

**MINUTES**  
**DISTRICT V**  
**AGING & NUTRITION SERVICES ADVISORY COUNCIL**  
**JULY 22, 2014**  
**ESCALANTE, UTAH**

**MEMBERS IN ATTENDANCE**

Carma Sly  
Sharon Griffiths  
March Schaidt  
Art Cooper (Chair)  
Clem Griffin  
Joyce Griffin  
Lael Chynoweth  
Arlen Grimshaw  
Earl Paddock  
Doug Maxwell  
Ila Mae Swapp  
Tamara Atkinson  
Kaye Reese

**REPRESENTING**

Beaver County Advisory  
Beaver County Advisory  
Beaver County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Iron County Advisory  
Iron County Advisory  
Iron County Advisory  
Kane County Advisory  
Washington County Advisory  
Washington County Advisory

**MEMBERS NOT IN ATTENDANCE**

Lavonne Waldren  
Judy Henrie  
Pauline Prince  
Wallace Gibson (Excused)  
Mary Stevens (Excused)  
Kenneth Wanloss (Excused)  
Beverly Doss  
Sharon Ott (Excused)  
Gayle Rhode (Excused)

Beaver County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Kane County Advisory  
Kane County Advisory  
Kane County Advisory  
Kane County - At Large Representative  
Washington County Advisory  
Washington County Advisory

**OTHERS IN ATTENDANCE**

Audrey Conrad  
Jeannine Bohn  
Jim Sly  
Raymond Baker  
Susan G. Baker  
Clare Ramsey  
Donna Chynoweth  
Vicki Ahlstrom  
Teena Pittman  
Connie Lloyd  
Fayann Christensen (voting for W Gibson)  
Christine Holliday (Voting for S Ott)  
Carrie Schonlaw  
Carolyn Moss

Beaver County  
Beaver County  
Beaver County  
Beaver County  
Beaver County  
Commissioner Garfield County  
Garfield County Coordinator  
Garfield County  
Garfield County  
Iron County Coordinator  
Kane County Coordinator  
Washington County Coordinator  
Five County Association of Governments  
Five County Association of Governments

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**I. WELCOME AND INTRODUCTION**

Mr. Art Cooper, Chair, conducted the meeting and thanked those in attendance for coming and introductions of those in attendance were made.

**II. MINUTES APRIL 22, 2014**

Mr. Art Cooper, Chair, requested a motion to accept the minutes of April 22, 2014.

**MOTION WAS MADE BY MR. CLEM GRIFFIN TO ACCEPT THE MINUTES OF APRIL 22, 2014. MOTION SECONDED BY MS. SHARON GRIFFITHS. MOTION CARRIED UNANIMOUSLY.**

**III. LOCAL SHARING**

Mr. Art Cooper, Chair, requested local sharing from County Coordinators.

**Ms. Fayann Christensen - Kane County**

Ms. Christensen reported things are going great in Kane County. The road construction is completed. A retirement party was held for a cook who had been with the center for 12 years. Exercises classes have doubles in size; card playing expanding to 2 days a week during the winter; DVD lending library going well. Open craft classes are held on Fridays - seniors bring own projects to complete. Developed a buddy system for home delivered meals to keep in contact with homebound seniors; have been encouraging 72-hour kits in each home. The Happy Hookers from Long Valley have completed 6 crocheted American flags to be donated to Veterans. The Senior Center in Kanab has been repainted; removed carpet and installed new flooring. The Orderville Center will be getting new cabinets next month. July 4<sup>th</sup> celebration held at the Kanab Center, serving popcorn and the best seat in the house for viewing the fireworks. Trips to Pine Valley, Mountain Meadows were provided with plans to visit Flagstaff and the

Fremont Indian Museum at Cove Fort. The Baker Bunch provide entertainment at each center, Ms. Ila Mae Swapp entertains with her accordion at the Long Valley Center twice a week. Community events included: Orderville Pageant, August 7,8,9; Kanab Western Days, July 22, 23, 24; the play, Cinderella. Juvenile community service volunteers provider service to the center 3 days a week. Ms. Christensen thanks Five County for funding for new refrigerator and freezer. The budget is looking good.

Ms. Christine Holliday - Washington County

Thanked Five County for additional funding made available for purchase of nutritional equipment for centers. Motion Picture license is in place for each center; cost \$218.00 per year that advisory boards will be paying for. Vince McFadden will be retiring October 2, 2014. His assignments will be realigned with other staff.

St. George Center - Great things at the center. Painting classes are going well; ceramics are very well attended; puzzles - one gentlemen comes to the center daily - puzzles help with therapy; hired a scheduler for buses; hiring a new Meals on Wheels driver; Zumba, 2 times a week in summer - adding an advanced class in the fall; pickleball - seniors are staying after center is closed to play; 8-10 seniors participate daily in billiards; West Coast Swing classes, promoting Dial-A-Ride daily trips to Veteran's Home in Ivins; Face Book, I-Pad, I-Phone classes, and the thrift store is going well. Still working on the new scanning system - need an administrator to assist with download; will work with Five County Office.

Hurricane Center - New supervisor has left the center due to family issue; senior secretary is doing that job until position is hired; monthly bake sales, bingo; movies; St. George trips weekly; changing bus schedules to be more flexible for seniors; Flea Market - not too successful - held the same weekend as Iron Man - will look at different date; 2 daily menu choices; annual fund raiser at Peach Days; newly remodeled thrift store - best month ever.

Enterprise - Things are going slow at Enterprise. The seniors only want to come for lunch; do not stay for activities. Scouts continue to participate in Wii bowling; puzzles; Picnic at Calf Spring Ranch; trip to Bryce Canyon. Annual fund raiser at Corn Fest in August.

