



## Jonathan and Kylene Jones

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They make a dynamic combination and present a variety of preparedness topics to a wide range of audiences

Learn more about them at  
[www.TheProvidentPrepper.org](http://www.TheProvidentPrepper.org) or [www>YourFamilyArk.org](http://www>YourFamilyArk.org)





Building the Right Survival Kit

## Living Out of a Backpack

## What events may require emergency evacuation? Risk Evaluation

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## Considerations

- Time to prepare to evacuate
- Number of evacuees
- Length of time
- Destination
- Time to destination
- Transportation




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## Risk

Civil Unrest - Riots	Earthquake	Flooding
<ul style="list-style-type: none"> <li>Some warning as situation escalates</li> <li>Only some people will try to evacuate before situation escalates</li> <li>May return in a few days or weeks</li> <li>Destination can be anywhere unaffected by the problem. Out of neighborhood, city or even state.</li> <li>Travel time depends on destination</li> <li>May be able to travel by personal vehicle or public transportation if you leave early</li> <li>*** Situation may require self-isolation</li> </ul>	<ul style="list-style-type: none"> <li>No warning</li> <li>Home evacuation if extensive damage</li> <li>Local evacuation due to fires or flooding or infrastructure damage caused by the quake</li> <li>Evacuees limited to small geographical area</li> <li>Destination may be anywhere out of the affected area</li> <li>Roads may be impassible and transportation systems disrupted</li> </ul>	<ul style="list-style-type: none"> <li>Little to no warning</li> <li>Evacuees include everyone in flooded area</li> <li>May return when flood waters recede</li> <li>Destination may be any location on higher ground—out of flood zone</li> <li>Time to destination depends</li> <li>Roads may quickly become impassible and transportation systems in immediate area disrupted</li> </ul>

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## Risk

<p><b>House Fire</b></p> <p>Little warning</p> <p>Evacuees are anyone in home</p> <p>Depending on damage to structure may be gone for a few hours or may take several months</p> <p>Destination should be at a safe location just outside the home</p> <p>Practiced evacuation drill should enable occupants to evacuate quickly</p> <p>Evacuating on foot</p>	<p><b>Hurricane</b></p> <p>Day or two advanced warning</p> <p>Evacuees may include millions of people</p> <p>May be a few days to a few weeks</p> <p>Destination should be at least 100 miles inland</p> <p>Plan extra travel time due to excessive traffic – the earlier you leave the less traffic will be a problem</p> <p>Transportation by vehicle or public transportation if you leave early enough</p>	<p><b>HAZMAT Event</b></p> <p>Little to no warning</p> <p>Evacuees limited</p> <p>Usually resolves within a few hours or days</p> <p>Destination should be out of the affected zone – neighborhood or city</p> <p>Travel time relatively short by vehicle</p> <p>Some roads may be blocked</p> <p>**Some chemical events may require you to shelter-in-place until the toxic substances are no longer a threat. Evacuation may not be an option.</p>
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## Risk

<p><b>Landslide</b></p> <p>Little to no warning</p> <p>Evacuees include all in the path of the slide</p> <p>May not return for hours or perhaps ever</p> <p>Destination is anywhere out of the path of the slide, then to temporary housing if needed</p> <p>Transportation may be in a personal vehicle, but may be on foot</p>	<p><b>Tsunami</b></p> <p>No warning if event is close to the coast or 30 minutes or so if the earthquake occurs far away</p> <p>Everyone within one mile of the coastline will immediately head to higherland</p> <p>May return when water recedes the final time after several hours – extensive damage may prohibit return</p> <p>Get to higher ground as quickly as possible</p> <p>Transportation will most likely be on foot, possibly vehicle with enough advanced warning</p>	<p><b>Wild Fire</b></p> <p>May know it is a threat for days, but given the order to evacuate in 20 minutes</p> <p>Everyone in immediate danger</p> <p>May be gone for several hours, days or weeks. Home destruction a possibility.</p> <p>Destination should be out of the area and away from danger ... as close as a few neighborhoods away or across town.</p> <p>Transportation by personal vehicle</p>
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## Risk

**Weather**

Downed power lines may necessitate emergency evacuation

Little to no warning

Evacuees limited to neighborhood or affected area

Must stay away until repairs are made and safety restored – hours or days

Destination can be anywhere out of danger

Transportation depends on event, personal vehicle a possibility



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Written, practiced plan to get to safety quickly

# Evacuation Plan

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## Plan accommodations in advance

- Trusted friends or relatives
  - Live outside the area
    - One outside neighborhood
    - One outside city
    - One at least 100 miles away
  - Best to plan 2-3 options in different locations
  - Be able to accommodate your family
  - Stocked with necessary food and supplies
- Transportation
  - How will you travel?
  - How much fuel will it take? Can you get out of danger before refueling?



