agency staff may provide medication administration to a facility resident exclusively, or in accordance with Subsections R432-270-1[9]8(2) through (9).
- (10) The licensee shall ensure a licensed health care professional or licensed pharmacist reviews resident medications at least every six months.
  - (11) The licensee shall ensure that medication records include the:
  - (a) medication name, including prescribed dosage;
  - (b) method of administration;
  - (c) name of the prescribing practitioner;
  - (d) review date;
  - (e) resident's name;
  - (f) signatures of personnel administering the medication; and
  - (g) time, dose, and dates administered.
- (12)(a) The licensee shall ensure that a licensed health care professional or licensed pharmacist documents any change in the dosage or schedule of medication in the medication record.
- (b) When the facility staff documents medication changes, the licensed health care professional must co-sign within 72 hours.

- (c) The licensee shall ensure that the licensed health care professional notifies unlicensed assistive personnel who administer medications of the medication change.
- (13) The licensee shall have access to a reference for possible reactions and precautions for prescribed medications in the facility.
  - (14) The licensee shall ensure the licensed health care professional is notified when medication errors occur.
- (15) The licensee shall ensure that medication error incident reports are completed if a medication error occurs or is identified.
  - (16) The licensee shall incorporate medication errors into the facility quality improvement process.
  - (17) The licensee shall ensure that medications stored in a central storage area are:
  - (a) available for the resident to have timely access to the medication; and
  - (b) locked to prevent unauthorized access.
- (18) The licensee shall ensure medications that require refrigeration are stored separately from food items and at temperatures between 36 46 degrees Fahrenheit.
  - (19) The licensee shall ensure policies governing the following are developed and implemented:
  - (a) destruction and disposal of unused, outdated, or recalled medications; and
- (b) security and disposal of controlled substances by the licensee or facility staff that are consistent with the Code of Federal Regulations, Title 21, Chapter II, Part 1317 (2014).
- (20) The licensee shall ensure the return of resident's medication to the resident or to the resident's responsible person is documented upon discharge.

#### R432-270-19. Management of Resident Funds.

- (1)(a) Each resident has the right to manage and control their financial affairs.
- (b) The licensee may not require a resident to deposit their personal funds or valuables with the facility.
- (2) The licensee is not required to handle a resident's cash resources or valuables. However, upon written authorization by the resident or the resident's responsible person, the facility may hold, safeguard, manage, and account for the resident's personal funds or valuables deposited with the facility, in accordance with this section.
- (3) The licensee shall establish and maintain, on the resident's behalf, a system that ensures a full, complete, and separate accounting according to generally accepted accounting principles of each resident's personal funds entrusted to the facility. The system shall:
- (a) for records of a resident's funds that are maintained as a drawing account, include a control account for receipts and expenditures and an account for each resident and supporting receipts filed in chronological order;
- (b) include a copy of the receipt that it furnished to the resident for funds received and other valuables entrusted to the licensee for safekeeping;
- (c) preclude any commingling of resident funds with facility funds or with the funds of any person other than another resident, and preclude facility personnel from using a resident's funds or valuables as their own;
- (d) maintains a separate account for resident funds for each facility and does not commingle such funds with resident funds from another facility;
- (e) separate a resident's funds and valuables intact and free from any liability that the licensee incurs in the use of its own or the facility's funds and valuables; and
  - (f) keep each account with columns for debits, credits, and balance.
- (4) The licensee shall ensure individual financial records are made available on request through quarterly statements to the resident or the resident's legal representative.
- (5) The licensee shall purchase a surety bond or otherwise provide assurance satisfactory to OL that resident personal funds deposited with the facility are secure.
  - (6) The licensee shall ensure:
  - (a) each resident's share, including interest, has separate accounting in pooled accounts;
  - (b) interest earned on a resident's bank account is credited to the resident's account;
- (c) resident funds over \$150 are deposited within five days of receipt in an interest-bearing bank account at a local financial institution separate from any of the facility's operating accounts; and
- (d) resident personal funds that do not exceed \$150 are kept in either a non-interest-bearing account, an interest-bearing account, or a petty cash fund.
- (7) Upon discharge of a resident with funds or valuables deposited with the facility, the licensee shall ensure the resident's funds are conveyed the same day, and a final accounting of those funds provided to the resident or the resident's legal representative.
- (8) Upon discharge of a resident with funds or valuables kept in an interest-bearing account, the licensee shall ensure the funds or valuables are accounted for and made available to the resident or resident's legal representative within three working days.
- (9) Within 30 days following the death of a resident, except in a medical examiner case, the licensee shall ensure the resident's valuables and funds entrusted to the facility are conveyed, and a final accounting of those funds, to the individual administering the resident's estate.

