



DEC 2024
COMMUNITY WELLNESS



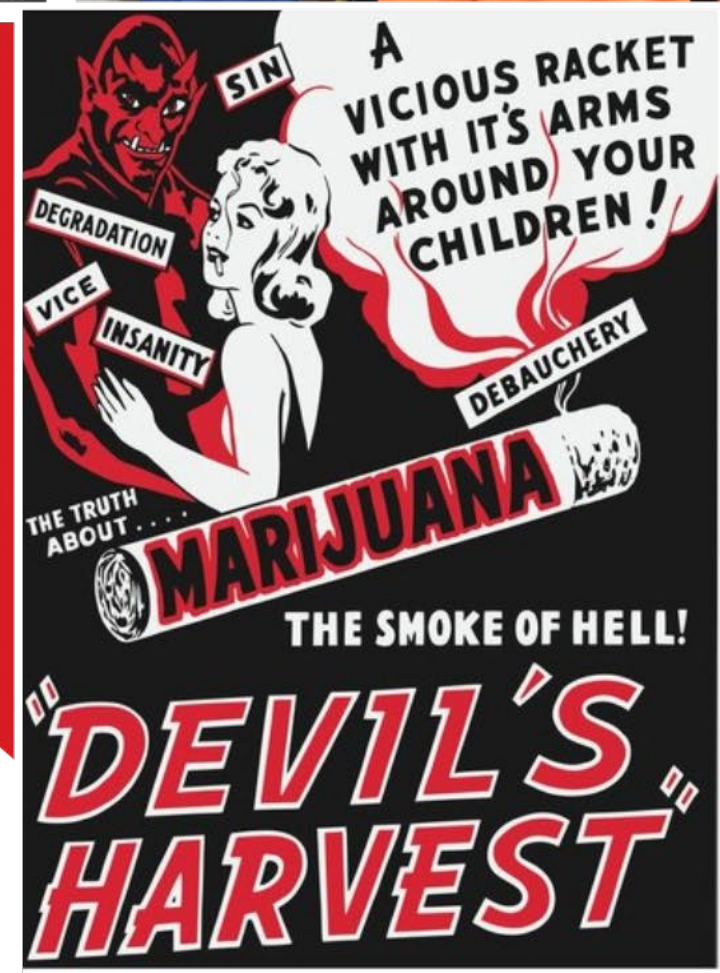
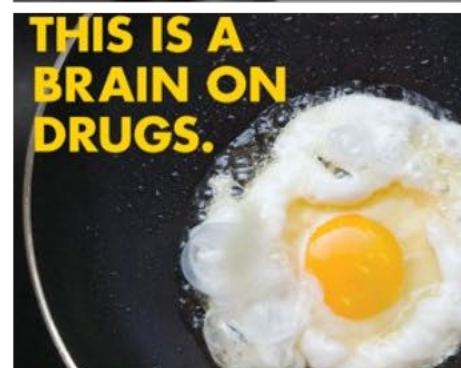
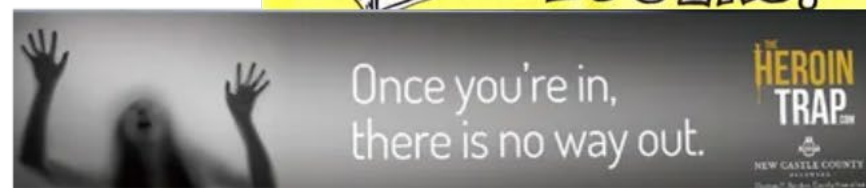
INTRODUCTION - JESSICA MAXWELL



What kind of people do we want in our communities?

Have you ever been asked to do something without clear instructions or vision?

D.A.R.E.



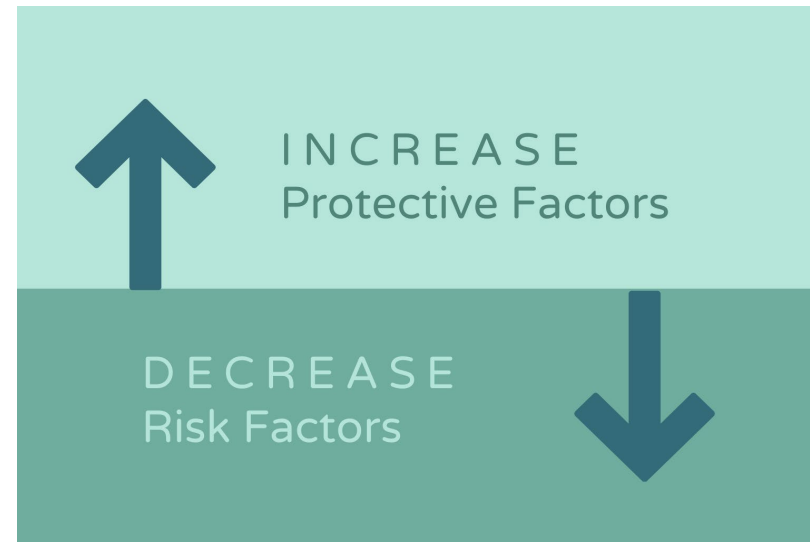


COMMUNITY WELLNESS, OUR EFFECTIVE APPROACH



Prevention Science:

