

MINUTES
CONTROLLED SUBSTANCES ADVISORY COMMITTEE MEETING
August 20, 2024 | 4 P.M.
Room 474, 4th Floor
160 E 300 S Salt Lake City UT

CONVENED: 4:09 P.M.

ADJOURNED: 4:44 P.M.

DOPL STAFF PRESENT:

Bureau Manager: Lisa Martin
Bureau Manager: Jim Garfield
Board Secretary: Tina Marshall
CSD Policy Manager: Connie Kitchens

CSD Administrator: Jeff Henrie
Legal Analyst: Kirsten Shumaway

COMMITTEE MEMBERS PRESENT:

Julie P. Balk, DNP, APRN
Christopher Sheard, Pharm D
Amberly Johnson, Pharm D
Ruediger Tillmann, DDS

Jennifer McNair, BS
Jimmy Higgs

COMMITTEE MEMBERS NOT PRESENT:

Erik D. Christensen, MD
Craig William Davis, MD
Chair: Yoon Kim-Butterfield, MD
Marc Mathis, JD

Erica Baiden, MD
Kate Miyagi, ND
Katherine Carlson, MD
Maury Giles, Public Member

GUESTS ATTENDED ELECTRONICALLY:

Kelly Whittle-Utah Bureau of Forensic Services
Paul Cutler-Utah Legislator Representative
Note: Others may have attended, but were not identified.

ADMINISTRATIVE BUSINESS:

CALL MEETING TO ORDER

Ms. Martin called the meeting to order at 4:08 P.M.

APPROVE April 16, 2024, MEETING MINUTES (Audio 03:45)

The April 16, 2024 meeting minutes were not voted on due to the lack of a quorum. The vote has been postponed to the next scheduled meeting.

STAFF CHANGES (Audio 03:56)

Lisa Martin is no longer Bureau Manager. Jim Garfield is taking over as Bureau Manager and Tina Marshall as Board Secretary.

DISCUSSION ITEMS:

Legislative Recommendation Letter (Audio 04:45)

Jennifer McNair asked that bromazolam be added to the letter for further study, as it is coming up more often at the State Crime Lab.

Dr. Sheard asked that xylazine also be added as it is being seen more frequently.

Julie Balk recommended that there be a follow up on gabapentin and what has happened since it has become scheduled.

Tianeptine (Audio 12:00)

DOPL received an email request asking if there was an interest of the committee to look into tianeptine.

Amberly Johnson stated that this is a current hot topic at the Utah Poison Control Center. There have been several cases, one being severe.

Jennifer McNair stated that the State Crime Lab has seen a couple of cases but as tianeptine is not a controlled substance, it is not being screened for. The committee recommended tianeptine be added to the Legislative letter as a substance to watch.

Representative Paul Cutler expressed concerns that he has received through constituents about tianeptine and phenibut. Representative Cutler asked for any advice that the committee could provide.

REPORTS:

Law Enforcement – Jimmy Higgs (Audio 21:43)

Fentanyl continues to be the largest issue. Larger and more frequent seizures of fentanyl are being seen.

State Crime Lab – Jennifer McNair (Audio 22:47)

Fentanyl is the number one identified substance. It is up 33% of substances identified so far this year. Heroin has dropped from 3rd to 6th of identified substances. Ketamine is about 18th on the list of substances identified. Ketamine is mostly being seen in its white powder or white crystal form.

Utah Poison Control – Amberly Johnson (Audio 24:26)

Utah Poison Control continues to see an increase of nonprescription fentanyl. In 2024, there have been 103 cases, mostly found in 30 to 39-year-old. There has been at least one death, with most cases being moderate or severe.

Medical Examiner – Erik Christensen (Audio 27:25)

No update.

Health Department & Hospitals (Audio 27:32)

There is no one from the Health Department to give an update.

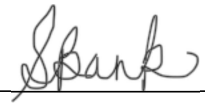
CSD – Jeff Henrie (Audio 27:36)

There seems to be a decrease in gabapentin being prescribed. The changes given are for the top 10 prescribers. Of the top ten prescribers, in quarter one prescriptions ranged from 770 to 332. In quarter two prescriptions ranged from 540 to 275. The changes in prescriptions given are rough estimates.

NEXT SCHEDULED MEETING: September 18, 2024

ADJOURNED: Meeting adjourned at 4:44 P.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

(ss) 

Chairperson
Controlled Substances Advisory Committee

04/16/2025

Date

(ss) 

Bureau Manager

04/18/2025

Date