



Priorities for the 2025 General Session

Include FMAP considerations
for county behavioral health
services in Utah's Legacy
Medicaid Consensus Process

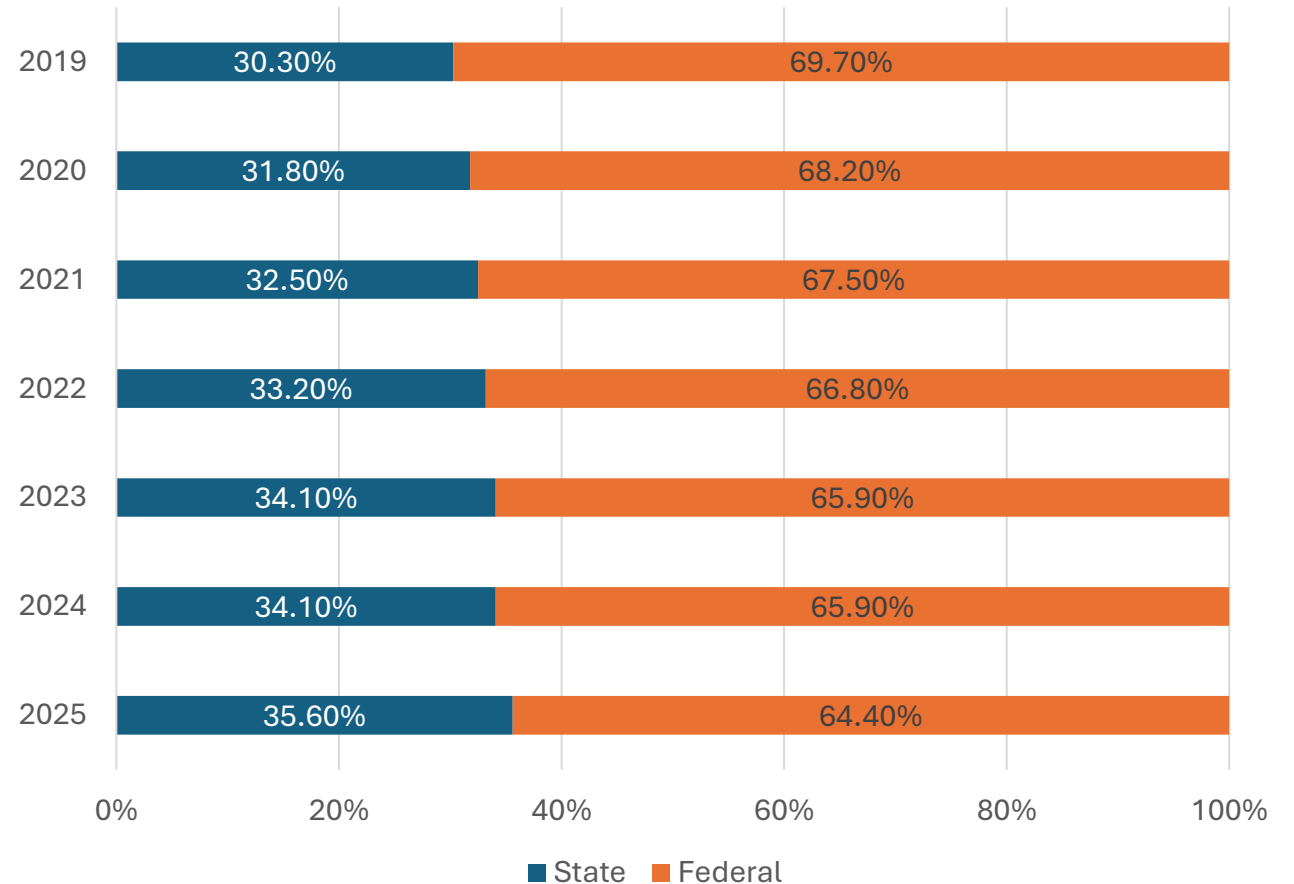
Maintain ARPA funded
provider rate increases
moving forward

Federal Medical Assistance Percentage (FMAP)

The Federal Medical Assistance Percentage is used in determining the amount of Federal matching funds for State expenditures for certain medical and behavioral health services.

As FMAP fluctuations occur, State support for funding on the **physical health** side occurs automatically through the “Medicaid Consensus Process”.

Medicaid Funding Percentages by Year



*In SL County alone, a 1% decrease in the FMAP results in an additional ~\$1M expense in behavioral health related services.

