

**COSMETOLOGY PRACTICAL EXAMINATION
CONTENT DOMAIN SECTIONS**

The scope of the National Cosmetology Practical Examination includes 10 (ten) core domain services. The Core Domain Sections are based on the national job analysis and are noted in **bold**.

1. **Work Area and Client Preparation, and Set Up of Supplies**
(First client (15 minutes))
2. + Blow Dry Styling (10 minutes)
3. **Thermal Curling** (10 minutes)
4. **Haircutting** (30 minutes)
5. +Roller Placement (10 minutes)
6. + Fingerwaving and Pin Curl Placement – Skip Wave (10 minutes)
7. **Work Area and New Client Preparation, and Set Up of Supplies**
(Second client 15 minutes)
8. **Chemical Waving** (20 minutes)
9. **Predisposition Test and Strand Test with Simulated Product** (Untimed)
10. **Highlighting with Foil, Virgin Application with Colored Simulated Product**
(15 minutes)
11. **Hair Color Retouch with Colored Simulated Product** (10 minutes)
12. **Virgin Hair Relaxer Application with Colored Simulated Product** (Untimed)
13. **Blood Exposure Procedure** (Untimed)
14. + Work Area and New Client Preparation, and Set Up of Supplies
(Additional nail technology services client 15 minutes)
15. + Manicure and Polish Application (20 minutes)
16. + Nail Tip Application and Blending (20 minutes)
17. +Sculptured Nail (20 minutes)
18. +Work Area and New Client Preparation, and Set Up of Supplies
(Additional esthetic services client 15 minutes)
19. +Basic Facial (20 minutes)
20. +Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax
(Untimed)
21. +Hair Removal of the Upper Lip Using Hard Wax+ (Untimed)
22. +Facial Makeup Application(20 minutes)

+Denotes Additional Sections for States that elect to test this/these sections. Confirm State requirement. Administration of any of these sections must be performed in the numerical order outlined.

NIC National Advanced Practice Esthetics Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
 - Container labeled “to be disinfected”
 - Container labeled “soiled linens”
 - Container labeled “trash”
- It is specified that there is **more than one client** represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Advanced Practice Esthetics Practical Examination Content Domains Sections).
- The following sections are new to the Advanced Practice Esthetics Practical Examination:
 - Work Area and New Client Preparation, and Set Up of Supplies (Content Domain Section 6)
 - Work Area and New Client Preparation, and Set Up of Supplies (Content Domain Section 10)
 - Body Treatment-Dry Exfoliation and Mud Mask (Content Domain Section 11)
 - Blood Exposure Procedure (Content Domain Section 12)
- Candidates are not allowed to label products as single-use items.
- Use of single-use products may result in a failing score for the examination.
- **Advanced Practice Esthetics practical examination mannequin MUST have a décolletage.**

ADVANCED PRACTICE ESTHETICS PRACTICAL EXAMINATION CONTENT DOMAIN SECTIONS

The scope of the National Advanced Practice Esthetics Practical Examination includes 12 (twelve) core domain services. The Core Domain Sections are based on the national job analysis and are noted in **bold**.

1. **Work Area and Client Preparation, and Set Up of Supplies**
(First client, 15 minutes)
2. **Cleansing the face with Product** (10 minutes)
3. **Manual Lymphatic Drainage** (10 minutes)
4. **Particle Microdermabrasion on the Forehead** (10 minutes)
5. **LED Treatment** (10 minutes)
6. **Work Area and New Client Preparation, and Set Up of Supplies**
(Second client, 15 minutes)
7. **Ultrasonic Treatment of Forehead and Upper Lip** (10 minutes)
8. **Beta Hydroxy Acid (BHA) Treatment** (10 minutes)
9. **Microcurrent Treatment to Upper Orbicularis Oculi.** (10 minutes)
10. **Work Area and Client Preparation, and Set Up of Supplies**
(Third client, 15 minutes)
11. **Body Treatment-Dry Exfoliation and Mud Mask** (15 minutes)
12. **Blood Exposure Procedure** (Untimed)

PSI
2950 N. Hollywood Way
Burbank, CA 91505
Tel 1-800-367-1565 x 7245 Fax 1-801-820-8400
lthomas@psionline.com
www.psiexams.com



AUGUST 5, 2016

Subject: Updated Content Outline for NIC Theory and Practical Exams

To Whom It May Concern,

The National-Interstate Council of State Boards of Cosmetology (NIC) is pleased to announce the following NIC theory and practical examinations have been updated to reflect current professional practices in the U.S.

