

Senior Services Advisory Board



April 11, 2024



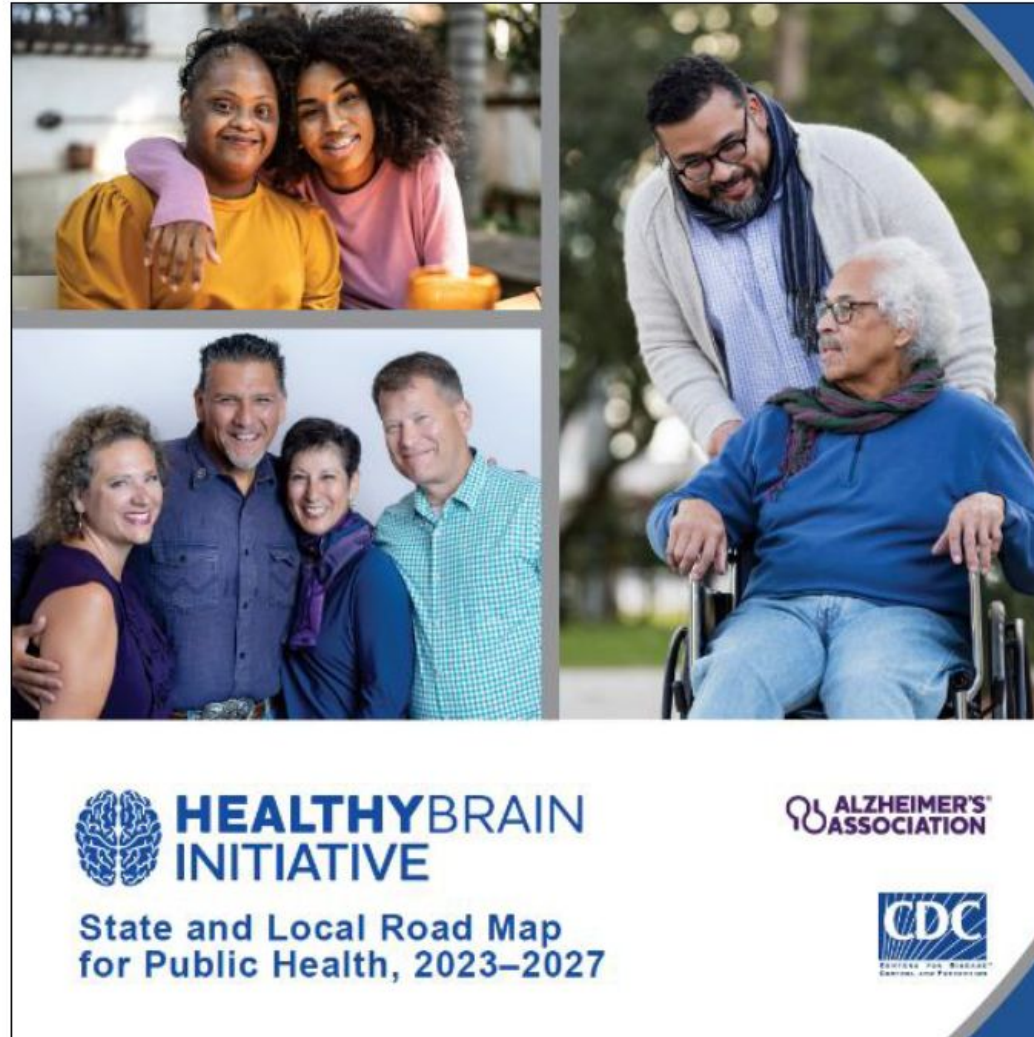
Healthy Choices. Healthy People. Healthy Communities.



