

U.S. Census Bureau Estimates for Cities and Housing Units, 2023

On May 16th, 2024, the Census Bureau released population estimates for incorporated places (cities and towns) and housing units at the state and county level for July 1, 2023. The city-level population estimates utilize locally submitted building permits to estimate population. They are then controlled to county estimate totals, which were published in March 2023.

Utah in the National Context

Subcounty Population

In 2023, Saratoga Springs' population passed 50,000, adding it to the list of large cities across the country. No cities in Utah made the list of top 15 fastest-growing cities with populations over 20,000. However, six cities in Utah rank in the top 100 fastest growing cities.

County Housing Units

Utah remained the state with the fastest-growing housing stock for the third year in a row. The state added 30,381 new units between July 1, 2022 and July 1, 2023. Rich County (8.5%) experienced the second fastest housing unit growth in the country, while Wasatch County (6.1%) tied for fourth.

Utah and Salt Lake counties each contributed just over a quarter of the state's housing unit growth, followed by Washington (10.4%), Weber (7.5%), and Davis (7.0%) counties. All other counties individually contributed less than 4.0% to statewide housing unit growth.

National Picture

Subcounty Population

Southern cities continue to lead the nation in absolute and percent population growth, though growth rates are slowing in many places. Texas had the most places in the top 15 fastest-growing cities (8 of which were in the state) and the largest-gaining cities (6).

County Housing Units

The U.S. added 1.6 million new units between 2022 and 2023, a 1.1% growth rate. For the third year in a row, Utah experienced the fastest growth in housing units, with a growth rate of 2.5%. Idaho (2.3%) and South Dakota (2.2%) ranked second and third respectively.

Table 1: Utah Cities Ranking in Top 100 Fastest Growing Nationally, 2023

Place	2023 Estimate	2022-2023 Absolute Growth	2022-2023 Percent Growth	National Ranking
West Haven	24,014	1,663	7.4%	30
Lehi	90,227	5,849	6.9%	35
Payson	24,054	1,529	6.8%	38
Saratoga Springs	52,532	3,219	6.5%	41
Eagle Mountain	56,932	2,810	5.2%	62
Syracuse	37,022	1,484	4.2%	97

*Note: Only cities with populations greater than 20,000 are included in this ranking.
Source: U.S. Census Bureau, Population Division

Table 2: Utah in the National Rankings

Ranking	Area	2022-2023 Percent Change
Fastest Housing Unit Growth	State of Utah	2.5%
Second Fastest Housing Unit Growth	Rich County	8.5%
Fourth Fastest Housing Unit Growth (Tie)	Wasatch County	6.1%

Source: U.S. Census Bureau, Population Division

Table 3: Top 10 Places with Largest Population Growth, 2023

Rank	Place	2023 Population Estimate	2022-2023 Absolute Change	2022-2023 Percent Change
1	Lehi	90,227	5,849	6.9%
2	Saratoga Springs	52,532	3,219	6.5%
3	Eagle Mountain	56,932	2,810	5.2%
4	St. George	104,578	2,017	2.0%
5	Salt Lake City	209,593	1,916	0.9%
6	West Haven	24,014	1,663	7.4%
7	Payson	24,054	1,529	6.8%
8	Syracuse	37,022	1,484	4.2%
9	Spanish Fork	45,557	1,415	3.2%
10	American Fork	38,549	1,289	3.5%

Source: U.S. Census Bureau, Population Division

Population Changes in Utah Cities

Utah was the 8th fastest-growing state in the country in 2023 with a 1.1% growth rate (totaling 36,498 new residents). Utah County accounted for 45.2% of statewide population growth, followed by Washington (12.9%), Davis (9.1%), Weber (6.8%), Cache (6.2%), and Tooele (5.7%) counties. All other counties contributed less than 5% of state growth, and seven counties (including Salt Lake County) experienced modest population declines.

