SOUTHWEST BEHAVIORAL HEALTH CENTER
AUTHORITY BOARD
AGENDA

for
November 8, 2023
Festival Hall
96 N Main St., Suite 101, Room #6
Cedar City, Utah
10:00 a.m.

AGENDA ITEMS	DESIRED OUTCOME	RESPONSIBLE PERSON
1. CALL TO ORDER		Commissioner Cozzens
1.1 Introductions		Mike Deal
2. ACTION		
2.1 Approval of September Minutes	Approval	Commissioner Cozzens
2.2 Bi-Monthly Operations Report	Approval	Mike Deal
2.3 Bi - Monthly Financial Report	Approval	Mike Deal
2.4 Cedar City Property Surplus, Sale, Project	Approval	Mike Deal
3. DISCUSSION/INFORMATION		
3.1 Clinical Report - Utah Student Health & Risk Prevention (SHARP) survey data	Information	Mike Deal/Logan Reid
3.2 State Auditor Risk Assessment	Information	Mike Deal
3.3 Legislative Priorities	Information	Mike Deal
3.4 County Behavioral Health Review	Discussion	Mike Deal
3.5 Executive Session - Legal Issue - Closed Meeting	Discussion	Commissioner Cozzens
3.6 Directors Report	Information	Mike Deal
4. ADJOURNMENT		

*IF NECESSARY, THE BOARD MAY HOLD A CLOSED MEETING

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SOUTHWEST BEHAVIORAL HEALTH CENTER
AUTHORITY BOARD MEETING MINUTES
November 8, 2023
Cedar City, Utah

COMMISSIONERS PRESENT:	Commissioner Gil Almquist Commissioner Paul Cozzens Commissioner Wade Hollingshead Commissioner Celeste Meyeres
STAFF MEMBERS:	Mike Deal, Executive Director Ruth Miller, Executive Assistant Michael Sherratt, Clinical Director Logan Reid, Prevention Program Manager
EXCUSED:	Commissioner Jerry Taylor

CALL TO ORDER/ INTRODUCTIONS

The meeting was called to order by Commissioner Cozzens, Vice Chairperson of the Authority Board, who welcomed all those in attendance. Commissioner Cozzens excused Chairman Commission Jerry Taylor.

INTRODUCTIONS

Commissioner Cozzens asked each of the Commissioners to introduce themselves then Mr. Deal asked Michael Sherratt, Clinical Director, to introduce himself along with Logan Reid, Prevention Program Director. They were welcomed to the meeting.

APPROVAL OF SEPTEMBER MINUTES

Commissioner Cozzens asked for a motion to approve the September 2023 Authority Board minutes. Commissioner Almquist moved to adopt the minutes and Commissioner Meyeres seconded the motion. The minutes were unanimously approved.

BI-MONTHLY OPERATIONS REPORT

Mike Deal reminded the Commissioners of the Bi-Monthly reports for the period September – October 2023 sent out to the Board previously and spent a few minutes talking about the personnel action report and how the Receiving Center was having an issue with hiring staff and had Mr. Sherratt talk about clients coming through the door. Mr. Sherratt noted that to date the Receiving Center has served 24 people and gave an example of the Center's vision in serving the community. Commissioner Meyeres noted that sometimes it is the people doing the serving who may need some help on different levels. She wondered about the possibility of using the RC facility for any other kind of related meetings. Mr. Deal noted licensing rules but indicated he would look further at options. Mr. Deal noted some concerns regarding our intake process highlighted by a note from the State Office after an initial visit to the Receiving Center. Discussion ensued on the appropriateness of some questions noted by the State. Mr. Deal indicated he would look into our actual practice and into privacy laws regarding crisis intake to ensure we are operating at best practice and inside the law. Mr. Deal will bring this information back to the Board in the future. Discussion ensued on other sections of the reports. Commissioner Almquist moved to accept the Bi-Monthly operations report and Commissioner Hollingshead seconded the motion. The voting was unanimous in favor.

BI-MONTHLY FINANCIAL REPORT

Mike Deal distributed the Monthly Financial Status Report as of 9/30/23 and spent a few minutes talking about Revenues and Expenditures. He noted that Revenues were at 20.50% and Expenditures 20.94% at 25% into the year. Mr. Deal noted that the Center was still waiting to hear back from Medicaid on the status of Medicaid eligibles and where we stand with Medicaid in relation to our budgeted revenues. He added that the Center case managers are working on the Medicaid unwinding list, helping people coming off Medicaid to requalify and get back on Medicaid. This is a challenge. Commissioner Meyeres moved to accept the Bi-Monthly Financial Report and Commissioner Almquist seconded the motion. The voting was unanimous in favor.