- Cosmetology
- Esthetics Advanced (AP) (Master Esthetician)

The updated content for above-mentioned examinations will become effective November 1, 2016. Candidates taking these examinations on or after that date will be examined on the updated content.

The updated content for both the theory and practical examinations can be found on the NIC website at www.nictesting.org by selecting "Preparing for Your Licensing Program".

The Candidate Information Bulletins (CIBs) provide detailed information related to each examination. The NIC strongly recommends that the CIBs be reviewed carefully and thoroughly. The state of Utah will require the following content areas to be included in the administration of the Cosmetology and Advanced Practice Esthetics practical examinations;

Cosmetology

1. Work Area and Client Preparation, and Set Up of Supplies
2. Thermal Curling
3. Haircutting
4. Work Area and New Client Preparation, and Set Up of Supplies
5. Chemical Waving
6. Predisposition Test and Strand Test with Simulated Product
7. Highlighting with Foil, Virgin Application with Colored Simulated Product
8. Hair Color Retouch with Colored Simulated Product
9. Blood Exposure Procedure
10. Work Area and New Client Preparation, and Set Up of Supplies
11. Sculptured Nail
12. Work Area and New Client Preparation, and Set Up of Supplies
13. Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax
14. Work Area and New Client Preparation, and Set Up of Supplies (Barber portion)
15. Haircut

16. Shave
17. Facial

Advanced Practice of Esthetics (Master Esthetician)

1. Work Area and Client Preparation, and Set Up of Supplies
2. Cleansing the face with Product
3. Manual Lymphatic Drainage
4. Particle Microdermabrasion on the Forehead
5. LED Treatment
6. Work Area and Client Preparation, and Set Up of Supplies
7. Ultrasonic Treatment of Forehead and Upper Lip
8. Beta Hydroxy Acid (BHA) Treatment
9. Microcurrent Treatment to Upper Orbicularis Oculi
10. Work Area and Client Preparation, and Set Up of Supplies
11. Body Treatment-Dry Exfoliation and Mud Mask
12. Blood Exposure Procedure

Please don't hesitate to reach out if you have any questions or concerns regarding the changes. Tammy Vasquez is also available for assistance and can be reached via email at tvvasquez@psionline.com or by phone at 1-800-367-1565 x 7409.