Six communities that added the most population between 2022 and 2023 were in Utah County. Washington, Salt Lake, Weber, and Davis counties each had one community that made the highest growth places list. Of places with populations greater than 1,000, West Haven experienced the fastest growth at 7.4%. Lehi (6.9%), Hideout (6.9%), Payson (6.8%), Rocky Ridge (6.6%), and Saratoga Springs (6.5%) each had growth rates greater than 6.0%.

Between July 1, 2022 and July 1, 2023, 69 municipalities in Utah lost population. Five cities lost more than 500 residents, all of which were in Salt Lake County.

Table 4: Places that lost more than 500 residents, 2023

Place	2023 Population Estimate	2022-2023 Absolute Change
West Valley City	134,470	-2,125
West Jordan	114,908	-1,689
Sandy	91,943	-1,047
Millcreek	62,205	-796
Taylorsville	57,098	-765
Holladay	30,298	-508

Source: U.S. Census Bureau, Population Division

Table 5: Utah Cities and Towns, 2023 Population Estimates

Place	2023 Population Estimate	2022 - 2023 Absolute Change	2022 - 2023 Percent Change
Alpine	10,298	-16	-0.2%
Alta	226	-1	-0.4%
Altamont	249	4	1.6%
Alton	118	0	0.0%
Amalga	507	6	1.2%
American Fork	38,549	1,289	3.5%
Annabella	877	8	0.9%
Antimony	125	2	1.6%
Apple Valley	916	15	1.7%
Aurora	1,038	9	0.9%
Ballard	1,231	47	4.0%
Bear River City	883	5	0.6%
Beaver	3,676	-32	-0.9%
Bicknell	328	-7	-2.1%
Big Water	516	32	6.6%
Blanding	3,189	-52	-1.6%
Bluff	245	0	0.0%
Bluffdale	19,090	29	0.2%
Boulder	243	2	0.8%

Place	2023 Population Estimate	2022 - 2023 Absolute Change	2022 - 2023 Percent Change
Bountiful	44,144	-340	-0.8%
Brian Head	157	2	1.3%
Brigham City	19,970	-14	-0.1%
Brighton	447	7	1.6%
Bryce Canyon City	337	3	0.9%
Cannonville	193	4	2.1%
Castle Dale	1,538	8	0.5%
Castle Valley	362	2	0.6%
Cedar City	39,942	1,199	3.1%
Cedar Fort	417	-4	-1.0%
Cedar Hills	9,800	-160	-1.6%
Centerfield	1,419	23	1.6%
Centerville	16,517	15	0.1%
Central Valley	679	7	1.0%
Charleston	411	-11	-2.6%
Circleville	557	11	2.0%
Clarkston	757	-6	-0.8%
Clawson	166	2	1.2%
Clearfield	34,470	438	1.3%
Cleveland	513	2	0.4%
Clinton	23,588	54	0.2%
Coalville	1,533	6	0.4%
Copperton	852	12	1.4%
Corinne	871	17	2.0%
Cornish	282	5	1.8%
Cottonwood Heights	32,204	-274	-0.8%
Daniel	857	-30	-3.4%
Delta	3,728	0	0.0%
Deweyville	434	7	1.6%
Draper	49,602	1,120	2.3%
Duchesne	1,643	27	1.7%
Dutch John	146	-3	-2.0%
Eagle Mountain	56,932	2,810	5.2%
East Carbon	1,567	5	0.3%
Elk Ridge	4,925	18	0.4%
Elmo	419	3	0.7%
Elsinore	872	9	1.0%
Elwood	1,280	33	2.6%
Emery	317	1	0.3%
Emigration Canyon	1,506	23	1.6%
Enoch	8,336	95	1.2%
Enterprise	2,289	27	1.2%
Ephraim	6,108	178	3.0%
Erda	4,045	91	2.3%
Escalante	827	8	1.0%
Eureka	662	3	0.5%
Fairfield	157	1	0.6%
Fairview	1,281	22	1.7%
Farmington	25,771	118	0.5%
Farr West	8,021	-1	0.0%
Fayette	261	2	0.8%
Ferron	1,519	4	0.3%
Fielding	622	31	5.2%

