

**Utah Behavioral Health
Planning and Advisory Council
Preliminary Meeting Minutes**

September 29th, 2014 1:00-3:00 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Lori Cerar, Brandee Casias, Christina Zidow, Eric Roux, Karen Ford, Kimball Gardner, Liz Lovell, Mary Jo McMillen, Michelle Vance, Mike Hoglund, Richard Johnston, Sam Vincent, Robyn Emery, Ruth Wilson, Valerie Fritz and Laura Henrie

DSAMH STAFF: Doug Thomas, Brent Kelsey, LeAnne Huff, Lola Davis-Werner, Robert Snarr, Cindy Lopez, Carmen Lloyd and Susan Hardinger

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson

Lori read the UBHPAC mission statement. Lori announced the Division has a new adult mental health Program Administrator. Doug Thomas introduced Pamela Bennett. She is from Tooele. She has a PhD in genetics but has chosen a different of work as an LCSW.

2. Review and requested approval of August 25th Minutes- Lori Cerar, UBHPAC Chairperson

Kimball Gardner made the motion to approve the August 25 meeting minutes as written, Sam Vincent seconded the motion and all were in favor.

3. Youth MOVE Utah Update – Michelle Vance

Michelle announced that they are collecting art exhibits which will be at the Rio Grande open house in December. She will distribute flyers with more information at the October UBHPAC meeting.

Lori Cerar mentioned that youth art is very powerful, this is always a great event and we look forward to it.

4. Medicaid Update – Karen Ford

Nothing to report

5. DSAMH Announcements-brief reports

• **DSAMH Leadership—**

Brent Kelsey reported that we just returned from the Fall Substance Abuse Conference in St. George. There were 980 individuals registered. All went well. This conference is statutorily required; training to the public. Block Grant money is used to fund this. There were scholarships provided to this Council for those wishing to attend.

Doug Thomas reported that we testified with the Department of Health for the need for Medicaid expansion. We discussed the high rate of substance dependence in the criminal justice system. We provided numbers; 74% in the current public system (substance abuse and mental health) are below 100% of poverty level. We also provided testimony to the Social Services Appropriation Committee. We talked to them about the 6.4 million, one-time money they appropriated for the Medicaid match. The 6.4 has not kept up with the growth. We met with CCJJ and the commission on the criminal justice reform. We have been meeting every two weeks. The subcommittee we have been working on is supervision and treatment

and what needs to be done to be successful and not recidivate. We will be making recommendations to the whole group, the Governor and the Legislature.

Brent Kelsey said that one of the speakers they brought in for the Fall SA Conference was Tom McClellan from ONDCP who is a researcher on the addiction side, who lost one son to a Heroin overdose and the other son is in recovery. He is retired however; he is involved in all sorts of projects across the country. He had his research team in Philadelphia identify 64 elements of effective juvenile substance abuse treatment programs. He has taken that information and partnered with Consumer Reports. They are using the information to evaluate treatment programs with the same methodology as Consumer Reports use to evaluate any other consumer products. He is scoring programs available to the public. He is doing this for two reasons; People need to know who is providing effective treatment and by making this information public pressure is put on others to raise the bar. A market driven approach will improve care throughout the state.

The next five years are about quality and what we do to improve quality. We have to protect people from providers who may do doing harm. That is why we have an Office of Licensing, and have people go out and do reviews. Another thing this does is insures accountability. With the Medicaid exchanges, we need to develop a process to know if the money is being spent effectively.

We pulled together a small group the day before the SA Conference of courts, treatment providers, judges, and others to discuss this issue. We began to explore how to move this forward. This levels the playing field. Brent referred to Valerie Fritz, House of Hope, stating she runs an effective treatment program and it takes a lot of money. If there is a treatment program across town that doesn't meet anyone's standards and undercuts the better treatment that is not fair.

We are moving forward with this. Tom has given us an initial cost.

Brent also reported that DWS TANF program had money left in their budget. The Division promoted providers to put in for the money. Funds were received by Salt Lake, Weber, Davis, Southwest and Four Corners and will be used to provide addiction treatment services.

Doug Thomas reported that we have been awarded some grants to fund some programs. These are 3-5 year grant which Robert Snarr, Ming Wang and Jeremy Christensen wrote. They should be commended for their work in obtaining these grants. We were awarded the Supported Employment Grant. We are hiring someone to oversee that. That will expand. We also received a Homeless Grant similar to the PATH Grant. This is for individuals who have chronic homelessness due to either mental illness or substance use disorder. This grant is for Utah, Davis, Salt Lake and Weber counties. Some of the grant will go to housing and some will go to individuals. These funds are for adults.

A Transition Youth Grant will go to the four corners area; Emery, Grand, Carbon, Daggett, Duchesne and Uinta Counties.

The RFP for CPS Training is open for two years. The U of U was approved. The RFP stated the training could cost no more than \$500 per person. Trainings will be every Saturday. The number of attendees at the training is capped at 30. As of last week there were 24 signed up for the first class this Saturday. We only had a 2 week lead time so have had to scramble to put this together. In the beginning the Division funded the program at \$120,000. We encouraged employers to pay for or supplement the training cost. A person could apply for funding from Workforce Services or Vocational Rehabilitation. We would like to set a calendar of trainings for one year. Lori said that the FRF trainings are held quarterly.