- (1) The licensee shall ensure accurate and complete records are maintained. The licensee shall safely file and store records and ensure they remain easily accessible to staff and OL.
  - (2) The licensee shall ensure records are protected against access by unauthorized individuals.
- (3) The licensee shall ensure personnel records are maintained for each employee and are retained for at least three years following termination of employment. The licensee shall ensure personnel records include:
  - (a) a health inventory;
  - (b) a TB skin test documentation;
  - (c) documentation of CPR and first aid training;
  - (d) documentation of core competency initial and annual training;
  - (e) documentation of criminal background screening;
  - (f) food handlers permits;
  - (g) the date of employment;
  - (h) the employee application;
  - (i) the reason for leaving; and
  - (i) the termination date.
  - (4) The licensee shall ensure a separate record for each resident is maintained at the facility that includes:
  - (a) the admission agreement;
  - (b) the name, address, and telephone number of:
  - (i) the individual to be notified if there is an accident or death; and
  - (ii) the person who administers and obtains medications if this person is not facility staff;
  - (c) the resident assessment;
  - (d) the resident service plan; and
  - (e) the resident's name, date of birth, and last address.
  - (5) The licensee shall keep resident records for at least three years following discharge.
- (6) [The licensee shall ensure compliance with Rule R380-600 for critical incident reporting and documentation.] For the licensee's internal incident report tracking, the licensee shall ensure any written incident and injury report is maintained for at least three years and documents any:
  - (a) elopement;
  - (b) fight or physical confrontation;
  - (c) injury;
  - (d) resident death;
    - (e) situation that require the use of passive physical restraint;
  - (f) suspected abuse or neglect; and
  - (g) other situation or circumstance affecting the health, safety, or well-being of any resident.

# **R432-270-21. Food Services.**

and

- (1) The licensee shall ensure:
- (a) a one-week supply of nonperishable food and a three-day supply of perishable food is maintained, as required to prepare the planned menus;
  - (b) each resident is provided three meals a day, seven days a week, plus snacks;
  - (c) food service complies with the following:
  - (i) food is of good quality and is prepared by methods that keep nutritive value, flavor, and appearance;
  - (ii) food is palatable, attractively served, and delivered to the resident at the appropriate temperature; and
- (iii) powdered milk may only be used as a beverage upon the resident's request but may be used in cooking and baking;
- (d) no more than a 14-hour interval occurs between the evening meal and breakfast, unless a nutritious snack is available in the evening.
  - (2) The licensee shall ensure adaptive eating equipment and utensils are provided for a resident as needed.
  - (3) The licensee shall ensure a different menu is planned and followed for each day of the week and that:
  - (a) a certified dietitian approves and signs any menu;
  - (b) a cycle menu covers a minimum of three weeks;
  - (c) any substitution to the menu that is served to a resident is recorded and retained for three months for review by OL;
    - (d) the current week's menu is posted for resident viewing.
- (4) The licensee shall ensure meals are served in a designated dining area suitable for that purpose or in resident rooms upon request by the resident.
  - (5) The licensee shall ensure each resident is encouraged to eat their meals in the dining room with other residents.
- (6) The licensee shall ensure any inspection report by the local health department is maintained at the facility for review by OL.
- (7) If a resident is admitted requiring a therapeutic or special diet, the licensee shall ensure there is an approved dietary manual for reference when preparing meals. The licensee shall ensure dietitian consultation is provided at least quarterly and documented for any resident requiring a therapeutic diet.

- (8)(a) The licensee shall ensure food service personnel are employed to meet the needs of each resident.
- (b) While on-duty in food service, the cook and other kitchen staff may not be assigned concurrent duties outside the food service area.
  - (c) The licensee shall ensure personnel who prepare or serve food have a current food handler's permit.
  - (9) The licensee shall ensure compliance with Rule R392-100, Food Service Sanitation.
- (10) If food service personnel also work in housekeeping or provide direct resident care, the licensee shall ensure employee hygiene and infection control measures are developed and implemented to maintain a safe, sanitary food service.

