

4 Year Aging Plan



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Healthy Choices. Healthy People. Healthy Communities.

The Older Americans Act (OAA)

- Originally passed in 1965, created the first federal legislation devoted exclusively to addressing the needs and challenges of older Americans.
- Numerous reauthorization and expansion!

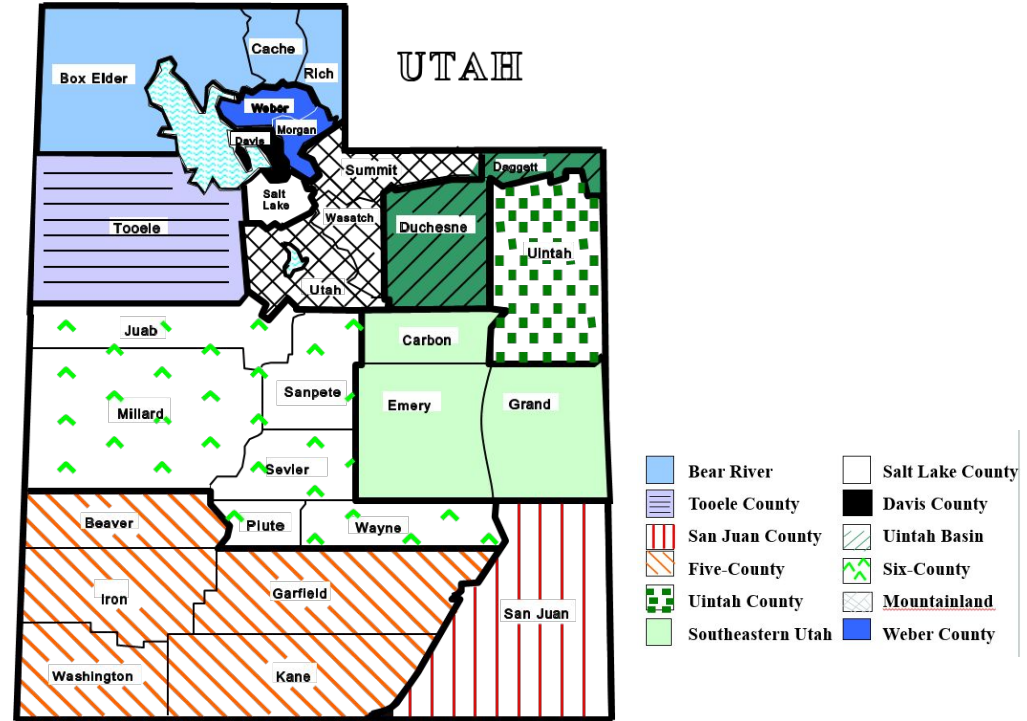


Older Americans Act

- Title I: Declaration of Objectives and Definitions
- Title II: Administrative on Aging
- Title III: State and Community Programs
 - Part A - General Provisions
 - Part B - Supportive Services and Senior Centers
 - Part C - Congregate and Home Delivered Meals
 - Part D - Disease Prevention and Health Promotion
 - Part E - Family Caregiver Support Program
- Title IV: Training, Research, Discretionary Program and Projects
- Title V: Community Services Employment of Older Americans
- Title VII: Vulnerable Elder Rights Protection Activities

Aging Network in Utah

- Administration on Aging (AoA)- Utah is in region 8
- State Units on Aging (SUA– DAAS)
- AoA divided the state into regions called Area Agencies on Aging (AAA)



State Services and Programs

- Caregiver Support Program
- Long-term Care Ombudsman
- Legal Services
- SHIP - Senior Health Insurance Information program
- SMP - Senior Medicare Patrol
- SCSEP - Senior Community Service Employment Program

- Nutrition Services
- The Alternatives Program
- Medicaid Aging Waiver
- Adult Protective Services
- Support Services
- Partnership Grants

Funding

- State and Federal Funding is received by DAAS
 - Base Amount
 - Formula Funding 1) square milage 2) senior population 3) fragile senior population 75+ 4) poverty rates 5) minority population
- Federal Funding - 28%
- State Funding - 27%
- Local Funding - 36%
- Senior - 9 % (fees, contributions, donations)

Four Year Plan

“Each designated area agency on aging shall prepare and develop an area plan for a planning and service area for a four year period, with such annual adjustments as may be necessary. Each such plan shall be based upon a uniform format for area plans within the State prepared in accordance with Section 307(a)(1) of the Older Americans Act.”