Place	2023 Population Estimate	2022 - 2023 Absolute Change	2022 - 2023 Percent Change
Fillmore	2,671	26	1.0%
Fountain Green	1,276	19	1.5%
Francis	1,809	90	5.2%
Fruit Heights	5,950	-22	-0.4%
Garden City	713	80	12.6%
Garland	2,668	53	2.0%
Genola	1,610	22	1.4%
Glendale	320	8	2.6%
Glenwood	489	4	0.8%
Goshen	968	8	0.8%
Grantsville	15,267	854	5.9%
Green River	881	6	0.7%
Gunnison	3,621	78	2.2%
Hanksville	170	-1	-0.6%
Harrisville	6,802	-74	-1.1%
Hatch	138	2	1.5%
Heber	18,533	671	3.8%
Helper	2,126	-5	-0.2%
Henefer	815	-21	-2.5%
Henrieville	231	1	0.4%
Herriman	60,049	926	1.6%
Hideout	1,398	90	6.9%
Highland	20,217	304	1.5%
Hildale	1,239	41	3.4%
Hinckley	643	9	1.4%
Holden	463	3	0.7%
Holladay	30,298	-508	-1.6%
Honeyville	1,736	11	0.6%
Hooper	9,369	73	0.8%
Howell	232	-1	-0.4%
Huntington	1,982	13	0.7%
Huntsville	595	2	0.3%
Hurricane	23,959	885	3.8%
Hyde Park	5,677	98	1.8%
Hyrum	10,849	263	2.5%
Independence	112	-6	-5.1%
Interlaken	158	-8	-4.8%
Ivins	10,164	153	1.5%
Joseph	305	3	1.0%
Junction	214	4	1.9%
Kamas	2,145	-44	-2.0%
Kanab	5,240	127	2.5%
Kanarraville	477	9	1.9%
Kanosh	513	-1	-0.2%
Kaysville	32,941	176	0.5%
Kearns	37,767	548	1.5%
Kingston	137	0	0.0%
Koosharem	310	0	0.0%
La Verkin	4,510	-24	-0.5%
Lake Point	2,635	62	2.4%
Laketown	307	-10	-3.2%
Layton	83,516	928	1.1%
Leamington	274	5	1.9%

Place	2023 Population Estimate	2022 - 2023 Absolute Change	2022 - 2023 Percent Change
Leeds	864	-7	-0.8%
Lehi	90,227	5,849	6.9%
Levan	907	14	1.6%
Lewiston	1,958	-2	-0.1%
Lindon	11,734	26	0.2%
Loa	514	-12	-2.3%
Logan	55,250	546	1.0%
Lyman	214	-1	-0.5%
Lynndyl	125	0	0.0%
Magna	30,087	437	1.5%
Manila	332	-8	-2.4%
Manti	3,645	54	1.5%
Mantua	1,303	49	3.9%
Mapleton	13,732	738	5.7%
Marriott-Slaterville	2,223	4	0.2%
Marysville	454	39	9.4%
Mayfield	594	10	1.7%
Meadow	348	3	0.9%
Mendon	1,334	-3	-0.2%
Midvale	35,561	-60	-0.2%
Midway	6,076	-142	-2.3%
Milford	1,412	-35	-2.4%
Millcreek	62,205	-796	-1.3%
Millville	2,468	34	1.4%
Minersville	847	-6	-0.7%
Moab	5,221	-98	-1.8%
Mona	1,935	29	1.5%
Monroe	2,685	73	2.8%
Monticello	1,729	-29	-1.6%
Morgan	4,536	82	1.8%
Moroni	1,642	27	1.7%
Mount Pleasant	3,871	56	1.5%
Murray	49,553	122	0.2%
Myton	563	4	0.7%
Naples	2,466	69	2.9%
Nephi	7,122	271	4.0%
New Harmony	247	2	0.8%
Newton	829	14	1.7%
Nibley	8,271	346	4.4%
North Logan	11,711	100	0.9%
North Ogden	22,233	383	1.8%
North Salt Lake	23,560	-49	-0.2%
Oak City	635	5	0.8%
Oakley	1,566	-30	-1.9%
Ogden	87,267	463	0.5%
Orangeville	1,262	4	0.3%
Orderville	591	0	0.0%
Orem	95,519	-471	-0.5%
Panguitch	1,797	18	1.0%
Paradise	1,028	13	1.3%
Paragonah	562	-7	-1.2%
Park City	8,254	-123	-1.5%
Parowan	3,181	5	0.2%

