

Cannabis Research Review be fBoard Meeting Minutes

Tuesday, July 9, 2024, 9:00am - 11:00am

This meeting was held in person and virtually.

This meeting was recorded. An audio copy of this recording can be found on the Utah Public Notice Website (<https://www.utah.gov/pmn/>).

Visit the board's website for more information on past meeting minutes and agendas (<https://medicalcannabis.utah.gov/>).

Attendees

Board members attending: Matthew McIlff, MD; Michael Moss, MD; Misty Smith, PHD; Russell Cashin, PhD; and Taylor Kelley, MD.

Board members excused: Melissa Chan, MD

DHHS/UDAF staff attending: Richard Oborn, Abigail Hodgson, Sarah Dash, Brenda Holt, Lauren Heath, Sara Alonzo, Trevor Brown, and Trevor Eckhoff

Agenda

1. Welcome

Dr. Moss acknowledged that there was a quorum so the meeting could proceed at approximately 9:03am. He began the meeting by reading the [CRRB Introduction Slides](#).

2. Board approval of July 2024 minutes

Dr. Moss asked the board if there were any proposed changes to the [July 2024 minutes](#) by the board. There were no changes proposed. Dr. McIlff motioned to approve the minutes and Dr. Kelley seconded the motion. The board voted unanimously to approve the July 2024 minutes.

3. ADR safety DDI review

Dr. Moss discussed the [Adverse Drug Reactions, Drug Interactions, and Safety document](#) and asked for update suggestions. Updates to the references were discussed by board members.

Dr. Smith motioned to approve the ADR safety and DDI review document with additional references pending. Dr. McIlff seconded the motion, and the motion passed unanimously.

4. Review persistent and debilitating muscle spasms guidance document

Dr. Moss led a discussion on the persistent and debilitating muscle spasms guidance document created by the board. The document references the [NASEM Therapeutic Effects Evidence Categories document](#).

Board members discussed the updates and agreed with the changes. Board members also discussed the future possibility of creating additional guidance documents to differentiate spasm guidance and spasticity guidance. Board members will review the document offline and will make suggestions for updates.

5. Presentation on HIV/AIDS

Ms. Heath gave a [presentation](#) to board members discussing her evidence review for experimental evidence for the treatment of HIV/AIDS with cannabis-based products. The presentation also referenced the [Cannabis, Cannabis-based Products, or Cannabinoids Brief Evidence Report: Evidence from Experimental Trials in People Living with HIV or AIDS](#) document.

The board discussed the presentation and the option to update the CRRB's HIV and AIDS treatment guidance document in a future meeting.

6. Recommendations for researchers

Dr. Cashin discussed the list of recommendations that board members created as areas of interest to research. The list will be submitted to the University of Utah Center for Medical Cannabis Research. Board members discussed updates to the document and the process for submitting to the University.

7. Research and Education Updates

Ms. Dash and Mr. Oborn from the Department of Health and Human Services (DHHS) gave updates to board members of the Center for Medical Cannabis' (CMC) research and education efforts. Her updates included the following:

- CMC software updates.
- CMC newsletters for providers and patients.
- Snowbird CME conference at the end of July.
- A new DHHS Administrative Rule on targeted marketing for Qualified Medical Providers (QMPs).
- Upcoming Medical Cannabis Policy Advisory Board (MCPAB) agenda.
- Possible rescheduling of cannabis.
- CMC staffing updates.

8. Board comment

There were no additional comments made by the board members.

9. Public comment

There were no public comments made.

10. Adjourn

Dr. Cashin motioned to adjourn the meeting and Dr. Smith seconded the motion. The board voted unanimously to end the meeting, and the meeting ended at approximately 10:58am.