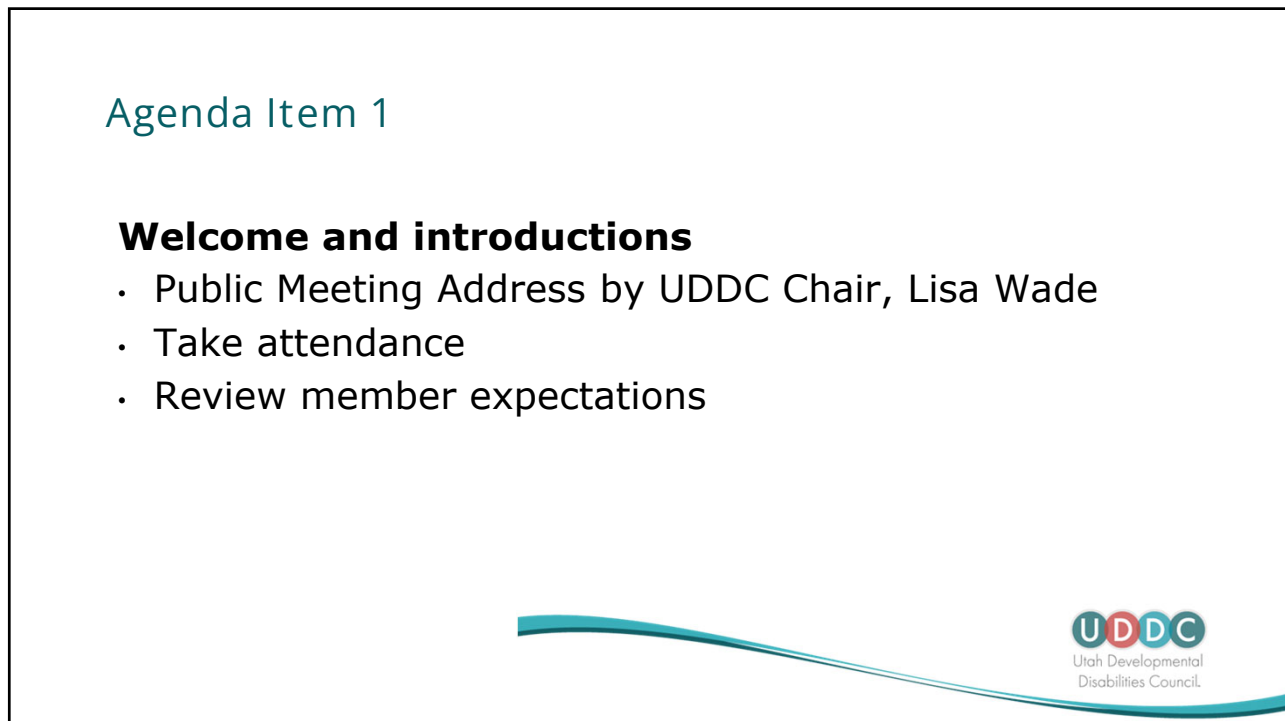




1



2

UDDC Member Expectations

Welcome to the meeting today! We expect UDDC members to:

1. Feel safe to share.
2. Ask questions. Chances are good that someone else has a similar question.
3. Make comments.
4. Avoid acronyms. If you need to use one, say the words the letters represent before using it.
5. Remember hybrid meeting ground rules and etiquette.

3

UDDC Member Expectations

Responsibilities of DD Councils:

1. Serve as an advocate for people with ID/DD.
2. Conduct or support programs, projects, and activities that improve the quality of life for people with ID/DD.
3. Develop and monitor the progress of the 5-year plan and update it as needed and required.
4. Annually, report on 5-year plan activities and progress made to ACL.
5. Prepare, approve, and implement a budget using money provided by Congress.
6. Recruit, hire, and annually evaluate the director consistent with state/territory laws.
7. From time to time, review the designated state agency's support responsibilities to the Council.

4

Agenda Item 2

Public Comments

- Call for public comment



5

3. Review and Approval of March 2024 Minutes

Approve March 2024 Minutes

1. Call for discussion about March 2024 Meeting Minutes
2. Call for a motion to approve the minutes
3. Members **VOTE** 🗳️ to approve the minutes.



The minutes look like this example.



6

4. Agency Presentation

Council Members learn about the Utah State Office of Rehabilitation (USOR).