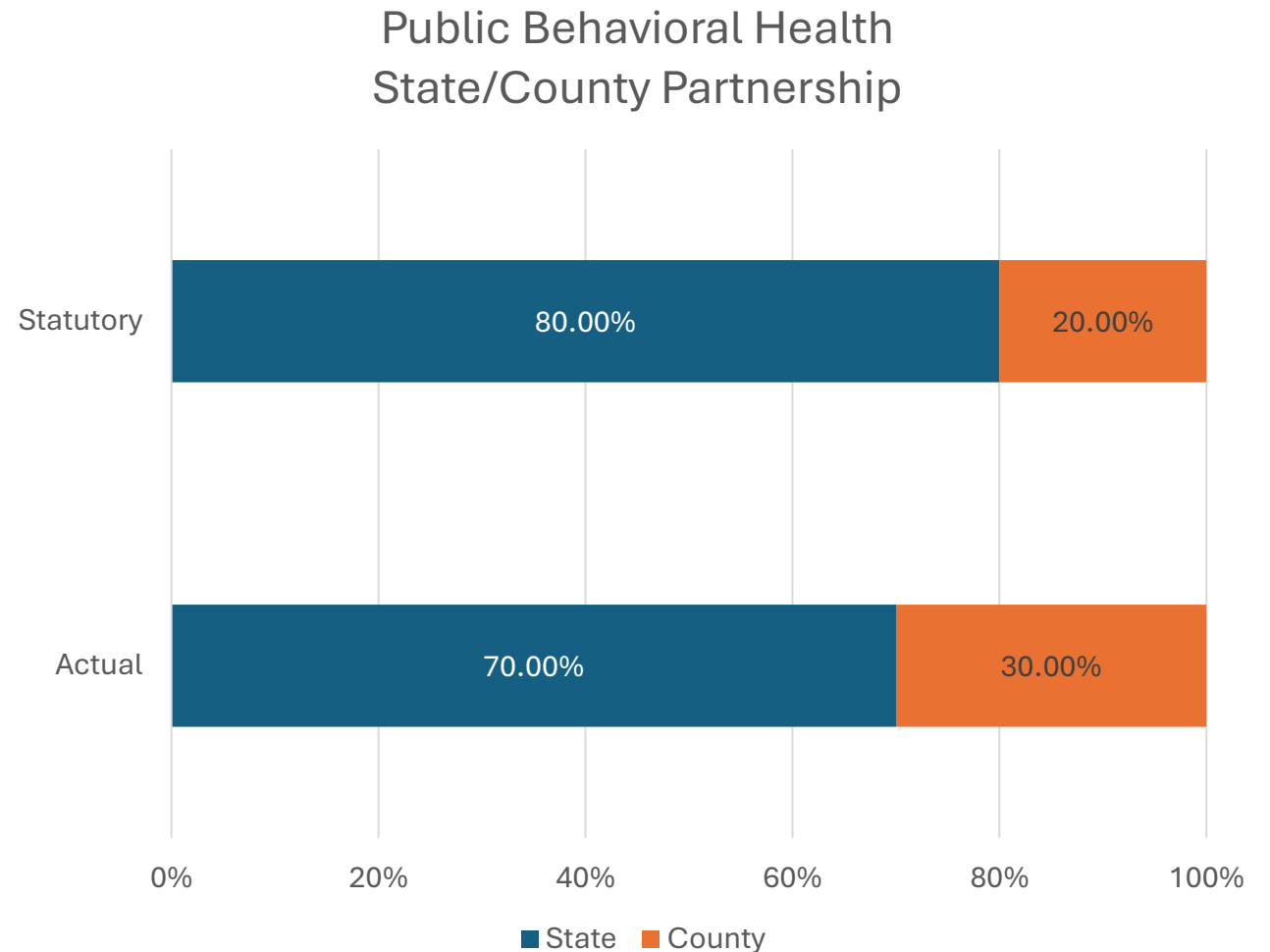
State County Partnership

Since the 1980's, Utah's counties have been directed by statute to provide 20% of funding for the mental health and substance use disorder services that are mandated by the State and provided by the counties.

The State of Utah agreed to share costs by providing the rest of the funding.

However, due to fluctuations in the FMAP for **behavioral health** services, counties have been paying much more than 20%. Some areas are paying as much as 70% of the services for their counties instead of the 20% they are supposed to.

Statewide, the current split is about 70/30.





Good Health Includes Behavioral Health

Addressing parity through the Medicaid Consensus process makes good sense

The addition of FMAP changes for Behavioral Services in the Medicaid Consensus Process is Imperative for the Health of Utahns

Impacts of the End of ARPA Funding



- During the public health emergency, CMS provided states with additional ARPA funding through an enhanced match rate to support community-based services.
- Utah's enhanced ARPA spending plan provided a 5% rate increase for behavioral health services.
- This temporary funding expires at the end of FY 2025.
- Behavioral health rates will drop 5% for FY 2026 if this funding is not replaced.
- DHHS estimates that \$4,041,900 in ongoing General Fund is needed to maintain current behavioral health rates.

These rate increases supported BH Providers across the state to address Utah's BH Workforce Crisis. As our state grapples with solutions to homelessness, this is not the time to reduce services.

A grayscale photograph of a terrace with two lion statues. The statues are positioned on a raised platform, facing each other. In the background, there are snow-capped mountains and a church with a steeple. The foreground shows a paved area with a railing. The word "Questions?" is overlaid in white text, underlined.

Questions?