



The slide features a decorative graphic on the left consisting of two overlapping, wavy lines in teal and red. A vertical red line is positioned to the right of the graphic. The UDDDC logo, which consists of the letters 'U', 'D', 'D', and 'C' in white inside colored circles (teal, red, teal, teal), is centered. Below the logo is the text 'Utah Developmental Disabilities Council.' To the right of the vertical line, the text 'Council Meeting' is displayed above 'March 5, 2024' and 'Virtual Meeting'.

Utah Developmental Disabilities Council.


Council Meeting
March 5, 2024
Virtual Meeting

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Agenda Item 1

Welcome and introductions

- Public Meeting Address by UDDC Chair, Lisa Wade
- Take attendance
- Review member expectations



The UDDDC logo is located in the bottom right corner of the slide. It consists of the letters 'U', 'D', 'D', and 'C' in white inside colored circles (teal, red, teal, teal), with the text 'Utah Developmental Disabilities Council.' below it.

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UDDC Member Expectations

Welcome to the meeting today! We expect UDDC members to:

1. Feel safe to share.
2. Ask questions. Chances are good that someone else has a similar question.
3. Make comments.
4. Avoid acronyms. If you need to use one, say the words the letters represent before using it.
5. Remember hybrid meeting ground rules and etiquette.

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UDDC Member Expectations

Responsibilities of DD Councils:

1. Serve as an advocate for people with ID/DD.
2. Conduct or support programs, projects, and activities that improve the quality of life for people with ID/DD.
3. Develop and monitor the progress of the 5-year plan and update it as needed and required.
4. Annually, report on 5-year plan activities and progress made to ACL.
5. Prepare, approve, and implement a budget using money provided by Congress.
6. Recruit, hire, and annually evaluate the director consistent with state/territory laws.
7. From time to time, review the designated state agency's support responsibilities to the Council.

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Agenda Item 2

Public Comments

- Call for public comment



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3. Review and Approval of December 2023 Minutes

Approve December 2023 Minutes

1. Call for discussion about December 2023 Meeting Minutes
2. Call for a motion to approve the minutes
3. Members **VOTE** 🗳️ to approve the minutes.



The minutes look like this example.



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4. Healthy Relationship Research Study

Council Members learn about the study and have a conversation.

1. Researchers from the Institute for Disability Research Policy and Practice (IDRPP) will share information about a recent study. Members will learn about the information collected and reviewed.
2. After the presentation, UDDC members will have the opportunity to talk about issues that matter to the Council. Members will share comments and ask questions.



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5. Committee Reports

State Plan Implementation Committee

1. Committee Summary
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions

Questions/comments?



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5. Committee Reports

Membership and Recognition Committee

1. Committee Summary
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions

Questions/comments?



5. Committee Reports

Policy and Legislative Engagement Committee

1. Committee Summary
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions

Questions/comments?



5. Committee Reports

Governance Committee

1. Committee Summary
2. Struggles and challenges
3. Successes and strengths
4. Council feedback and suggestions

Questions/comments?

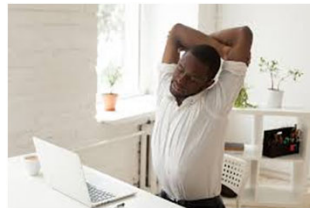


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6. Stand Up and Stretch!

Break:

Please return in **30** minutes.

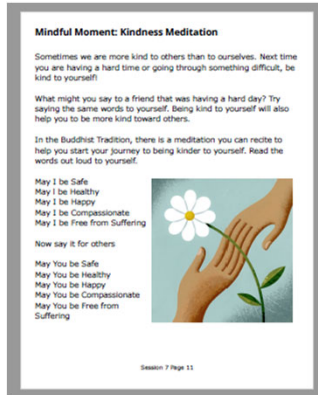


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7. Mindful Moment

Member practice a mindfulness technique.

1. Eric will lead the group through a mindful activity.



The Mindful Moment looks like this.



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8. Small Group Activity

Council Member Reflections

1. Council members will be sorted into small groups.
2. Groups will talk about
 - The motivation to join the UDDC
 - What they hope to accomplish
 - While serving on the UDDC
 - On their long-term advocacy journeys



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9. Legislative Session Recap

Council Members Talk about legislative outcomes.

1. Mary will share legislative outcomes and information related to policy issues that match UDDC's 2022-2026 priorities.
2. After the presentation, UDDC members will have the opportunity to talk about issues that matter to the Council. Members will share comments, ask questions, and make recommendations for continuing our policy efforts.



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10. UDDC Budget and Review of Expenditures

Members learn updates about the Council's budget.

1. Rickie will share information about the expenditures, the money we have spent so far this year. She will also review the current contracts and grants the Council has awarded.
2. After the presentation, UDDC members will have the opportunity to ask questions and make comments.



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11. Executive Director Report

Review the second quarter activities so far

1. Libby will share highlights from Quarter 2 of this fiscal year.
2. Council members will have an opportunity to ask questions, address concerns, and provide feedback.



Utah Developmental Disabilities Council
Executive Director Summary Report
December 6, 2023, Council Meeting

Area of Responsibility	Activity	Status	Comment
Goal 1: Health and Safety	Healthy Bodies and Relationships	Update	The UDDC contracted with the Institute for Disability Research, Policy & Practice to conduct a statewide needs assessment to ascertain current training and resources available to adults with disabilities and their families related to abuse, neglect, relationships, and sexuality. IDRRP is finalizing a report and will share the data in early December.
Goal 1: Health and Safety	Healthy Bodies and Relationships	New	UDDC was awarded \$10,000 from the Utah Hermit Center to support curriculum development. The funds will be used to create a training program to address social, emotional, and sexual health. The training will consider the information collected by the IDRRP to ensure that people with intellectual and developmental disabilities have information and resources to recognize and prevent interpersonal abuse.
Goal 2: Transportation	Transportation Study	Update	The UDDC launched a transportation access survey in late October of 2023. To date, 193 people have responded representing over 50 zip codes! So far common places most difficult to travel to are recreation opportunities like trails, parks, shopping malls, and shopping centers. Also, services and

The Executive Director Report looks like this example.



12. Executive Session- Executive Director Evaluation

Executive Committee Members will support members to complete the evaluation form.

1. Council members will fill out the Google form or a paper form to share their opinion of the Executive Director's performance.



13. Close the Meeting

1. UDDC Members will **VOTE** 🗳️ to close the March meeting.

