SOUTHWEST BEHAVIORAL HEALTH CENTER
AUTHORITY BOARD
AGENDA

for
September 13, 2023
Southwest Behavioral Health Center
Festival Hall
96 N Main St., Suite 101, Room #6
Cedar City, Utah
10:00 a.m.

AGENDA ITEMS		DESIRED OUTCOME	RESPONSIBLE PERSON
1.	**CALL TO ORDER**		Commissioner Cozzens
2.	**ACTION**		
2.1	Approval of July Minutes	Approval	Commissioner Cozzens
2.2	FY 2024 Audit Entrance Conference	Discussion	Mike Deal
2.3	Bi-Monthly Operations Report	Approval	Mike Deal
2.4	Bi - Monthly Financial Report	Approval	Mike Deal
3.	**DISCUSSION/INFORMATION**		
3.1	Clinical Report	Discussion	Mike Deal
3.2	Surplus of Cedar City Property	Discussion	Mike Deal
3.3	Medicaid Audits	Information	Mike Deal
3.4	Opioid Settlement Plans	Information	Mike Deal
3.5	County Behavioral Health Discussion	Discussion	Mike Deal/Board
3.6	Directors Report	Information	Mike Deal
3.7	Executive Session - Legal Issue - Closed Meeting	Discussion	Commissioner Cozzens
3.8	Other Business	Discussion	Mike Deal
4.	**ADJOURNMENT**		

*IF NECESSARY, THE BOARD MAY HOLD A CLOSED MEETING

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Thank you

SOUTHWEST BEHAVIORAL HEALTH CENTER
AUTHORITY BOARD MEETING MINUTES
September 13, 2023
Cedar City, Utah

PRESENT:	Commissioner Paul Cozzens Commissioner Wade Hollingshead Commissioner Celeste Meyeres Commissioner Gil Almquist Kevin Jones, Auditor
ABSENT:	Commissioner Jerry Taylor Michael Sherratt, Clinical Director Ruth Miller, Executive Assistant
STAFF MEMBERS:	Mike Deal, Executive Director Matt Gardiner, Controller

CALL TO ORDER/ INTRODUCTIONS

The meeting was called to order by Commissioner Cozzens, Vice - Chairperson of the Authority Board, who welcomed all those in attendance. Mike Deal excused Commissioner Jerry Taylor.

APPROVAL OF JULY MINUTES

Commissioner Cozzens asked for a motion to approve the July 2023 Authority Board minutes. Commissioner Almquist moved to adopt the minutes and Commissioner Hollingshead seconded the motion. The minutes were unanimously approved.

FY 2023 AUDIT ENTRANCE CONFERENCE

Mike Deal reminded the Board of its role as Audit Committee for Southwest to assist management in assessing the effectiveness of internal controls and to ensure financial statements are performed by qualified, independent account firms. Mr. Deal introduced Kevin Jones, Auditor for Hafen, Buckner, Everett and Graff PC to the Commissioners to discuss the FY 2023 Audit Entrance Conference. Mr. Jones asked if there were any concerns by the Board for the auditors to address or anything they would like the Auditors to pay more attention to as they conduct their audit. Mr. Deal highlighted a letter from the Office of Substance Use and Mental Health noting specific areas the office would like reviewed. Mr. Jones noted the audit has not yet started but if there were any other areas that they would like the auditors to look into, they are welcome to contact Mr. Jones. Mr. Deal also mentioned the challenge of closing the year with

Medicaid revenues not yet reconciled. This is a Department issue with their new system. He asked the Board to please fill out 2 questionnaires, 1 regarding Fraud, Waste and Abuse and the other is a related-party questionnaire. The Board should return them in the self-addressed stamped envelope. He asked them to please let him know if they had any questions. With no concerns noted, the audit will begin soon.

APPROVAL OF BI-MONTHLY OPERATIONS REPORT

Mike Deal noted that the Bi-Monthly Operations Report had been sent to the Board previously and reviewed Personnel Changes, Major Expenditures, Risk Management, Director's Travel and Public Use of Center Facilities for the time period July – August 2023.