## Beaver County

Ms. Carrie Schonlaw reported that Milford meals counts are growing significantly and that all regular activities are ongoing at all centers.

## Ms. Connie Lloyd - Iron County

Cedar City - Annual Seniors Conference held in May was a great success. Ongoing activities; ceramics, bingo, etc. The Cook is on maternity leave; volunteers from the college are helping with meals. The Center is closed this week for annual housecleaning and refinishing of floors.

Parowan - Main Street construction has been completed. Family Dollar Store came to town. Ongoing activities include bingo and puzzles.

Centers are planning summer trips to Tuachan.

## Ms. Donna Chynoweth - Garfield County

Things are going well at all three centers in Garfield County. Presentations for the Hard of Hearing at the centers; two volunteer bus drivers retiring due to health concerns; three leaders trained for Chronic Disease classes in Escalante; RN is conducting exercise classes in Henrieville; cook in Henrieville has been going through tough times. Dora Gallivan, director of the Panguitch Center, will be retiring at the end of the year. Buses continue to provide transportation to appointments and for shopping trips. Local entertainment provided at the centers, one of the activities most enjoyed by seniors. Other ongoing activities include bingo and exercise classes. Thanked Five County for additional funding for purchasing of needed equipment. Ms. Chynoweth reported that temperature in the trucks has been difficult to control. Two different readings in trucks were noted. Discussion with other coordinators indicated that this is common, especially when humidity is high and that it is normal to have a variation of about 10 degrees.

## **IV. LEGISLATIVE & FISCAL UPDATE**

Waiting to see October 1, 2014 what federal changes may be made. Based on information at this time, it appears they will be minimal, if any.

## **State Legislative Update**

The U4A is becoming more proactive and working earlier with the Utah Association OF Counties and Alan Troop in advocating for funding for Aging Programs throughout the State.

Mountainlands Area Aging on Aging is providing a lobbyist to contact legislators and coordinate efforts for Aging priorities. Priorities for next legislative session: (1) Meals - the one-time funding received this year to be ongoing funding; (2) additional funding for the Caregiver Support Program. Ms. Schonlaw will provide information sheets at the next meeting.

## **V. NUTRITION PROGRAM**

### **Grievance Procedures**

Ms. Carrie Schonlaw will be working with the County Coordinators to formalize a written grievance procedure.

### **State Survey - Meals on Wheels**

The State will be sending out surveys for those receiving Meals on Wheels. Drivers will be leaving the survey on one day and then picking them up the next delivery day. Surveys were being finalized and will be e-mailed to coordinators to help with distribution. Counties needing assistance with printing, please contact Ms. Schonlaw.

### **Report on NANASP Conference**

With the approval of the Council, Ms. Christine Holliday, Ms. Fyanne Christensen, and Ms. Donna Chynoweth were able to attend the National Convention held in San Antonio, Texas. Ms. Holliday reported that there was so much to see and do at the conference. The conference focused on strengthening seniors through local resources and the value in providing services in our areas. National programs are looking for numbers and outcomes on how services benefit those they serve. According to a 2013 survey, the #1 thing that seniors wanted most was to stay connected with family and friends - something centers can help them with. Seniors are healthier and more optimistic! Suggestions for centers included a secret diner who would evaluate the meal served, using more herbs, salad bars, potato bars, soup bars, provide information on nutritional content of meals, and add diversity to reflect population attending the

centers (ethnic and regional favorites). Meals can save tax dollars and keep seniors healthier, avoiding unnecessary trips to doctors and emergency rooms. In addition to attending the conference,

they were able to visit the River Walk and the Alamo, and talk with vendors. Ms. Chynoweth won a trip to the next National Conference.

#### **VI. REVIEW & APPROVAL OF FOUR YEAR PLAN**

Ms. Carrie Schonlaw reported that the 4<sup>th</sup> year of the current Four-Year Plan was presented and approved by the State Board. A new Four-Year Plan will be developed; to be presented to the Council in April, 2015. Council members were asked to think about goals for the new plan to be discussed at October and January meeting.

#### **VII. FY 15 BUDGET**

Ms. Carrie Schonlaw presented information on the final FY 15 Budget to Council Members. Information sheets were distributed showing break downs of funding for services per county. County participation was noted and is a great support for services provided. Any questions on budget information, contact Ms. Schonlaw.

#### **VIII. OTHER BUSINESS**

- Home & Community Based Programs - last week, Ms. Ann Williamson, Director for the Utah Department of Human Services for Utah, visited with Ms. Schonlaw and Ms. Shanna Bland, Supervisor at St. George Senior Center, in Utah and toured the Senior Center there. Ms. Williamson emphasized that services provided in our area are very important and appreciated.
- The Alternatives Program - one of the Home & Community based programs available through the Five County Aging Office. Information, including services provided, eligibility requirements, and waiting list policy, was provided.
- Open Forum/Discussion - Question raised about providing movies and license needed. Ms. Chris Holliday provided information as she wanted to be in compliance in providing movies with the license to avoid being fined. Those needing additional information can

contact her about procedure and cost.

- Open Forum/Discussion - Question asked about how to deal with seniors who may no longer be coming to the center because of hurt feelings due to policies and procedures. Suggested visiting with them one-on-one explaining that funding is based on those policies.
- Next Meeting - October 28, 2014 in Iron County.

**IX. ADJOURN**

Meeting was adjourned at 11:30 a.m. Lunch was provided by the Escalante Center.

DRAFT