

MINUTES
CONTROLLED SUBSTANCES ADVISORY COMMITTEE MEETING
April 16, 2024 | 4 P.M.
Room 474, 4th Floor
160 E 300 S Salt Lake City UT
Electronic Only

CONVENED: 4:09 P.M.

ADJOURNED: 4:44 P.M.

DOPL STAFF PRESENT:

Bureau Manager: Lisa Martin
CSD Policy Manager: Connie Kitchens

CSD Administrator: Jeff Henrie
Pharmacy Specialist: Jim Garfield

COMMITTEE MEMBERS PRESENT:

Chair: Yoon Kim-Butterfield, MD
Julie P. Balk, DNP, APRN
Christopher Sheard, Pharm D
Amberly Johnson, Pharm D
Ruediger Tillmann, DDS
Marc Mathis, JD

Jennifer McNair, BS
Kate Miyagi, ND
Jimmy Higgs
Maury Giles, Public Member
Katherine Carlson, MD

COMMITTEE MEMBERS NOT PRESENT:

Erik D. Christensen, MD
Craig William Davis, MD

Erica Baiden, MD

GUESTS ATTENDED ELECTRONICALLY:

Kelly Whittle-Utah Bureau of Forensic Services
Taylor Stevens

Note: Others may have attended, but were not identified.

ADMINISTRATIVE BUSINESS:

CALL MEETING TO ORDER

Ms. Martin called the meeting to order at 4:09 P.M.

APPROVE SEPTEMBER 12, 2023, MEETING MINUTES (Audio 00:04)

Dr. Sheard made a motion to approve the minutes with stated revisions.

Dr. Carlson seconded the motion.

The Committee motion passed unanimously.

APPROVE OCTOBER 16, 2023, MEETING MINUTES (Audio 00:07)

Dr. Carlson made a motion to approve the minutes as written.

Dr. Sheard seconded the motion.

The Committee motion passed unanimously.

DISCUSSION ITEMS:

HB 260 (Audio 00:08)

Ms. Martin stated HB 260 schedules gabapentin as a schedule V controlled substance. Ms. Martin stated the bill passed with an effective date of May 1, 2024. Ms. Martin stated the Division has added an information sheet to the prescribing and dispensing professional's pages of the Division's website additionally the Division sent an email to all licensed prescribers and dispensers.

Dr. Sheard asked if a prescription for gabapentin was written prior to the effective date and the provider doesn't have the DEA license; is the prescription valid.

Mr. Henrie stated that is one of the questions on the handout and prescriptions written before the effective date should be honored.

KETAMINE (Audio 00:13)

Ms. Martin stated this topic was requested as a question if the committee should discuss ketamine moving forward.

Dr. Carlson stated a curiosity about it and suggested any input from the committee about where the knowledge is at this time.

Mr. Henrie asked what schedule ketamine is.

Dr. Kitchens said ketamine is a schedule III.

Mr. Henrie stated he would run a report in preparation for the next meeting.

Dr. Balk ask if the report can tell if it is individual prescriptions or facilities purchasing.

Mr. Henrie stated he would look into the options with the report. Mr. Henrie stated facilities should not run the information through the CSD if it is a transfer to a facility as it is a different inventory process.

Ms. McNair stated the crime lab would provide a report at the next meeting as well.

Dr. Johnson stated the poison center has seen an increase of ketamine cases; the majority of products are compounded products. Dr. Johnson stated she would provide a report at the next meeting as well.

Ms. Martin stated this topic will be included on the next agenda.

REPORTS:

Law Enforcement – Jimmy Higgs (Audio 00:22)

Mr. Higgs stated fentanyl continues to be an issue. Mr. Higgs stated there is a new purple fentanyl powder seen recently.

State Crime Lab – Jennifer McNair (Audio 00:25)

Ms. McNair reviewed the 2023 top ten substances most frequently analyzed at the crime lab. Ms. McNair stated fentanyl is the number one substance for the first time surpassing methamphetamine.

Utah Poison Control – Amberly Johnson (Audio 00:30)

Dr. Johnson stated that in 2023 they saw 173 reported fentanyl cases; almost all of them had to do with abuse or misuse of the product. Dr. Johnson stated that in 2023 there were 2,434 abuse/misuse exposures. Dr. Johnson stated that in 2020, there were 10 ketamine cases, by 2023, there were 18 cased, and so far in 2024 there have been 14 cased reported.

Medical Examiner – Erik Christensen

The item was tabled for the next meeting.

Health Department & Hospitals

The item was tabled for the next meeting

CSD – Jeff Henrie

Mr. Henrie stated other than what has already been discussed there are no updates for the controlled substance database at this time.

NEXT SCHEDULED MEETING: August 20, 2024.

ADJOURNED: Meeting adjourned at 4:44 P.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

(ss)


Chairperson

Controlled Substances Advisory Committee

04/16/2025

Date

(ss)


Bureau Manager

04/18/2025

Date