

April 26, 2023 - KCCOA MEETING MINUTES

Members Present: Nancy Ford, Cindy Turnquist, Carolyn Banks, Ron Ford, Ron Owens, Elaine Hansen, Wally Gibson, Rick Parsons, Loretta Ozga, Caroleen Chamberlain, Lamont Smith, Beverly Dinsmore

Not Present:

Commissioner: Patty Kubeja

Staff: Jerica Bauer

I. Welcome & 10/26/22 Minutes Approval - Nancy

- a. Motion made by Carolyn Banks to accept the minutes, second by Wally Gibson, & minutes were approved.
- b. Time was allowed for comments. No comments.

II. Five County COA Report – Nancy

- a. Budget - Five County asked for \$2,178,400.60 in funding, the legislature only approved \$1.5 million. This will hurt us in some areas especially the food program. We received no extra funding for age support. Five County plan is to hire a lobbyist. Please get in touch with your Representative and Senator to ask their support for more funding. Commissioner Kubeja advised, the county already pays for a lobbyist, she could check to see if they can help with making the legislature aware of Kane County's senior needs. We have not received a budget for 2024 yet. Five County along with everyone is having staffing issues, so that package is not ready yet.
- b. Nutrition Program - May 13 ends the Covid funds, it will affect Meals-on-Wheels. Jerica prepared and sent out a letter to explain changes. To include why we approved an increase in the suggest donation amount to \$4.00 per meal. These donations help cover the cost of the meal program. This is a suggest amount for those who feel they can afford it, any amount donated is appreciated. May 13th also affects qualification for home delivered meals. There is an intake form, that is filled out every year for all senior who participate in the center. If someone is receiving assisted transportation, homemaker chore, or home delivered meals a complete form must be filled out. Jerica and her staff review the forms and make an assessment about qualification for services. Home or phone visits can be done to make an assessment and determine eligibility. Copies of the forms were passed out for all to review and return. Services can be extended during times of need, such as injury or medical procedures. An appeal can be made on all decisions. Each situation is different, and needs to be individually considered and scored according to all factors that determine eligibility. We are currently over on our home delivered meals and under on congregate meals. We need to try and balance that by having those who can come to congregate meals at the center.
- c. Supportive Services – The State would like seniors to stay living in their homes as long as they can. For an assisted living facility, the average costs to the State is \$5280. a month, compared to \$440. a month for in-home services. However, they are having difficulty staffing care-givers. Currently there are 670 individuals on a waiting list for services. There is a need for people in evidence based programing. Maria from Five County will zoom any of their programs into Kane County upon request. The Five County website calendar shows what classes and courses are available. Cedar City has a new case worker. Ron Ence from the State Commission on Ageing is trying to organize a calendar that will show all activities in the state. These activities will be accessible by zoom. They're working on a call center (hot

line) for questions. They have resources on You-tube, Facebook and a resource center. Loretta brought up that we need individuals who can talk face-to-face with our seniors because they are not all computer literate. Possible solution has been discussed about using volunteers. We need to find out how many seniors are in our area, and how many are home bound or in need of special assistance. Jerica advised we are currently serving about 93 homebound seniors. There may be others that we don't reach.

d. Upcoming Five-County Events

- Five County Senior Conference – May 5th, Cedar City – American Bandstand Meal – Booths – Sessions, lots of fun and information.