Mr. Deal asked if there were any questions regarding that report. Following discussion on various questions, Mr. Deal asked if there was anything further the Commissioners would like explained and there was not. Commissioner Meyeres moved to approve the report and Commissioner Almquist seconded the motion. The voting was unanimous in approval.

APPROVAL OF BI-MONTHLY FINANCIAL REPORT

Mr. Deal distributed the Monthly Financial Status Report as of 7/31/2023 showing total Revenues at 2.71% and Expenses 3.70% at 8.33% into the year due to several contracts not yet signed or processed. He reiterated the Medicaid revenue issue the State must fix soon. He also distributed the final FY23 report of the Monthly Financial Status Report for 6/30/2023 showing total Revenues at 99.23% and Expenses 98.81%. Discussion ensued regarding the Washington County Crisis Stabilization Center funding and inpatient costs. Commissioner Almquist moved to approve the Bi-Monthly Operations Report and Bi-Monthly Financial Status Reports and Commissioner Hollingshead seconded the motion. The voting was unanimous for approval.

CLINICAL REPORT

Mike Deal reminder the Commissioners that in the July Board meeting he mentioned Shari Lindsey had stepped down as the Clinical Director and had taken a position at the Receiving Center as a Crisis Therapist. There were 3 internal candidates and 4 external candidates (2 physicians from out of state) for her position. The committee interviewed 3 candidates and selected an internal staff, Michael Sherratt, who has been our Cedar City Adult and Youth Mental Health Program Manager. He has a broad range of clinical background. Mr. Sherratt worked for the Vet Center for a while and is in the National Guard. His plan is to retire from the guard in the next year or so. He is an enlisted Command Seargent Major and is well respected. He is working 3 days in the St. George office and in Cedar City the other 2. Mr. Deall added that he is not in attendance today because he is in his week of military leave and should be in attendance in our November meeting.

SURPLUS OF CEDAR CITY PROPERTY

Mike Deal noted he wanted to talk about Cedar City property for a few minutes. He distributed a map of the property that the Center owns; 2 acres, next to the Cedar City cemetery and next to the Iron County Care and Share. The Center purchased the property in 2008 with the intent to build transitional apartments or units on it with a satellite office where the case managers would work out of. A few years down the road, we decided we didn't want to be a landlord and would work with the local Housing Authority to better meet our housing needs. A few years back, Care and Share indicated they were interested in purchasing the property then they had a change in leadership and decided not to purchase it. Then a couple of years later, Commissioner Cozzens noted that Iron County was interested in purchasing the property for a Children's Justice Center. But they found property elsewhere. In the last six months, 3 people have approached the Center looking to purchase the land for housing units. Iron County Care and Share and Canyon Creek Services have applied for a housing grant and have several million they can put toward the project. If we declare the property surplus, there is a process we can go through to partner with these entities. We did something similar in Washington County a few years ago with some property the Center owned on Dixie Drive. Switchpoint Homeless Shelter, who is nonprofit, wanted to purchase the property and we were able to sell it to them at fair market value. Devyn Snow, Washington County Deputy Attorney, noted that we have the option to partner with Iron County Care and Share and Canyon Creek Services who wants to put in low-income affordable housing which would benefit our clients. This is why we purchased the property in the first place. It would have to be at fair market value. Mr. Deal noted that his preference would be we partner with ICCS and CCS and let them step in and purchase the property to put housing units in. Mr. Deal added that it wasn't on the agenda for a formal motion today but wanted to get the Commissioners input. Mr. Deal will bring the topic back to the Board in November.

MEDICAID AUDITS

Mike Deal noted that he wanted to make the Board aware of the Medicaid audits the Center has. He distributed a list of the 4 Medicaid audits that were held this summer and discussed each one with the Commissioners:

1) Standard External Review: Program Integrity
2) Standard External Review: Network Capacity Validation
3) Standard External Review: Performance Measure Validation
4) Office of Inspector General Investigation

After a discussion of each area, Mr. Deal noted the positive outcomes of each and asked for questions. The Board was appreciative of staffs' good work.