6. State Plan Discussion – Review goals and objective

Last meeting we discussed the state plan. We would like more input upfront. We need to know what is in the existing plan before determining what to put in next year's plan. LeAnne Huff sent Lori Cerar the plan electronically. Lori copied the important pages of what she felt would be of interest to the Council, distributed them at this meeting, and asked that we take them home, study the materials and prepare to discuss it next month (October). The State Plan lists what the priorities are. We can give input to the Division and the Block Grant writers what we would like to see to improved next time.

Subcommittees were discussed. The bylaws list the subcommittees as; Advocacy, Membership, Executive, Budge and Block Grant.

Brent Kelsey likes the idea of subcommittees. We should look at the current subcommittees and see if any changes should be made to meet the council's goals.

It was suggested to alternate months; one month meet in subcommittees and the next meet all together as the whole Council.

Michelle Vance feels the Council should start on time, be on point and continue the meeting until finished with the business, not just a set time. One concern is if the subcommittees use time to report would there be time for agenda items/regular business to discuss. She feels consistency in meetings is good.

Valerie Fritz made the motion to continue to meet monthly as a Council and for the subcommittees to meet in addition whether it is later or another day and report to the Council. She is willing to invest her time.

Lori Cerar said one of the Council's concerns has been how to get statewide representation. We are hoping that through the Stipend Policy we can get more consumers to participate on the Council. Brandee Casias said that food seems to bring consumers together. She suggested we try having food at the meeting.

Kimball Gardner made the motion to defer Valerie's motion until the upcoming meeting with Charlie Smith, and then the Council can make a decision based on the experience and advices on what he has seen work and not work.

Charlie Smith, the Regional Representative from SAMHSA is scheduled to come to Utah and talk to our Executive Subcommittee as to what other states are doing in their planning council meetings. He is over Utah and six other states. We will look at what suggested structural changes might be needed for our Council. Also find out what others states are doing in their Councils. **An invitation was made to all who would like to attend on October 6 from 10 am – 2:00 pm in room 2082, MASOB, 195 N 1950 W, SLC.** Recommendations from this meeting will be sent out to the Council prior to the next meeting.

Mary Jo McMillen asks how to get people on board, keep coming and become engaged in the efforts. Sam Vincent said we need to let people know our Council has a purpose and ways to reach goals. We can fill gaps. We are the "vehicle" to make change happen.

Doug Thomas said that this Council is a functioning group that affects change. When people know all this, they will want to be a part of it. It is important to tie numbers and data.

Lori Cerar would like to see an open meeting a couple of times a year where anyone can attend and talk of their experiences which could guide us to where our priorities should be.

7. State Stipend Policy Review and Recommendation

Lori Cerar stated that the current stipend for attending UBHPAC for those who are not paid to attend is \$25 per meeting. The stipend policy and application form can be found on the Division website at dsamh.utah.gov

click BEHAVIORAL HEALTH PLANNING AND ADVISORY COUNCIL
INITIATIVES

INFORMATION AND FORMS

Stipend Policy

Form S – Stipend Payment Request

Lori asked for a volunteer to work on writing a proposal for a stipend policy to allow more money to cover costs of travel to attend the UBHPAC meetings. We would ask for Block Grant dollars to help fund this. We would submit this request to the Division. Lori would like more clarification on how many can attend, caps if any, etc.

Doug Thomas said that he has not received any request for a stipend so far, although there has been a policy has been in effect. Applications have been brought to this meeting in the past. We will have them available at each Council meeting. They can also be downloaded from the above website.

8. Consumer, Public and Council Member Comment

- Organization updates

NAMI's 9th State Conference will be held Friday, November 14th, at the Sheraton Hotel and Convention Center (150 West 500 South, Salt Lake City, UT 84101). Registration starts at 8:00 am. The Conference's program: 8:30 am to 4:30 pm.

The Sheraton Hotel provided a number of rooms at discounted rate. When you call to reserve your room, please mention you are attending the NAMI conference. (801) 401-2000

ALLIES WITH FAMILIES first ever fundraiser Saturday, **October 18**, 5:30 pm – 7:30 pm
At Jump Around Utah 1519 S 700 W SLC **“KIDS BOUNCE BACK”**. Admission: \$5 per child or \$20 per family. Food and drinks for purchase and a raffle.

Valerie Fritz, **House of Hope** met with Karen Ford and Brent Kelsey regarding funding treatment for children of mothers in their program. They are waiting to hear back on what other states are doing to get funds.

Valerie also expressed her concern for adult women who have no housing options when leaving House of Hope and have to live in a shelter. Doug Thomas said Robert is on the State Homeless Coordinating Council. He has a large amount of knowledge in this area. Robert Snarr said he would be glad to help and will meet with Valerie after this meeting.

9. Comments

Tomorrow is the Governor's Health Summit. He may announce his plan.

Next Meeting: Monday, October 27th

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lori@allieswithfamilies.org no later than Monday morning at 10:00 am
2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.