III. Financial Report – Cindy

KKCOA - FIVE COUNTY CONTRACT SERVICES
Budget Summary - 3rd Quarter 2023

CONTRACT SERVICES	CONTRACT TOTALS			Quarterly Average		Jan-23		Feb-23		Mar-23		3rd Quarter Totals		BUDGET AVAILABLE
	UNITS	UNIT \$	TOTAL	Units	\$ Total	Units	\$ Amount	Units	\$ Amount	Units	\$ Amount	Units	\$ Amount	
SUPPORTIVE SERVICES														
Assisted Transportation	750	7.00	5,250.00	188	1,312.50	60	420.00	50	350.00	62	434.00	172	1,204.00	1,435.00
Transportation	2800	6.00	16,800.00	700	4,200.00	122	732.00	100	600.00	126	756.00	348	2,088.00	9,791.00
Outreach	800	5.25	4,200.00	200	1,050.00	900	4,725.00	28	147.00	888	4,662.00	1816	9,534.00	(13,093.50)
I & R (one-on-one)	1000	3.00	3,000.00	250	750.00	92	276.00	137	411.00	49	147.00	278	834.00	556.50
Public Education (group)	4000	1.50	6,000.00	1,000	1,500.00	69	103.50	286	429.00	544	816.00	899	1,348.50	1,617.00
Telephone Reassurance	1000	2.25	2,250.00	250	562.50	53	119.25	50	112.50	51	114.75	154	346.50	900.00
Friendly Visit	1500	5.75	8,625.00	375	2,156.25	65	373.75	96	552.00	45	258.75	206	1,184.50	3,289.00
Homemaker	750	8.00	6,000.00	188	1,500.00	11	88.00	21	168.00	51	408.00	83	664.00	2,520.00
Chore	500	8.00	4,000.00	125	1,000.00	73	584.00	61	488.00	32	256.00	166	1,328.00	560.00
P.I.P. Collected														
Total Services Reimbursed			56,125.00	3,275	14,031.25	1445	7,421.50	829	3,257.50	1848	7,852.50	4122	18,531.50	7,575.00
MEALS														
Concrete Meals	4453	5.50	24,492.50	1113.3	6,111.38	528	2,904.00	457	2,513.50	596	3,278.00	1581	8,695.50	18,359.50
Home Delivered Meals	13039	6.75	88,011.75	3259.7	22,002.75	1332	8,991.00	1075	7,256.25	1289	8,700.75	3696	24,948.00	6,268.50
Total Meals Reimbursed			130,653.00	4372.9	28,663.25	1860	11,895.00	1532	9,769.75	1885	11,978.75	5277	33,643.50	24,628.00
OTHER SERVICES RENDERED														
Recreation			2,718.00		679.50		234.95						234.95	2,483.05
St. Transportation			3,000.00		750.00		343.44						343.44	2,656.56
Preventative Health														
Covid-19 (PPE's, 1x Items)														
Total Other Services Reimb.			5,718.00		1,429.50		578.39						578.39	5,139.61
REIMBURSEMENTS			192,496.00		48,124.00		19,894.89		13,027.25		19,831.25		52,753.39	37,342.61

a. Review of Five-County Contract & Budget Summary – 3rd Quarter 2023

Spread sheet handout is to help us get an idea of where we are today. It is broken down into all the different services that we are reporting and we are contracted to do with Five County. In the blue is the actual contract and the amounts. We have total reimbursement for \$192,496 FY23. Cindy did a quarterly average that tells us what we should be doing each quarter. The next three columns are for January, February and March, which is the third quarter of the current contract and our totals there. The budget that's left over was taken from Jerica's figures, the first two quarters are not yet in this spread sheet. The biggest item that is in the negative is outreach, under the services. Jerica explained that currently we are expending more in outreach services, and we have been given permission to request more in reimbursement because of other left-over funds. An amendment will be made to our contract.

- b. The question was asked if we could transfer money from congregational meals to home delivered meals. Wally explained that with the new fiscal year and the emergency declaration funding ending on May 11th we will not be allowed to transfer funds. Jerica will ask if our next year's budget for home delivered meals can be increased, to cover our current need of home delivered meals. We do not have control over these budget items, it comes from a population based

formula applied by Five County to federal grant money. The State's goal is to get seniors out for congregate meals. Much of the control over how money is spent comes from federal guide lines. It was discussed that the county is aware of its own circumstances and needs, and should have more control over how funding is spent. Lamont suggested that the county funds we receive could be used entirely for home delivered meals. For the last three years the rules and lines have been blurred, the state and federal government kept changing how things were reported. With covid ending a lot of freedom in the budget is gone and the rules will be stricter. We have more people interested in home delivered meals than congregate meals. They are not interested in coming to the center to socialize. Valley seniors can be considered home bound, as there is not a bus to pick them up and take them to the center.

In February home delivered meals served were 1075 units with snow days, January was 1332 units. With the current budget we should be half that at 667 units. One possible solution is to be prepared to seek more funding from the County Commission at the next budget opening. Lamont stated that the Senior Center use to have a larger budget in the past. Funding was cut due to lack of use. The County will start their budget process in September with preliminary set in October final in December.