#### R432-270-22. Housekeeping Services.

- (1) The licensee shall hire and keep housekeeping staff to maintain both the exterior and interior of the facility.
- (2) The licensee shall designate a person to direct housekeeping services who shall:
- (a) ensure furniture, bedding, linens, and equipment are clean before use by another resident; and
- (b) post routine laundry, maintenance, and cleaning schedules for housekeeping staff.
- (3) The licensee shall ensure control odors by maintaining cleanliness.
- (4) The licensee shall provide a trash container in every occupied room.
- (5) The licensee shall ensure cleaning agents, bleaches, insecticides, or poisonous, dangerous, or flammable materials are stored in a locked area to prevent unauthorized access.
  - (6) The licensee shall ensure housekeeping personnel are trained regarding:
  - (a) cleaning procedures;
  - (b) preparing and using cleaning solutions;
  - (c) procedures for disposal of waste;
  - (d) proper handling of clean and soiled linen; and
  - (e) proper use of equipment.
  - (7) The licensee shall ensure bathtubs, shower stalls, or sinks are not used as storage places.
  - (8) The licensee may not use throw or scatter rugs that present a tripping hazard to a resident.

# R432-270-23. Laundry Services.

- (1) The licensee shall ensure:
- (a) at least one washing machine and one clothes dryer are available for resident use;
- (b) laundry services are provided to meet the need of each resident, including an adequate supply of linens; and
- (c) the resident's responsible person is informed in-writing of the facility's laundry policy for the resident's personal clothing.
  - (2) The licensee shall ensure food is not stored, prepared, or served in any laundry area.

# R432-270-24. Maintenance Services.

- (1) The licensee shall ensure maintenance, including preventive maintenance, is conducted according to a written schedule to ensure that the facility equipment, buildings, fixtures, spaces, and grounds are safe, clean, operable, in good repair, and in compliance with Rule R432-6.
  - (2) The licensee shall ensure:
- (a) an air filter installed in a heating, ventilation, or air conditioning system is inspected, cleaned, or replaced in accordance with manufacturer specifications;
- (b) each electrical system, including appliances, cords, equipment call lights, and switches are maintained to guarantee safe functioning;
- (c) each entrance, exit, step, and outside walkway is maintained in a safe condition and free of ice, snow, and other hazards; and
  - (d) fire-rated construction and assemblies are maintained in accordance with Rule R710-3.
- (3) The licensee shall ensure that a pest control program is conducted in the facility buildings and on the grounds by a licensed pest control contractor or a qualified employee, certified in Utah, to ensure the absence of vermin and rodents.
  - (4) The licensee shall document any maintenance work or pest control that is performed.
- (5)(a) The licensee shall ensure that hot water temperature controls automatically regulate temperatures of hot water delivered to any plumbing fixture used by a resident.
- (b) The licensee shall ensure hot water delivered to public and resident care areas is maintained at temperatures between 105 and 120 degrees Fahrenheit.

# R432-270-25. Disaster and Emergency Preparedness.

- (1) The licensee is responsible for the safety and well-being of each resident during an emergency or disaster.
- (2)(a) The licensee and the administrator are responsible for developing an emergency and disaster response plan to respond to potential emergencies and disasters.
- (b) The emergency and disaster response plan shall outline the protection or evacuation plan for each resident, including arrangements for staff response, or providing additional staff, to ensure the safety of any resident with a physical or mental limitation.

