Disaster Supply Kit

REMEMBER:
- Store in a backpack, wheeled suitcase, or other portable container in an easy-access location, as near as possible to an exit
- Have a separate kit for each family member
- Items susceptible to water damage should be in plastic bags
- Check kit twice a year and replace items that have expired or don’t work

Cover all 12 Areas of Emergency Preparedness in your disaster supply kits.

ADD ADDITIONAL ITEMS TO KITS TO FIT INDIVIDUAL NEEDS

1) Shelter & Fire
- Waterproof poncho
- Emergency reflective blanket
- Wool or fleece blanket or sleeping bag
- Tent or tarp
- Windproof/waterproof matches
- Alternate fire-starter
- Hand and body warmer packets

2) Water
- 1-2 gallons of water in a refillable container
- Water tablets and/or filter

3) Food
- 3 days supply of ready-to-eat, nonperishable food
- Hard candies

4) Sanitation & Hygiene
- Personal hygiene kit: soap, toothbrush, toothpaste, comb, toilet tissue, feminine items, razor, lip balm, wash cloth, etc.
- Garbage bags
- Hand sanitizer
- Baby wipes

5) Light & Power
- Flashlight
- Batteries
- Light sticks

6) First Aid
- First aid kit: Adhesive bandages, rolled gauze and pads, disposable gloves, antibiotic cream, burn gel, antiseptic towelettes, tweezers, triangle bandage, etc.
- First aid instruction booklet
- Personal medications
- Scissors and sewing kit
- Insect repellent
- Sunblock

7) Communication
- Multi-power AM/FM radio
- Notepad and pencil
- Plastic whistle with neck cord
- Extra mobile phone charger

8) Safety & Security
- Work gloves
- Dust mask
- Mace/pepper spray
- Spare house/car keys

9) Clothing, Tools & Personal Items
- Clothing for warm/cold weather
- Extra socks and underwear
- Ball cap and/or bandanna
- Extra glasses or contacts
- Compass
- Multifunction pocket knife
- Duct tape and 50-ft nylon rope
- Stress relief item: book, toy, etc.

10) Cooking
- Camp cup, plate, and utensils
- Lightweight stove and fuel
- Paper towels
- Can opener (may be on knife)

11) Important Documents & Money
- Copies of: emergency plan, birth certificates, marriage license, will, insurance info, financial info, vehicle title, family photos, ID, emergency contact list, etc.
- At least $200 in small bills

12) Transportation
- Sturdy walking shoes or boots
- Wagon, stroller, or wheelchair as needed

Make a Plan  Get a Kit  Be Informed  Get Involved
For more preparedness information: BeReadyUtah.gov
Work and School Disaster Supply Kits

You spend about 50% of your day away from home. It is important to have basic disaster supplies wherever you spend time. Use the list on the front of this brochure to make smaller disaster supply kits appropriate for work, school, and wherever you and your family spend time outside of your home.

Work and school kits should be small enough to fit in a desk or locker and their contents should conform to work or school rules and policies.

Vehicle Emergency Kit

You also spend a lot of time in your vehicle. Have an emergency kit in the car to help you and your family be ready for an accident, breakdown, getting lost, or other vehicle related emergency.

- Coat, jacket, or poncho
- Emergency reflective blanket
- Blanket or sleeping bag
- Tarp
- Windproof/waterproof matches
- Hand and body warmer packets
- Umbrella
- 1-2 gallons of water
- Meal replacement bars
- Garbage bags
- First aid kit and instruction booklet
- Disposable gloves
- Plastic whistle with neck cord
- Cell phone car charger
- Glass marker
- Work gloves
- Dust mask
- Emergency glass breaker
- Seatbelt cutter
- Caution triangle
- Reflective safety vest
- Fire extinguisher (5lb A-B-C type)
- Ice scraper
- Jumper cables and extra fuses
- Jack, lug wrench, and tire gauge
- Sand, ice melt or cat litter for traction
- Small shovel
- Tow rope
- Tool kit: pry bar, screwdrivers, crescent wrench, pliers, hammer, electrical tape, duct tape, wire, towels, etc.
- Empty gas can and siphon hose
- Vehicle registration and insurance
- Detailed maps

Things to do...
- Learn simple repairs like changing a tire, jump starts, and checking fluids. Teach repair skills to all drivers at home.
- Always keep the gas tank at least half full.
- Perform regular vehicle maintenance.
- Check all fluids and tire pressure before any road trips.

If in an accident...
- Remain calm.
- Pull out of traffic and off the main road if possible. If not, STAY IN THE VEHICLE until emergency responders arrive.
- Check for injuries on yourself and others.
- If the situation is safe, take pictures of the vehicle damage and accident scene.

✔️ Make a Plan  ✔️ Get a Kit  ✔️ Be Informed  ✔️ Get Involved

For more preparedness information: BeReadyUtah.gov