Car Survival and Emergency Kit

You never know when you might become stranded in your vehicle on a deserted highway or even on a busy freeway during rush hour traffic. Be ready to take care of you and your family in just such an occasion.

✔ Maintain a minimum of ½ tank of gas ✔ Keep vehicles serviced for seasonal changes

Keep secured for safety in a sturdy container the following items:

- Water in 2-liter bottles (filled ¾ full to allow for freeze expansion); rotate water every six months
- Food/power bars, candy, dehydrated fruit, nuts, etc.; rotate food regularly
- Blankets (can be Mylar) or a sleeping bag Coat(s) or jacket(s), rain poncho, boots/goulashes, gloves for warmth and work
- Road emergency flares
- Flashlight with extra batteries, fluorescent light sticks
- Fire extinguisher (Standard Class ABC)
- Collapsible shovel
- Jumper cables
- Whistle (equipped to hang around neck)
- Dust masks
- Personal sanitation items (toilet tissue, moist towelettes, feminine supplies)
- Writing pad, pencils, road map
- Siphoning Hose
- Ice scraper
- Additional car kit items: tools needed to change a flat tire, bag of sand or rock salt, tow rope

First aid kit:
- rubber disposable gloves
- adhesive bandage strips
- gauze
- non-adherent sterile pads (various sizes)
- first aid tape
- large cotton cloth (use for sling, tourniquet, bandage)
- anti-bacterial ointment
- burn cream
- aspirin | pain reliever
- PRESCRIPTION MEDICATIONS
- eye wash
- hand wipes (antiseptic)
- hand sanitizer
- cotton balls | cotton pads
- alcohol swabs
- iodine (bottle or pads)
- scissors | tweezers
- pocketknife
- razor blades
- safety pins (various sizes)
- needles | heavy thread
- matches (waterproof)
- chemical ice pack
- hand warmer packets

ALWAYS BUCKLE UP, DON’T TEXT AND DRIVE AND ALWAYS DRIVE SAFELY!

✔ Make a Plan ✔ Get a Kit ✔ Be Informed ✔ Get Involved
For more preparedness information: BeReadyUtah.gov