- (3) The licensee shall ensure that the facility's emergency and disaster response plan is in-writing and distributed or made available to facility staff and each resident to ensure prompt and efficient implementation.
  - (4) An emergency and disaster includes:
  - (a) a bomb threat;
  - (b) a fire;
  - (c) a missing resident;
  - (d) a mass casualty;
  - (e) an earthquake;
  - (f) a windstorm;
  - (g) an epidemic;
  - (h) an explosion;
  - (i) an interruption of public utilities;
  - (j) severe weather; and
  - (k) the death of a resident.
- (5) The licensee and the administrator shall review and update the plan as necessary to conform with local emergency plans. The licensee shall ensure the plan is available for review by OL.
  - (6) The licensee shall ensure the emergency and disaster response plan addresses the following:
  - (a) assignment of personnel to specific tasks during an emergency;
  - (b) delivery of essential care and services if additional persons are housed in the facility during an emergency;
  - (c) delivery of essential care and services to facility occupants by alternate means;
  - (d) delivery of essential care and services to facility occupants if personnel are reduced by an emergency;
  - (e) instructions on how to contain a fire and how to use the facility alarm systems;
- (f) instructions on how to recruit additional help, supplies, and equipment to meet each resident's needs after an emergency or disaster;
- (g) the procedure to evacuate and transport each resident and staff to a safe place within the facility or to other prearranged locations;
- (h) the names and telephone numbers of emergency medical personnel, fire department, paramedics, ambulance service, police, and other appropriate agencies;
  - (i) the names of the person in charge and persons with decision-making authority; and
  - (i) the names of persons who shall be notified in an emergency in order of priority.
  - (7)(a) The licensee shall maintain safe ambient air temperatures within the facility.
- (b) The person in charge shall take immediate action in the best interests of each resident to mitigate imminent danger to resident health and safety when the ambient air temperatures reach 58 degrees Fahrenheit or below.
- (c) The licensee shall have, and be able to implement, any contingency plan regarding excessively high ambient air temperatures within the facility that may exacerbate the medical condition of a resident.
- (8)(a) The licensee shall provide each personnel and resident with instruction and training per the plans regarding how to respond appropriately in an emergency.
  - (b) The licensee shall:
- (i) annually review the procedures with each existing staff and resident and carry out unannounced drills using those procedures;
  - (ii) hold simulated disaster drills semi-annually;
  - (iii) hold simulated fire drills quarterly on each shift for each staff and resident in accordance with Rule R710-3; and
  - (iv) document drills, including:
  - (A) the date;
  - (B) a list of participants;
  - (C) any problems encountered; and
  - (D) the ability of each resident to evacuate.
  - (9)(a) The licensee shall ensure that the administrator is in charge during an emergency.
- (b) If the administrator is not on-site, the administrator shall make every effort to report to the facility, relieve subordinates, and take charge.
  - (10) The licensee shall provide in-house equipment and supplies required in an emergency that includes:
  - (a) a first aid kit;
  - (b) an emergency radio;
  - (c) emergency lighting;
  - (d) extra blankets;
  - (e) food;
  - (f) heating equipment; and
  - (g) potable water.
  - (11) The licensee shall ensure the following information is posted in public locations throughout the facility:
  - (a) evacuation routes, location of fire alarm boxes, and fire extinguishers; and
- (b) the name of the person in charge and names and telephone numbers of emergency medical personnel, agencies, and appropriate communication and emergency transport systems.

#### R432-270-26. First Aid.

- (1) The licensee shall ensure that there is always one staff person on-duty who has:
- (a) CPR;
- (b) training in basic first aid;
- (c) training in emergency procedures to ensure each resident receives prompt first aid as needed; and
- (d) training in the Heimlich maneuver.
- (2) The licensee shall ensure there is a:
- (a) current edition of a basic first aid manual approved by the American Red Cross, the American Medical Association, or a state or federal health agency;
  - (b) clean-up kit for bloodborne pathogens; and
  - (c) first aid kit available at a specified location in the facility.

#### R432-270-27, Pets.

- (1) The licensee may allow a resident to keep household pets such as dogs, cats, birds, fish, and hamsters if permitted by local ordinance and by facility policy.
  - (2) The licensee shall ensure any pet is kept clean and disease-free.
  - (3) The licensee shall ensure any pet's environment is kept clean.
  - (4) The licensee shall ensure any small pet, such as a bird or hamster, is kept in an appropriate enclosure.
  - (5) The licensee may not permit a pet that displays aggressive behavior in the facility.
  - (6) The licensee shall ensure that any pet that is kept at the facility or is a frequent visitor has current vaccinations.
  - (7) Upon approval of the administrator, a family member may bring a resident's pets to visit.
- (8) Each licensee that permits birds shall have procedures that prevent the transmission of psittacosis. The licensee shall ensure that procedures involve the minimum handling and placing of droppings into a closed plastic bag for disposal.
- (9) The licensee may not permit pets in central food preparation, storage, or dining areas, or in any area where their presence would create a significant health or safety risk to others.

## R432-270-28. Respite Services.

- (1) Assisted living licensees may offer respite services and are not required to obtain any additional license from the OL.
- (2) The purpose of respite is to provide intermittent, time-limited care to give primary caretakers relief from the demands of caring for a person. Respite services may also be provided for emergency shelter placement of vulnerable adults requiring protection by Adult Protective Services.
- (3) The licensee may provide respite services at an hourly rate or daily rate, but may not exceed 14 days for any single respite stay. Stays that exceed 14 days shall be considered a non-respite assisted living facility admission.
- (4) The licensee shall coordinate the delivery of respite services with the recipient of services, case manager, if one exists, and the family member or primary caretaker.
- (5) The licensee shall ensure the person's response to the respite placement is documented and coordinated with each provider agency to ensure an uninterrupted service delivery program.
- (6) The licensee shall ensure a service agreement is completed to serve as the plan of care. The licensee shall ensure the service agreement identifies the prescribed medications, physician treatment orders, need for assistance for ADLs and diet orders.
  - (7)(a) The licensee must ensure written policies and procedures are approved by OL before providing respite care.
  - (b) The licensee shall make policies and procedures available to staff regarding resident respite care that include:
  - (i) behavior management interventions;
  - (ii) handling personal funds;
  - (iii) medication administration;
  - (iv) notification of responsible person during an emergency;
  - (v) philosophy of respite services;
  - (vi) post-service summary;
  - (vii) service agreement and admission criteria; and
  - (viii) training requirements for employees.
- (8) The licensee shall provide a copy of the resident rights document upon admission to a person receiving respite services.
  - (9) The licensee shall ensure a record for each person receiving respite services is maintained that includes any:
  - (a) accident and injury reports;
  - (b) a post-service summary;
  - (c) a service agreement;
  - (d) demographic information and resident identification data;
  - (e) nursing notes;
  - (f) physician treatment orders; and
  - (g) records made by staff regarding daily care of the person receiving the respite service.

