



**Utah Schools for the Deaf and the Blind
Health Instruction Committee
2024-2025 Material Submitted for Approval**

Health Instruction

Secondary State Approved

- I. [Middle School Essential Health](#) *
- II. [High School Essential Health](#) *
- III. [State Core Guide Health I Human Development](#) *
- IV. [State Skill Based Guide Health I Human Development](#) *
- V. [State Core Guide Health II Human Development](#) *
- VI. [State Skill Based Guide Health II Human Development](#) *
- VII. [Health Education - A Teacher's Guide to Answer Questions Commonly Asked About Sex Education](#) *

Videos ~No ASL~: (To Be Approved)

- I. [2 Minutes will change the way you think about Consent](#) (found on another LEA-approved material)
- II. [Tea Consent Video](#) (Standard HII.HD.9b from previous Health II Guide)
- III. [Life in the Womb](#) (9 months in 4 minutes) (Standard HII.HD.4 from previous Health I Guide)
- IV. [Birth to Conception - Visualized](#) (Standard HII.HD.3 from previous Health II Guide)
- V. [Menstruation](#) (video at the bottom of this webpage)

PDFs - information taken from websites recommended for teachers from the previous health guides. Teachers asked that this material be considered because they are more visual **(To Be Approved)**

- I. [Female Reproductive System PDF](#)
- II. [Male Reproductive System PDF](#)
- III. [PDFs](#) taken from the Kids Health website

Guest Speakers (To Be Approved)

- I. Sego Lily: [slide presentations](#)
 - A. Videos used in "Social Media EDTS 2025" slides:
 1. 7: https://youtu.be/YHsxXMeD_AE
 2. 15: <https://www.youtube.com/watch?v=qab7Lw1uvlw>
 3. 21: https://youtu.be/Nb1zAY_cc8o

4. 29: <https://youtu.be/d5b1XZAkTIk>
5. 35: <https://youtu.be/KQZ9hDDz704?si=GTt0LrqOvWyFzo8I>
6. 39: <https://youtu.be/LnQ1MdP-Qxc>

Maturation Instruction (To Be Approved)

**Revised after feedback from the Advisory Council and USDB Standing Committee*

- I. [Maturation for Girls](#)
- II. [Maturation for Boys](#)
- III. Maturation Videos
 - A. [Girls](#)
 - B. [Boys](#)
- IV. Books
 - A. ["The Care and Keeping of You"](#)
 - B. ["Guy Stuff, The Body Book for Boys"](#)

*State-approved resource. Visit <https://usbe.midaseducation.com/rims> to see the complete list of approved materials by the Utah State Board of Education.

Recommended Removal by Advisory Council due to creation by Planned Parenthood:

Only ASL Videos about this topic that complies with State Guidelines:

- [Five Friends](#)
- [How You Get Pregnant](#)

Previous State Health Guides:

[State Core Guide Health I Human Development.pdf](#)
[State Core Guide Health II Human Development.pdf](#)

Concerns from the Committee:

Not enough videos that are accessible

- Content (Direct and Clear)
- ASL (Appropriate signs)

Videos for parents to learn the signs