- Risk and Protective Factors
- Social Development Strategy
- SHARP DATA to dictate priorities





SPRINGVILLE YOUTH SHARP SURVEY



Lifetime Alcohol Use

- SHS 16.4%
- State 11.2%



Marijuana 30 Day Use

- SHS 9.2%
- State 4.3%



Lifetime Prescription Narcotic Abuse

- SHS 3.1%
- State 0.8%



Worried about suicide of a friend or peer

- SHS 65.4%
- State 53.7%



Moderate depressive symptoms

- SHS 71.4%
- State 66.8%



Contemplated Suicide

- SHS 19.1%
- State 17.6%



WELLNESS PROGRAMS AND INITIATIVES

Current Initiatives:

- Mayor Youth Awards
- Drug Take Back Days

Initiatives coming soon:

- Parenting Classes
- Teen Resources
- One Kind Act- Kindness Week
- Suicide Prevention Trainings
- Suicide Post-vention Plan

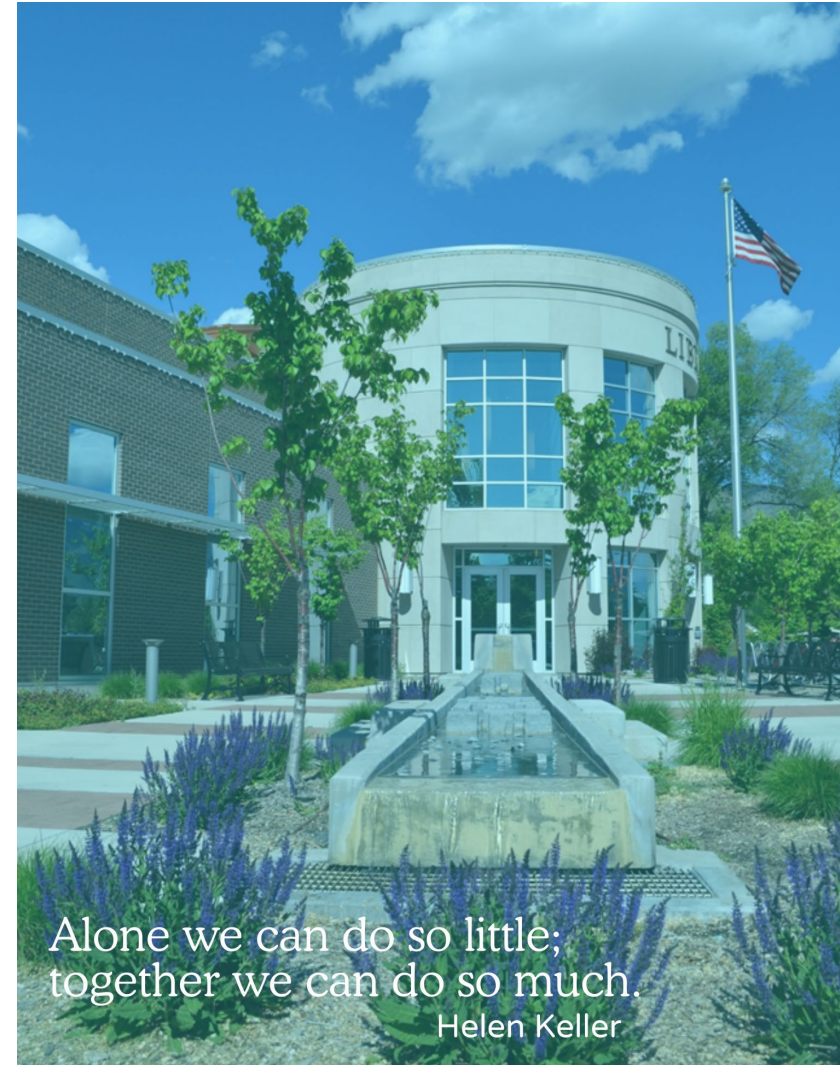




MULTIPLYING OUR EFFORTS WITH PARTNERS

Springville Cares Coalition

- Community Leader Dinner
- Schools
- Law Enforcement
- Youth, Parents, Families
- Healthcare
- Media
- City Departments



Alone we can do so little;
together we can do so much.
Helen Keller



THINKING AHEAD

Possible Future Initiatives:

- Peer mentor group
- Family Connection Events
- Adulting 101
- Teen mental health group
- Parent's Empowered CPP