The Healthy Brain Initiative

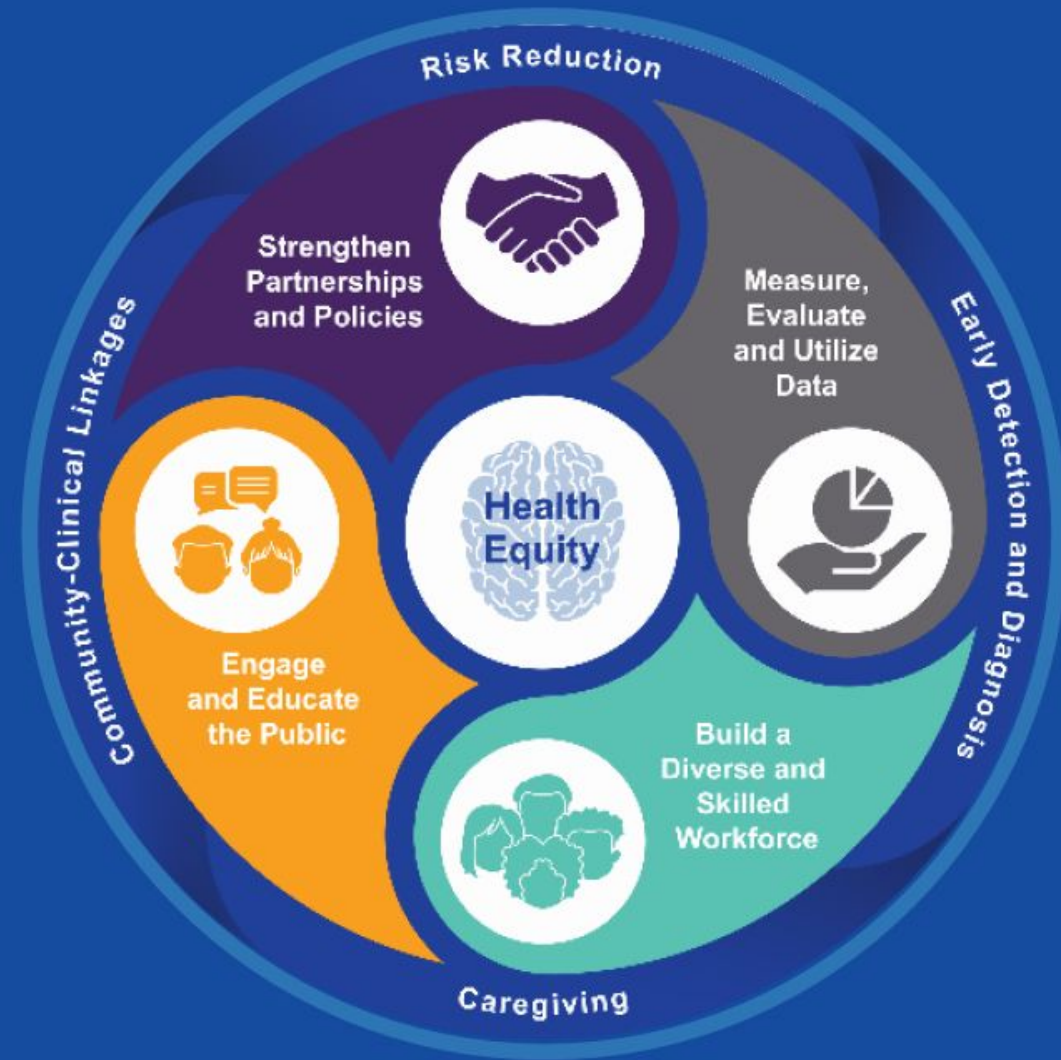
THE HBI ROAD MAP IS A PUBLIC HEALTH STRATEGY ►

► Designed for state
and local health
departments



ACTION FRAMEWORK

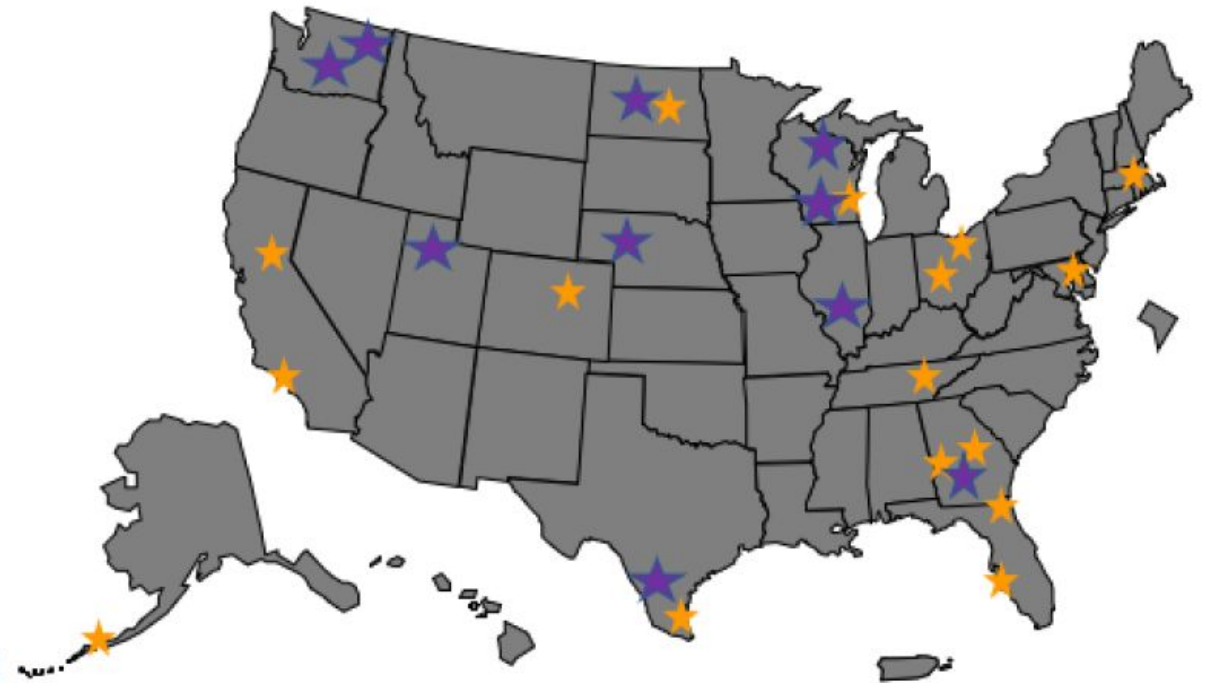
The framework of the HBI Road Map consists of four domains built from the Essential Public Health Services. The framework is centered by the principles of health equity and surrounded by the areas of practice across the life course.



