

Workshops for Be Ready Utah Expo March 13-14, 2020 at the Mountain America Expo Center (Rooms 300 A,B,C,D 400, Stage)

Neon blue is not confirmed/need to follow up Yellow Waiting for presenter form Orange add to Sched Green On Sched

Friday, 3/13 (18 classes)	300A (Seats 84)	300B (Seats 84)	300C (Seats 84)	300D (Seats 60)	400 (Seats 95)	Stage (Seats ~200)
3:00 -3:50	Minding: My Own Business (Mental Health and Resiliency) Grace Hislop	Awaken the Warrior (Dealing with Depression) Jacob Trainor	Strategies for Helping Individuals with Disabilities Stay Safe at Work Diane L. Johnson, PhD	Treating the Three Killers: Airway, Bleeding, and Shock Wade Mathews, Be Ready Utah	Crimes Against Children/Internet Safety Attorney General's Office	Water Storage and Treatment Bryon Stinson
4:00 – 4:50	Human Trafficking Attorney General's Office Noora Chigaliyeva	Dealing with Opioids Panel Maren Voss, Tim Keady -USU Extension, Amelia Prebish, Heather Bush, Tricia Bishop - Utah Dept of Health	Stop the Bleed Carl Avery or other presenter	Boy Scout Merit Badge/Extreme Event Game Scott Chatwin	Sanitation Kathy McMullin	Neighborhood Watch/Protecting Your Home Against Crime Craig Thomas, West Valley City Neighborhood Watch Program
5:00-5:50	Emergency Communications: The What, Why, and How of Ham Radio Kent England	Naloxone Training Maren Voss	Basic Life Support CPR for Adults, Children, and Infants Dave Bresnahan	Boy Scout Merit Badge/Extreme Event Game	The Flood that Follows a Fire - Preparedness and Protection for Residents at Risk Hunter Merritt, U.S. Army Corps of Engineers	The Importance of Healthy Eating for Emergency Preparedness Callie Ward, USU Extension
6:00 - 6:50	Friday Opening Ceremony and Be Ready Utah PrepCast (Stage)			Boy Scout Merit Badge/Extreme Event Game/Scouts Post Colors for Opening Ceremony		
7:00 – 7:50	How to be Safe and Prepared When There is a Power Outage Tiffany Erickson, Rocky Mountain Power	Boost Your Brain Health Marilyn Albertson	Radon-Are You Ready in Your Home? Eleanor Divver, Utah Department of Environmental Quality	Suicide Prevention Brandon Callor	Cooking without Power Paige Wray and Melanie Dabb, USU Extension	A Personal Experience: Lessons learned from the 2019 Bountiful Gun Range Fire Dan Fisher
Close at 8:00						

Saturday, 3/14 (36 classes)	300A	300B	300C	300D	400	Stage
9:30 – 10:20	Emergency Preparedness for Aging Adults Linda D. Milne	QPR Suicide Prevention Dianna Barton, Hope4Utah	Emergency Communications: The What, Why, and How of Ham Radio Kent England	SAFE Neighborhoods John Flynt – SLC Emergency Management	Start Cooking with Food Storage (before the disaster) Melanie Jewkes, USU Extension	Lessons Learned from Personal Experience with Earthquakes Joe Dougherty
10:30 -11:20	1:30-11:00 Opening Ceremony (Stage)					
11:30-12:20	11:00-12:00 Keynote: Dr. Richard Heaps, Understanding and Coping with Painful, Traumatic, or Hurtful Events (Stage) 12:00-12:30 Visit Vendors					
12:30-1:20	No Power? No Problem! – How to Cook When the Lights Go Out Jonathan and Kylene Jones	Stop the Bleed Carl Avery or other presenter	Emergency Kit on a Budget Marilyn Hoff	Protect your Pets: Emergency Preparedness For the Whole Family Dr. Amanda Price, Assistant State Veterinarian	Opioid Panel Maren Voss, Tim Keady -USU Extension, Amelia Prebish, Heather Bush, Tricia Bishop - Utah Dept of Health	Pandemic Coronavirus/Preventing Disease in Disasters Annie George
1:30-2:20	Backyard Survival Garden – Growing Your Own Fresh Food Jonathan and Kylene Jones	Basic Life Support CPR for Adults, Children, and Infants Dave Bresnahan	Be Ready Utah with “Instant Pots Cathy Merrill	You Are the Help Until Help Arrives Bryan Lewis	Naloxone Training Maren Voss	Communication in an Emergency Tal Ehlers
2:30-3:20	Radon-Are You Ready in Your Home? Eleanor Divver, Utah Department of Environmental Quality	Treating the Three Killers: Airway, Bleeding, and Shock Wade Mathews, Be Ready Utah	Safeguarding Teen Technology Use Madalyn Losee	To Be Announced	Earthquake Preparedness Marilyn Hoff	Conversations in Preparedness Kathy McMullin
3:30-4:20	The Flood that Follows a Fire - Preparedness and Protection for Residents at Risk Hunter Merritt, U.S. Army Corps of Engineers	How to Recognize and Deal with Bullying Utah Anti-Bullying Coalition	Clearing the Vape from the Room: A Closer Look at E-Cigarette Use in Utah Ryan Bartlett	Easy Neighborhood Emergency Preparedness Keith Tanner	Active Shooter Training Wyatt Weber	Sanitation Kathy McMullin
4:30-5:20	Preparedness for Everyone (small space) Marilyn Albertson	Shelter-in-Place: How to Survive Certain Emergencies Wade	Neighborhood Watch Craig Thomas	To Be Announced	Identity Theft Dawn Black	Water Storage and Treatment Bryan Stinson
CLOSE AT 6:00						