IV. Kane County Report - Jerica

- a. Staff updates, there is a new driver in Orderville. His name is Morgan Thorton, everyone seems really happy with him. We are looking for a cook, that position has been posted. We are looking for a nutrition project specialist, the staff assistant in the valley has resigned, that position will be posted. Wally is currently the lone ranger. There are three new people in Kanab. Judy, Bob who delivers meals, and Deborah who drives bus. We are hoping to be able to bring more seniors to the center in Kanab to eat. Before covid we use to have a bus that would pick up a group of seniors and bring them to the Kanab center to eat and then take them home. One day each week the bus would take them grocery shopping. We'll see if we can get that going again now that we have two new bus drivers. The budget shows were are contracted to give 2800 rides annually. In the third quarter only 348 rides were given. We have only been doing 2 social trips per month weather permitting. The bus will hold 14 passengers. The bus or a county vehicle is available for valley seniors to be brought to Kanab for Doctor appointments and shopping.
- b. The meals are being prepared in Kanab, by the majority of the Kanab staff. We are working with Alan Aldredge from the Sheriff's office and D. Blake from refrigeration, to get the proper equipment to make our kitchen more efficient with the space we have to work with. We have had both good and negative feedback. We are working to make improvements and trying new recipes. We need feedback to make corrections, so let us know what you think. Meals have to fit the Older American Act of Criteria, two servings of veg, one serving of fruit, 2 servings of grain and 3 oz. of meat. We do not have to serve juice or dessert just milk, but we choose to provide desert. Recipes are submitted to five county for approval.

V. Center Updates – Jerica, Wally & Rick

- a. Jerica – Kanab staff has been so busy with cooking that a newsletter was not sent out. Some of the activities have slowed down as well. The center is being used, and we are looking at having movie days.
- b. Wally – Valley has one person coming in to use the exercise equipment. There is a walking group that goes three days a week. A meeting was held to start a Book club group. A few people are coming and to pick up their meals. They are counted as home delivered. About eight people have been coming in for the monthly birthday meal. Time was given to discuss a meeting held by some of the seniors who were upset with the changes being made at the Valley Center. Caroleen and Lamont were invited to the meeting. They felt a lack of being informed of the changes being made, and there was some miss understanding about the center being open. Discussed how we can make information accessible for all seniors. Currently the newsletter is delivered with the meals, a copy is posted at the post office and copies are available at the centers. There is an Active Living Center page on Facebook that everyone can access. There are requests for private use of the valley center. Rules need to be established with the county commissioners about private use. It was suggested that if someone wants information about the center they come to the center or call the center. An article could be put in the newspaper telling seniors how to get information about activities, as well as information about big changes when they happen. The commission is planning a Long Valley Town Hall, the public will be invited, date has not been set yet. Jerica stated right now we do not mail out any information for any of the centers, we could look at doing that for a few months for the Valley to get seniors to start coming into the center. The letter about changes to the meals-on-wheels program was only sent to individuals who have been receiving meals.
- c. Rick – Big Water is experiencing a lot of growth and development with younger families moving in. Several seniors have left the area to be closer to family who could meet their needs. A building has not been found for a center. Rick is working on getting a count on the number of seniors.

VI. Supportive Services Sub-Committee - Cindy

- a. We decided to form a sub-committee Cindy will work on that. Jerica will work with Commissioner Kubeja and Attorney Van Dyke on forming a community-based 501 C 3. Cindy gave us her e-mail address cindy@pegasus.us.com she would like to put together a list of the needs of seniors in rural areas. This is for her meeting on June 12th with the division of ageing adult services. She really wants to pressure them to start thinking about rural communities because really, they are mostly worried about Salt Lake County. Utah county all the big cities, so it would be nice to be able to go with a list of what we really need in rural communities. Please e-mail her your ideas. Jerica will work on a survey from the center. If all the data could be in by May 12th.

VII. Meeting Adjourned at 4:50. Wally motioned to adjourn and Caroleen seconded.

VIII. Next Meeting: Wednesday, July 26th @ 3:00 pm, Kanab Active Living Center