1. Sarah Brenna will share information about USOR priorities and focus.
2. After the presentation, UDDC members will have the opportunity to make comments and ask questions.



7

5. Committee Reports

State Plan Implementation Committee

1. Committee Summary – Transportation Activities
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions

Questions/comments?



8

5. Committee Reports

Membership and Recognition Committee

1. Committee Summary – Council member recommendations
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions
5. Members **VOTE** 🗳️ to approve the recommendations.

Questions/comments?



9

5. Committee Reports

Policy and Legislative Engagement Committee

1. Committee Summary
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions

Questions/comments?



10

5. Committee Reports

Governance Committee

1. Committee Summary – Vision and Values
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions
5. Members **VOTE** 🗳️ to adopt the revisions.

Questions/comments?



11

6. FFY 2025 Workplan Amendments

Review and Approve Changes to the Workplan

1. Explain the proposed changes to the 2025 Workplan
2. Call for discussion about the changes
3. Call for a motion to approve the changes to the workplan
4. Members **VOTE** 🗳️ to approve the workplan

FFY 2025 Annual Work Plan	
Goal 1 – Health and Safety	
Description	The UDDC will support physical and mental health and safety outcomes for people with intellectual and developmental disabilities and their families.
Area of Emphasis	Quality Assurance Health
Activities to be used in achieving each goal	Training Supporting and Educating Communities Barrier Elimination Interagency Collaboration and Coordination
The goal addresses	Individual/Family Advocacy System Change Rights of Individuals Capacity Building

The Workplan looks like this example.



12

7. Stand Up and Stretch!

Break:

Please return in 20 minutes.



13

8. Mindful Moment

Member practice a mindfulness technique.

1. Eric will lead the group through a mindful activity.

Mindful Moment: Notice My Breath

Be still and try to remain quiet. Close your eyes if you want to. Pay attention to your breathing and try not to focus on anything else. Say the following sentences in your head or out loud:

I can feel the air going in and out of my nose.

Wait 10 seconds (count in your head)

I can feel my chest rise and fall.

Wait 10 seconds (count in your head)

I bring the air in and out of my belly

The Mindful Moment looks like this.



14

9. Teaching, Empowering & Training on Navigating Sexuality and Healthy Relationships Course

Council Members learn about the TETONS Program.

1. Julie will share information about the new program UDDC is offering this year.
2. After the presentation, UDDC members will talk about what they learned. Members will share comments, ask questions, and give feedback.



15

10. UDDC Budget and Review of Expenditures

Members learn updates about the Council's budget.

1. Rickie will share information about the expenditures, the money we have spent so far this year. She will also review the current contracts and grants the Council has awarded.
2. After the presentation, UDDC members will have the opportunity to ask questions and make comments.



16

11. Executive Director Report

Review the second quarter activities so far

1. Libby will share highlights from Quarter 3 of this fiscal year.
2. Council members will have an opportunity to ask questions, address concerns, and provide feedback.



Utah Developmental Disabilities Council
Executive Director Summary Report
December 6, 2023, Council Meeting

Area of Responsibility	Activity	Status	Comment
Goal 1: Health and Safety	Healthy Bodies and Relationships	Update	The UDDC contracted with the Institute for Disability Research, Policy & Practice to conduct a statewide needs assessment to ascertain current training and resources available to adults with disabilities and their families related to abuse, neglect, relationships, and sexuality. IDRRP is finalizing a report and will share the data in early December.
Goal 1: Health and Safety	Healthy Bodies and Relationships	New	UDDC was awarded \$10,000 from the Utah Hermit Center to support curriculum development. The funds will be used to create a training program to address social, emotional, and sexual health. The training will consider the information collected by the IDRRP to ensure that people with intellectual and developmental disabilities have information and resources to recognize and prevent interpersonal abuse.
Goal 2: Transportation	Transportation Study	Update	The UDDC launched a transportation access survey in late October of 2023. To date, 193 people have responded representing over 50 zip codes! So far common places most difficult to travel to are recreation opportunities like trails, parks, shopping malls, and shopping centers. Also, services and

The Executive Director Report looks like this example.



17

12. Other Business

Open floor to Council members

- Call for other topics to discuss.
- Round robin for upcoming events



18

13. Close the Meeting

1. UDDC Members will **VOTE** 🗳️ to close the June meeting.

