Healthy West Valley Committee
Meeting Minutes: September 12, 2023
Approved: October 10, 2023

Present:
Members: Deb Jordan, Jim Tarr, Morgan Hadden, Gabriela Silva, Tatiana Pryor, Jennifer Seltzer, Liliana Martinez, RyLee Curtis, Alex Kidd, Craig Thomas, Lee Whiting
Guests: Noah Miterko, Olga, Caitlyn Jasumback, Ashley Castaneda, Tom Ballard, Alyssa Burnham, Abe Rawlings, Mercedes Maestas, Don Christensen, Shawn Neilson, Jordan Fuller, Kimberly Alvarez, Diana Martinez, Aimee Klein, Kylie Peterson, Misty Smith

Excused: Kevin Guyen, Julia Glade, Raul Garcia

REGULAR COMMITTEE MEETING

1) Call to Order and Welcome
   Meeting opened at 1:09 pm and introductions of new members

1) Approval of Minutes
   a) August
      1st: Craig Thomas
      2nd: RyLee Curtis

2) Business
   a) Take Heart Rocks – Tom Ballard, Speaker
      i) Presentation by Tom Ballard on the Take Heart Rock program. Heart Rocks were provided to all members of the coalition as a suicide prevention method.
   b) Safe Messaging Training
      i) Training completed by Alyssa Burnham on Safe Messaging and how to discuss suicide without causing harm. Training materials will be provided in follow up email.
   c) Fall Fest Funding
      i) Approval of $2,000 for use at Fall Fest
      1st: Lee Whiting
      2nd: Deb Jordan
   d) Elections

- West Valley City does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in employment or provision of services.
- If you are planning to attend this public meeting and, due to a disability, need assistance in understanding or participating in the meeting, please notify the City at least eight or more hours in advance of the meeting and we will try to provide whatever assistance may be required.
- The person to contact for assistance is Craig Thomas, (801) 963-3285.

i) Votes were completed for chair and vice chair. A vote was completed unanimously
Chair: Kevin Nguyen
Vice-Chair: Liliana Martinez

3) Upcoming Dates
   a) Granger High School Parent Teacher Conferences – September 18&19 from 4:00-7:00 pm. Community partners welcome to table
   b) ARUP Blood – October 21 from 10:00-1:00 pm. AirMed Helicopeter landing at the ARUP Donor Center in Sandy. Wear a red shirt!
   c) WVC SLCC – Credit Building Workshop on September 20 from 6:00-8:00 pm
   d) Hunter Library – Mental Health Teens Series on October 14 from 12:00-2:00 pm
   e) American Heart Association – Community event on September 23 at 8:30 at Sugarhouse Park
   f) SAPREA – Free retreats for any woman who has experienced childhood sexual abuse
   g) HWVC – Surivivors of Suicide Loss Day on November 18th. Contact Alex Kidd if you would like to help plan the event.
   h) WVC – If any community organization would like create an ofrenda for the Day of the Dead Celebration at the UCCC, reach out to Michael.Christensen@wvc-ut.gov
4) Other Business
   a) No other business
5) Adjourn
   a) Meeting was adjourned at 2:21

NEXT COMMITTEE MEETING
Date: **Tuesday October 10th, 2023,** at 1:00 p.m.
Location: City Hall, Suite 220 and Electronically
Format: Regular Committee Meeting

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