HBI Road Map Strategists

2024 Cohort

1. Panhandle Public Health District (Nebraska)
2. Lamar County Health Department (Georgia)
3. Oneida County Health Department (Wisconsin)
4. Waukesha County Public Health (Wisconsin)
5. Nelson-Griggs District Health Unit (North Dakota)
6. Northeast Tri County Health District (Washington)
7. Kitsap Public Health District (Washington)
8. Clay County Health Department (Illinois)
9. Davis County Health Department (Utah)
10. Pharr Department of Health (Texas)



★ Past Road Map Strategist, Local or Tribal Health Department (n=16)

★ Current 2024 Road Map Strategist, Local or Tribal Health Department (n=10)



Davis County Senior Services will use the HBI funding to:

- Increase awareness of brain health, both at the health department and within the community.
- Educate Health Department employees and volunteers so they can provide more equitable care.
- Educate community members to recognize signs of cognitive decline.
- Spread awareness of available resources and support services.
- Increase outreach efforts to promote and expand our programs, reaching as many community members as possible.

The Road Map Strategist is...

A systems change agent tasked with mobilizing a public health response to dementia

The Road Map Strategist...



Timeline

- Assess the Landscape
- Train Agency Staff
- Road Map Plan
- Road Map Implementation



- Comprehensive Community Health Assessment (CHA) every five years
- Continuous assessments to dive deeper and fill gaps

Davis4Health

COMMUNITY HEALTH ASSESSMENT

2023



Four-Year Plan - Second Year (Action)

1. Summary of Changes

- Working to add a Spanish speaking support group (Pending)
- Enroll in the Senior Farmers Market Nutrition Program Bulk Purchasing Program to provide locally grown produce to older adults at our three senior activity centers.
- Continuing our partnership with Davis Behavioral Health to have a mental health professional in one of our senior activity centers monthly.
- Provide more education on technology topics ie. telehealth
- Add virtual educational sessions to caregivers. Includes revamping our Caregiver Academy class.
- Did not complete: 1) survey nutrition clients to determine if medical and cultural needs are being met; 2) Establish partnership with Utah Division of Arts and Museums to utilize “creative aging grant” opportunities.

2. Priority of Services

Director Report

Central Davis Senior Center



South Davis Senior Center



Announcements

Elder Abuse Conference



PREVENTION THROUGH
CONNECTION
UTAH ELDER JUSTICE CONFERENCE

APRIL 25, 1-5 P.M.
Virtual

Discover strategies for older adults to prevent elder abuse. Join experts to learn how fostering vital connections is the key to prevention.

For questions or help registering, call 801-229-3808.

REGISTER AT [UTAHELDERJUSTICE.ORG](https://utahelderjustice.org)

EMILY ALLEN, AARP
Keynote Speaker

Shred Event



FREE SHRED DAY

May 3rd, 2024
10:30am-1:00pm

South Davis Senior Activity Center

726 S 100 E
Bountiful, UT 84010

PROTECT
DETECT
REPORT

Davis County Senior Services invites you to help fight fraud and reduce possible identity theft by properly disposing of:

- documents with personal information such as your social security number
- documents with personal information about your medical history
- documents with your credit card information or credit scores
- junk mail for credit card offers