Four Year Plan Contents

- Projections
- Assurances
- **Goals and Objectives**
- Reaffirmation
- Direct Waivers
- State Specific Questions

1. Strengthening Older Americans Act (OAA) Core Programs – Describe plans and include objectives and measures that will demonstrate progress towards:				
Objectives & Measures	Year 1	Year 2	Year 3	Year 4
a. Coordination of Title III and Title VI Native American programs (Sec. 307(a)(21))	N/A	N/A	N/A	N/A
b. Ensuring incorporation of the new purpose of nutrition programming to include addressing malnutrition (Sec. 330)				
i. Partner with the University of Utah to study malnutrition in older adults residing in Davis County a) Measure: study results	X	X	X	X
ii. During meal assessments, staff will identify older adults with high nutritional risk scores and provide additional information and resources a) Measure: % of clients with high nutritional risk; # of handouts and resources given during assessments	X	X	X	X
iii. Host three (one at each center) senior health resource fairs every year to connect older adults to the community resources they need A) Provide nutritional screenings at the resource fairs a) Measure: # of screenings B) Invite specific community partners to the resource fair that provide nutritional assistance a) Measure: # of agencies	X	X	X	X

- Senior Advisory Council → Commission → State Board on Aging

Four Year Plan Priorities



Strengthening OAA Core Programs



COVID-19 Efforts



Equity Efforts



Expanding Access to HCBS



Caregiving Efforts



Community and Partner Engagement



Strengthening OAA Core Programs



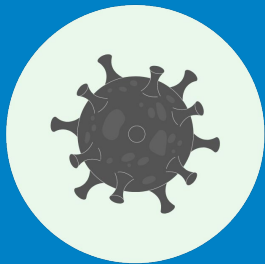
- Reduce hunger, food insecurity, and malnutrition
- Educate, prevent, detect, and treat for mental disorders (age-related dementia & Alzheimer's)
- Strengthen and expand nutrition, preventative, caregiver and elder justice services
- Support and coordinate with Senior Community Service Employment Programs (Easter Seals)



Strengthening OAA Core Programs



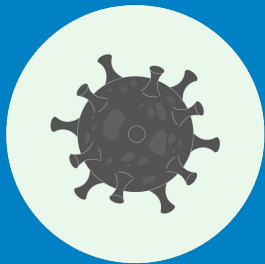
- Partner with the University of Utah in an older adult malnutrition study
- Identify individuals with high nutritional risk scores (PM) and connect to resources
- Provide Dealing with Dementia and Dementia Dialogues courses
- Provide support to community support groups
- Provide alternate meals, medically tailored meals, and cultural meals
- Increase awareness of services and resources
- Host senior resource fairs to connect older adults to resources



COVID-19 Efforts



- Educate, prevent, and detect the negative health effects of social isolation
- Provide information, access, and assistance with technology
- Provide mental health screenings, coordinate with community partners and refer
- Include immunization screening and vaccine-preventable diseases
- Coordinate with the statewide aging network to prepare for emergencies
- Expend ARPA funds
- Continue innovative COVID-19 practices to increase access



COVID-19 Efforts



- Partner with Davis Behavioral Health to provide mental health screenings
- Increase participation at senior activity centers and congregate dining to combat social isolation
- Provide technology access and assistance by providing public computers and Wi-Fi
- Provide homebound immunizations and clinics at the senior activity centers
- Update All Hazards Plan, participate on internal preparedness team, prepare public and community
- Spend ARPA funds to meet older adult needs



Equity Efforts



- Identify social determinants of health impacts of older adults
- Assess and meet cultural and medical nutritional requirements
- Prepare, publish, and distribute educational material about health and economic welfare
- Support cultural experiences, activities, and services including arts
- Support older adults living with HIV/AIDS
- Support participant-directed or person-centered care across all services



Equity Efforts



- Identify populations of older adults impacted by social determinants of health
- Create a Senior Health Profile of current data, community needs, and trends
- Conduct nutrition equity needs survey
- Outreach and engage underserved and underrepresented older adult communities
- Partner with other agencies and community champions to promote cultural experiences and activities
- Promote person-centered care or participant direction in all programs



Expanding Access to HCBS



- Secure opportunities for older adults to receive in-home and community services
- Promote, develop, implement, and coordinate with statewide partners to meet needs
- Coordinate with community-based and LTC services
- Integrate health, healthcare and social services systems into aging network services
- Connect older adults to resources and services
- Identify sustainable funding options



Expanding Access to HCBS



- Maintain current Medicaid waiver programs
- Participate in statewide initiatives, program meetings, U4A
- Provide non-emergency medical transportation
- Conduct long-term care facility discharge interviews
- Enhance community partnerships to meet needs of older adults
- Maintain service provider contracts
- Identify sustainable funding options



Caregiving Efforts



- Document best practices related to caregiver support
- Strengthen and support the direct care workforce
- Implement RAISE Family Caregiver Advisory Council recommendations
- Coordinate with Grandfamilies



Caregiving Efforts



- Align with the Utah Family Caregiver Plan and the Utah Alzheimer's Disease and Related Dementias Plan
- Recruit interns, review job descriptions, and career ladders
- Provide education, resources, and recognition to caregivers
- Identify and coordinate efforts with community partners to develop dementia friendly programs
- Maintain contact and a professional relationship with Grandfamilies



Community and Partner Engagement



- Facilitate the Coalition for Abuse Prevention of Elderly (CAPE)
- Empower and assist Medicare beneficiaries to prevent, detect, and report health care fraud, error, and abuse



Community and Partner Engagement



- Facilitate monthly CAPE meetings and trainings
- Identify and increase community partners to participate in CAPE
- Advocate for rights of individuals in LTC facilities
- Provide education about scams, financial exploitation, and elder abuse
- Reach underserved and underrepresented populations through community partnerships

Any Questions?