Place	2023 Population Estimate	2022 - 2023 Absolute Change	2022 - 2023 Percent Change
Payson	24,054	1,529	6.8%
Perry	5,936	104	1.8%
Plain City	8,531	213	2.6%
Pleasant Grove	37,294	-360	-1.0%
Pleasant View	11,265	9	0.1%
Plymouth	438	4	0.9%
Portage	289	1	0.3%
Price	8,261	10	0.1%
Providence	9,267	278	3.1%
Provo	113,343	-346	-0.3%
Randolph	483	-14	-2.8%
Redmond	803	7	0.9%
Richfield	8,268	121	1.5%
Richmond	3,032	45	1.5%
River Heights	2,180	33	1.5%
Riverdale	9,160	-124	-1.3%
Riverton	44,854	277	0.6%
Rockville	223	-2	-0.9%
Rocky Ridge	1,018	63	6.6%
Roosevelt	7,224	135	1.9%
Roy	38,592	-189	-0.5%
Rush Valley	486	7	1.5%
Salem	10,725	310	3.0%
Salina	2,592	24	0.9%
Salt Lake City	209,593	1,916	0.9%
Sandy	91,943	-1,047	-1.1%
Santa Clara	8,492	366	4.5%
Santaquin	17,532	644	3.8%
Saratoga Springs	52,532	3,219	6.5%
Scipio	369	2	0.5%
Scofield	27	1	3.8%
Sigurd	427	5	1.2%
Smithfield	14,726	306	2.1%
Snowville	160	-1	-0.6%
South Jordan	84,528	1,105	1.3%
South Ogden	17,678	-31	-0.2%
South Salt Lake	26,122	126	0.5%
South Weber	8,105	-16	-0.2%
Spanish Fork	45,557	1,415	3.2%
Spring City	1,007	16	1.6%
Springdale	589	15	2.6%
Springville	35,471	-378	-1.1%
St. George	104,578	2,017	2.0%

Place	2023 Population Estimate	2022 - 2023 Absolute Change	2022 - 2023 Percent Change
Sterling	295	7	2.4%
Stockton	624	1	0.2%
Sunset	5,358	-15	-0.3%
Syracuse	37,022	1,484	4.2%
Tabiona	155	3	2.0%
Tailorsville	57,098	-765	-1.3%
Tooele	39,263	659	1.7%
Toquerville	1,970	9	0.5%
Torrey	257	0	0.0%
Tremonton	12,411	574	4.8%
Trenton	527	7	1.3%
Tropic	512	7	1.4%
Uintah	1,402	-20	-1.4%
Vernal	10,557	133	1.3%
Vernon	293	4	1.4%
Vineyard	14,500	-37	-0.3%
Virgin	701	4	0.6%
Wales	362	5	1.4%
Wallsburg	296	-2	-0.7%
Washington	33,877	1,170	3.6%
Washington Terrace	9,070	-89	-1.0%
Wellington	1,630	5	0.3%
Wellsville	4,194	60	1.5%
Wendover	1,132	-3	-0.3%
West Bountiful	5,857	-28	-0.5%
West Haven	24,014	1,663	7.4%
West Jordan	114,908	-1,689	-1.4%
West Point	12,479	595	5.0%
West Valley City	134,470	-2,125	-1.6%
White City	5,676	79	1.4%
Willard	2,283	57	2.6%
Woodland Hills	1,571	9	0.6%
Woodruff	173	-5	-2.8%
Woods Cross	11,480	-7	-0.1%

Source: U.S. Census Bureau, Population Division