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## Map it out

- Map out alternate escape routes
  - Label at least 2-3 escape routes on map
  - Travel each route, noting possible areas of danger
  - Clearly label destinations including contact information
  - Place a marked map in each vehicle and in your survival kit
  - Plan how you will communicate to family members exactly where you have gone and which route you have taken in the event you are separated



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### Organize Critical Documents



- Critical documents
- Contact information
- Copies of keys
- DVD or jump drive with copies of computer files and/or family photos
- Written family plan
- Keep it secure at all times—in a safe or disguise as something of little value like a school binder

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### Always Be Prepared

- Keep gas tanks at least ½ full
- Learn and practice escape routes
- Plan for pets
  - Not allowed in food establishments
  - Not allowed in public shelters
  - Decide in advance if they stay or go
  - Provide for their needs
- Keep survival kits current and rotated
- Maintain vehicles well
- Practice with every member of the family – communicate well!



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### Prioritizing survival kit contents

# Rule of Threes

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### Get Your Priorities Straight

You can only survive

- 3 minutes without air
- 3 hours without shelter
- 3 days without water
- 3 weeks without food

Special needs

- Critical medications?
- Oxygen?



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### Survival Kit Basic Needs

- Protection from elements
- Hydration
- Nourishment
- Communication
- Sanitation
- Vision
- Sleep
- Mobility
- Comfort



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### Protection from Elements

Need to be able to maintain body temperature  
Protection from sun, snow, rain, wind, etc.



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## Hydration

Take as much clean drinking water as possible  
Be prepared to find and purify more as needed  
Water is heavy—how will you transport it?



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## Nourishment

Foods high in calories, fat and protein  
Require little or no preparation  
Plan additional water if taking dehydrated foods



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## Communication

Receive information from local authorities  
Send information—contact loved ones, get help  
Leave notes where are going and when returning  
Follow practiced plans whenever possible



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## Sanitation

Be as clean as circumstances will allow  
Dispose of human waste properly  
Wash hands frequently to avoid spread of disease  
Pack everything you use for personal sanitation  
First aid supplies



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## Vision

Need to be able to see—light, eyeglasses, etc.  
Need to be seen—protect from accidents in the dark



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## Sleep

Adequate rest is critical for clear thinking  
How will you get the rest you need?  
Blanket, pillow, special stuffed animal, medication



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## Mobility

How are you going to get to your destination?  
Is your survival kit appropriately sized for your method of transportation?



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## Comfort

Comfort items may make a difference in your ability to cope with a difficult situation. Anything that makes life bearable for you. Be realistic and plan for physical and emotional addictions.



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## Special Needs

Do you or someone you love require special accommodations for survival?  
Carefully plan ahead to ensure those needs are met  
Always pack cash in small bills to purchase incidentals



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Ensuring you have the right supplies for the right event  
**Specialized Survival Kits**

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## Personal Survival Kit



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## Family Survival Kit



- Contains items the group would share—designed to compliment personal kits
- Cooking pots, dishes
- Food for meals
- Large first aid kit
- Tool kit
- Sanitation supplies

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### Commuter Survival Pack



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### School Survival Kit



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### Vehicle Emergency Kit



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### Emergency Tool Kit



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### Pet Survival Kit



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### Wilderness Survival Kit



**SURVIVAL KIT ITEMS**  
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## Child Comfort Kit



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## First Aid Kit



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## Cranston Snord's Survival Kit



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## Stuff is Important—Knowledge is Critical

- Evaluate your risks
- Create a written evacuation plan
- Purchase maps and clearly mark them
- Design survival kits to meet your needs
- Practice!
- Be prepared
- Rotate kits every 6 months

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Your Family Ark - The Provident Prepper



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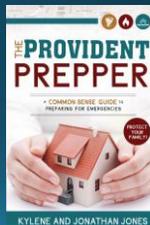
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Thank you for being part of the solution!

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