OPIOID SETTLEMENT PLANS

Mike Deal wanted to highlight the Opioid Settlement plans and noted that Katherine Rhodes from UAC has been sending out spreadsheets and added that he included one for each County in the packets distributed. He mentioned each of the County plans that have been reported:

- Beaver: Funds being applied to Prevention Coalition
- Garfield: Opioid treatment in jails and expanding training to first responders
- Kane: Applying funds toward a drug court facility

- Iron: They are not spending the money in the first year and are looking at options for future. Mr. Deal mentioned if the Counties don't spend the money, it is carried forward.
- Washington: Funds will be used for the Medical Wing at the jail and expanding opioid treatment there. We have talked about possible using some of the funds in Washington County for the Receiving Center for transportation.

Mr. Deal wanted to bring up that each of the County's has a Criminal Justice Coordinating Council which requires a Commissioner, County Attorney, and someone from Behavioral Health. He is reaching out to each of the Counties to make sure that Mental Health is involved and he is glad to attend any of these meetings to discuss further issues. Mr. Deal asked if there were any questions regarding the funds. Discussion ensued regarding drawing down the funds.

COUNTY BEHAVIORAL HEALTH DISCUSSION

Mike Deal wanted the Board to take a look at a Medicaid and Behavioral Health presentation he prepared to discuss how Medicaid actually works with the objectives of highlighting "The Value of Local and State Partnerships and Integrated Medicaid reimbursement." He noted that, historically, a Medicaid restructure was necessary with 3 basic goals: Save State Medicaid dollars by managing patients care in a less restrictive environment, Leverage limited state and county funds to expand community mental health system infrastructure and services capacity, and Use the savings generated through managing patient care to serve unfunded state and county residents. Mr. Deal shared the Mental Health and Substance Abuse Local Authority Responsibilities and discussed integrated care. He mentioned new proposals on the table and added that somewhere down the line it will be debated if everything gets shifted from the local Behavioral Health Authority to the large Accountable Care Organizations (ACOs). Commissioner Meyeres moved that the Board submit a letter to the Department of Health and Human Services leadership to provide the direction to push back on getting everything sent to the ACO's in the future. Mr. Deal noted that he would have a letter prepared and will send it to the Board for their signatures. Commissioner Almquist seconded the motion and the voting was unanimous in favor.

DIRECTORS REPORT

Mr. Deal updated the Board on the opening the Receiving Center by stating that licensing has not finished their process and hoped to be finishing it up in the next 2 weeks. Commissioner Meyeres mentioned that the Kane County Sheriff had asked her what happens transportation-wise after they bring someone to the Receiving Center. Mr. Deal noted that the Center is working on multiple transportation options – one being family availability or if we need to transport, we will. There is also a shuttle available in some Counties. He added that in our discussions with the Sheriffs' departments, we have told them it is not the expectation they would have to pick up if they drop off.

Mr. Deal mentioned the State Substance Abuse Conference will be in St. George September 13-15 with a lot of good speakers and the Southwest Recovery Day will be held the 21st from 5-8 p.m. at the Vernon Worthen Park with a lot of vendors in the area, music and speakers. He invited the Commissioners to attend.

EXECUTIVE SESSION – LEGAL ISSUE – CLOSED MEETING

Mr. Deal noted that the Executive session he anticipated did not have any new information to share so it can be left off the meeting at this time.

OTHER BUSINESS

Mike Deal asked if there was any other business or questions the Commissioners. Commissioner Meyeres noted that Kane County was getting ready to do their budget and asked how much they paid Behavioral Health and Mr. Deal noted he would send the County Match budget to her. Commissioner Almquist asked a question regarding one of the forms the auditor left with the Commissioners.

MEETING ADJOURNMENT

Commissioner Meyeres moved to adjourn the meeting and Commissioner Hollingshead seconded the motion. The voting was unanimously in favor of adjournment.

NOVEMBER'S BOARD MEETING

November's Board meeting will be held in Iron County on Wednesday, November 8th at 10:00 am at the Festival Hall located at 96 N Main St. Suite 100 Room #6 in Cedar City.

SEPTEMBER MINUTES APPROVAL

The September 13th, 2023 Board Meeting minutes were unanimously approved at the November 8th, 2023 Board Meeting.

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Southwest Behavioral Health Center Authority Board Chairperson