(10) If a person has an advanced directive, the licensee shall ensure a copy is maintained in the respite record and inform staff of the advanced directive.

# R432-270-29. Adult Day Care Services.

- (1)(a) An assisted living facility licensee may offer adult day care services and are not required to obtain a separate license from OL.
  - (b) If the licensee provides adult day care services, the licensee shall submit policies and procedures for OL approval.
- (2) The licensee shall ensure that a qualified director is designated by the governing board to be responsible for the day-to-day program operation.
- (3)(a) The licensee shall ensure that the director has written records on-site for each resident and staff person that include demographic information and an emergency contact, including a name, address, and telephone number.
  - (b) The licensee shall ensure resident health records, include a:
  - (i) current health assessment signed by a licensed practitioner;
  - (ii) level of care assessment;
  - (iii) record of medication, including dosage and administration; and
  - (iv) signed resident agreement and service plan.
  - (c) The licensee shall ensure the employment file for each staff person includes a:
  - ([a]i) background check consent and release form;
  - ([b]ii) description of health history;
  - ([e]iii) verification of orientation completion; and
  - ([d]iv) verification of training requirements.
  - (4) The licensee shall ensure there is a written eligibility, admission, and discharge policy to include the:
  - (a) intake process;
  - (b) notification of responsible person;
  - (c) reasons for admission refusal that includes a written, signed statement;
  - (d) reasons for discharge or dismissal; and
  - (e) resident rights notification.
- (5) The licensee shall ensure a written assessment is completed before a resident is admitted to evaluate the resident's current health and medical history, immunization status, legal status, and any social and psychological factors.
- (6) The licensee shall ensure that the director or designee, resident, and resident's responsible person develop, complete, and sign a written resident agreement that includes the:
  - (a) arrangements regarding:
  - (i) absenteeism;
  - (ii) gifts;
  - (iii) mail;
  - (iv) telephone calls;
  - (v) vacations; and
  - (vi) visitation.
  - (b) rules of the program; and
  - (c) services to be provided and cost of each service, including refund policy.
  - (7)(a) The director, or designee, shall develop, implement, and review the individual resident service plan.
  - (b) The licensee shall ensure the resident service plan:
  - (i) includes the specification of daily activities and services;
  - (ii) is developed within three working days of admission; and
  - (iii) is evaluated semi-annually.
- (8) The licensee shall document and report each critical incident in accordance with Rule R380 600.
- ] ([9] $\underline{8}$ ) The licensee shall ensure that the director and responsible person reviews each injury report and ensures that each report is kept on file.
  - ([10]9) The licensee shall ensure a daily activity schedule is provided, posted, and implemented as designed.
  - (1[4]0) The licensee shall ensure each resident is always directly supervised and encouraged to participate in activities.
- (1[2]1)(a) The licensee shall ensure a minimum of 50 square feet of indoor floor space is provided per resident designated for adult day care during program operational hours.
- (b) The licensee may not include any hallway, office, storage, kitchen, or bathroom in the 50 square foot floor space calculation
  - (c) The licensee shall ensure indoor and outdoor areas are maintained in a clean, secure, and safe condition.
  - (d) The licensee shall ensure at least one bathroom designated for resident use is provided during business hours.
- (e) The licensee serving more than ten residents shall ensure there are separate male and female bathrooms designated for resident use.
  - (1[3]2) The licensee shall ensure;
- (a) a ratio of one staff for every six residents is maintained when one-half or more of the residents are diagnosed by a physician's assessment with Alzheimer's, or related dementia;
  - (b) a staff to resident ratio of one staff for every eight residents is maintained; and

(c) continual staff supervision is provided when a resident is present.

# R432-270-30. Penalties.

Any person who violates this rule may be subject to the penalties in Rule R380-600 and Title 26B, Chapter 2, Part 7, Penalties and Investigations.

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