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# NONVIOLENCE TRAINING FOR THE UTAH COMMUNITY



Utah Division of  
**Multicultural Affairs**

# NV365 TRAINING + UTAH MLK JR. HUMAN RIGHTS COMMISSION

OVERVIEW

## INTRODUCTION

**The Utah MLK Jr. Human Rights Commission is deeply committed to disseminating Dr. King's message of nonviolent social action to all residents of Utah.** Through collaboration with state government, non-profit organizations, civic groups, and community organizations, the commission endeavors to offer programs, resources, and assistance while adhering to state statutes.

**Operating in conjunction with a diverse array of leaders from the private, public, and non-profit sectors, the commission embodies Dr. King's vision of service to others.** Its initiatives extend beyond the commemoration of Dr. King's legacy on specific holidays; rather, the commission aims to promote his principles of nonviolence and community building throughout the year. This commitment is reflected in various events and programmatic efforts executed through out the year.

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## PROGRAM RELEVANCE + ALIGNMENT

**Through the *Nonviolence365 Training and Education* program, *The King Center* aims to work with the *Utah MLK Jr. Human Right Commission* to cultivate and promote the principles of nonviolence and conflict resolution among the broader Utah community.** Rooted in Dr. King's teachings, this program guides participants on a journey of self-discovery and reflection, encouraging them to examine their beliefs and values in the context of creating the *Beloved Community*. By providing access to both online training sessions and potentially in-person facilitated learning, The King Center seeks to empower Utahns to become agents of positive social change fostering empathy, understanding, and constructive dialogue. This partnership exemplifies and furthers the Commission's commitment to promoting, advocating, and disseminating Dr. King's nonviolence methodology to Utah communities far and wide.

**In addition, Governor Spencer Cox leadership with the "*Disagree Better*" initiative acknowledges the need for constructive dialogue and collaboration to overcome toxic polarization in society.** It emphasizes that every individual, not just elected officials, has a role to play in fostering a more positive approach to addressing national challenges. By providing a toolkit of action items and opportunities for engagement, the initiative encourages people from all walks of life to participate in promoting constructive dialogue and service projects within their communities.

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The synergy between the "Disagree Better" initiative and working with the Utah MLK Jr. Human Rights Commission to bring Dr. King's nonviolence methodology to their community lies in their **shared goals of promoting understanding, empathy, and collaboration among diverse groups of people.** NV365, inspired by Dr. Martin Luther King Jr.'s commitment to nonviolent social action, will not only encourage, but also empower Utahns to better engage in acts of service, advocacy, and dialogue for positive social change in their communities.

NV365

## INSTRUCTION + DETAILS

### Total Cost

- \$5,250

### Includes:

- **(25)** Licenses to NV365 Masterclass Edition
- **(1)** Hybrid Facilitated Learning and Instruction Session (2.5 hours)
- **(2)** Virtual Facilitated Learning and Instruction Sessions (2 hours each)
- **(1)** Scheduled Day of Office Hours for Program Participants (2 hours)

### Location Options:

- **Virtual** | Participants join via online video
- **Hybrid** | Some can make it in-person, others can join via video

### Training Dates:

- TBD

### Stakeholders

- Utah MLK Jr. Human Rights Commission
- The King Center
- The Center for Economic Opportunity & Belonging