CEDAR CITY PROPERTY SURPLUS, SALE, PROJECT

Mike Deal reminded the Commissioners of the discussion in September's Board Meeting where there had been interested parties approach the Center looking to purchase the land in Iron County next to the Care and Share facility. At the time, and at the counsel of the deputy county attorney, we moved toward a sale to the Care and Share project group. As such, Mr. Deal distributed a copy of a Letter of Intent from Century 21 (representing the project) to purchase the 2 acres. He added that the Center purchased the property from Iron County Care and Share in 2008 for $200,000 with a goal to build low-income housing. Now the Iron County Care and Share is wanting to purchase the land back for $250,000. They currently have an additional acre and with the purchase of these 2 acres, they will have enough land to build a low-income housing project. Mr. Deal has reviewed the letter of Intent with Washington County Deputy Attorney, Devin Snow, who suggested if something happens and they don't build what they say they are building we put in the contract that the deal will be null and void. Commissioner Meyeres noted she had some questions about the kind of project being built at the price noted, wondering what type of "smart" housing it might include. Questions arose about the project already having an out-of-state Contractor already involved and how that might impact local builders. Questions that Mr. Deal did not have answers for He suggested an opportunity be provided for the proposed buyer to address these issues with the Board. It was suggested that as there were initially others interested in this property, that perhaps the fairest option would be to release a Request for Qualified projects to those interested in building low-income housing units on this parcel. It was decided to review this again with the deputy county attorney and to bring this to the Board in our December meeting. A motion to table this subject today and bring back to our December meeting was made by Commissioner Almquist and seconded by Commissioner Meyeres. The voting was unanimous in favor.

CLINICAL REPORT:

UTAH STUDENT HEALTH AND RISK PREVENTION (SHARP) survey data

Mike Deal turned the time over to Logan Reid to explain how the SHARP data was collected and the model used for Prevention providing services in the Community via a needs assessment and then evaluate that data. This is given to 6-12 graders who are questioned on what they are most concerned about. Suicide by a student and Students using drugs are what they are most worried about. Mr. Reid gave survey demographics stating that 4,736 students in the Southwest five counties were surveyed. 40% response rate with parental consent. In a previous year, Mr. Reid had done a short presentation for the Board regarding Substance Use issues use in the last 30 days. He stated that he uses this information in presentations often showing the differences over the years, the impact our Prevention efforts have brought about. Mr. Reid continued to advance through slides until he reached the most recent data for each County – other than Kane who did not participate. He showed a slide for Escalante using Line-Logic. Starting with the problem, then looking at the root cause and Local Factors. 100% of students said no my parents do not communicate with their children. Educating parents became a solution using Community Events. The Commissioners asked if this information could be shared with them via power point, etc. and Mr. Reid stated that presentations are always being done in their communities and he is glad to present to any of the County Commission meetings if desired.

STATE AUDITOR RISK ASSESSMENT

Mike Deal mentioned that SBHC is required to submit a Risk Assessment to the State auditors that is different than what was done in the September Board meeting for the Medicaid auditors. The Center scored 375 out of 395 which makes the Center low risk. The Board was supportive of this score and getting this submitted to the State Auditor's office as required.

LEGISLATIVE PRIORITIES

Mike Deal distributed a UBHC list regarding priorities for the 2024 Legislative Session and discussed each of them. They are:

1. Seek Consensus on FMAP (Federal Medicaid Assistance Percentage) and increase funding for the state match and the public behavioral health system.
2. Expand the crisis continuum by funding existing Receiving Centers and MCOTs at the same rate as proposed new ones.
3. Increase the number of State Hospital beds.
4. Increase funding for Drug Court.

These priorities have been discussed and approved by the UBHC Board and will be shared with UAC Leadership. Another more detailed summary will be forthcoming in the coming months.

EXECUTIVE SESSION – LEGAL ISSUE – CLOSED MEETING

Commissioner Cozzens asked for a motion to go into a Closed meeting to discuss a legal issue. Commissioner Almquist made that motion and Commissioner Hollinghead seconded the motion. The voting was unanimous in favor.

After discussion of the legal issue, Commissioner Meyeres moved to go out of the closed meeting and Commissioner Hollingshead seconded the motion. The voting was unanimous in favor. No motion needed.

DIRECTORS REPORT

Mike Deal informed the Commissioners of the 2024 National Council Conference that will be held in St. Louis MO April 13-15. He added that Ms. Miller has registered each of them and will be contacting them regarding their schedules and if they are able to attend and will send out the link showing the information.

MEETING ADJOURNMENT

Commissioner Almquist moved to adjourn the meeting and Commissioner Meyeres seconded the motion. The voting was unanimously in favor of adjournment.

DECEMBER 'S BOARD MEETING

December's Board meeting will be held on Wednesday, December 13th, 2023. The meeting will be held in Washington County at the Abbey Inn in St. George at 1:00 with a Christmas luncheon at Noon.

NOVEMBER MINUTES APPROVAL

The November 8, 2023 Board Meeting minutes were unanimously approved at the December 10th, 2023 Board Meeting.

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Southwest Behavioral Health Center Authority Board Chairperson