Warm regards,

Lynn Thomas

PSI COSMETOLOGY CLIENT SERVICE MANAGER

School Code	School	School Licensed for	School Code	School	School Licensed for
0053	ACAYDIA SCHOOL OF AESTHETICS, LLC	Esthetics	0079	MEDSPA ACADEMIES, INC. DBA NATIONAL INSTITUTE OF MEDICAL AESTHETICS	Esthetics
0056	AMERICAN BEAUTY ACADEMY	Cosmetology/Barber	0059	MOUNTAINLAND APPLIED TECHNOLOGY COLLEGE - American Fork	Cosmetology/Barber
0029	APPRENTICE PROGRAM		0060	MOUNTAINLAND APPLIED TECHNOLOGY COLLEGE - Spanish Fork	Cosmetology/Barber
0081	BEAUTIFUL YOU SCHOOL OF NAIL TECHNOLOGY	Cosmetology/Barber Nail Technology	0025	NEW HORIZONS BEAUTY COLLEGE	Cosmetology/Barber
0082	BEAUX CHEVEUX ACADEMY OF COSMETOLOGY, INC.	Cosmetology/Barber	0024	OGDEN-WEBER APPLIED TECHNICAL CENTER - Ogden	Cosmetology/Barber Nail Technology
0083	BONNIE JOSEPH ACADEMY OF COSMETOLOGY	Cosmetology/Barber Esthetics	0061	OGDEN-WEBER APPLIED TECHNICAL CENTER - Roy Campus	Cosmetology/Barber Nail Technology
0027	BRIDGERLAND APPLIED TECHNOLOGY COLLEGE	Cosmetology/Barber Esthetics	8888	OTHER / OUT OF STATE	
0005	CAMEO COLLEGE OF ESSENTIAL BEAUTY	Cosmetology/Barber Esthetics Electrology	0045	PAUL MITCHELL, THE SCHOOL - Provo DBA VON CURTIS, INC.	Barber Cosmetology/Barber
0011	CANYONS TECHNICAL EDUCATION CENTER BARBER SCHOOL	Cosmetology/Barber	0087	PAUL MITCHELL, THE SCHOOL - Salt Lake	Cosmetology/Barber Esthetics
0104	COLLECTIV HAIRDRESSING ACADEMY	Cosmetology/Barber Esthetics	0041	PRIME CUT ACADEMY OF HAIR AND NAIL ARTISTRY	Cosmetology/Barber
0038	COLOR MY NAILS SCHOOL OF NAIL TECHNOLOGY	Nail Technology	0065	RENAISSANCE ACADEMIE, LLC	Cosmetology/Barber Esthetics
0084	COSMETOLOGY CAREER ACADEMY	Cosmetology/Barber	0001	SALT LAKE COMMUNITY COLLEGE	Cosmetology/Barber Esthetics
0069	DORTON & WILLIAMS LLC DBA THE FORUM ACADEMY	Cosmetology/Barber	0014	SHERMAN KENDALL ACADEMY OF BEAUTY ARTS & SCIENCES OF SALT LAKE CITY	Cosmetology/Barber Esthetics
0048	DAVIS APPLIED TECHNOLOGY COLLEGE	Cosmetology/Barber Esthetics	0063	SKIN INSTITUTE, THE - ST GEORGE	Esthetics
0023	DELTA TECHNICAL CENTER	Cosmetology/Barber	0086	SKIN SCIENCE INSTITUTE INC DBA SKIN SCIENCE INSTITUTE OF LASER & ESTHETICS	Esthetics
0090	EA EDUCATION INC, DBA AVALON SCHOOL OF COSMETOLOGY	Cosmetology/Barber Esthetics	0040	SKIN SCIENCE INSTITUTE INC DBA SKIN SCIENCE INSTITUTE OF LASER & ESTHETICS - SALT LAKE	Esthetics
0022	EVANS HAIRSTYLING COLLEGE - Cedar City	Cosmetology/Barber	0033	SKIN WORKS SCHOOL OF ADVANCED SKINCARE	Esthetics
0017	EVANS HAIRSTYLING COLLEGE - Lindon	Cosmetology/Barber	0003	SNOW COLLEGE - Richfield	Cosmetology/Barber
0026	EVANS HAIRSTYLING COLLEGE - St George	Cosmetology/Barber	0074	TAYLOR ANDREWS - OREM INC. DBA TAYLOR ANDREWS ACADEMY	Cosmetology/Barber
0103	FABULOUS NAILS - Salt Lake City	Nail Technology	0058	TAYLOR ANDREWS ACADEMY - St George	Cosmetology/Barber Esthetics
0018	FRANCOIS D. COLLEGE OF HAIR, SKIN AND NAILS (FORMERLY ECHELON EDGE ACADEMY)	Cosmetology/Barber Esthetics	0043	TAYLOR ANDREWS ACADEMY OF HAIR DESIGN - West Jordan	Cosmetology/Barber
0019	GRANITE TECHNICAL INSTITUTE AKA GRANITE SCHOOL DISTRICT	Cosmetology/Barber	0054	THE BARBER SCHOOL	Barber
0004	HAIRITAGE HAIR ACADEMY - St George	Cosmetology/Barber Nail Technology	0099	THE FRINGE CUT & ACADEMY LLC	Cosmetology/Barber
0072	HIGHLAND HAIR ACADEMY LLC DBA PAUL MITCHELL THE SCHOOL - ST GEORGE	Cosmetology/Barber	0100	THE HAIRCHAIR ACADEMY LLC	Cosmetology/Barber Nail Technology
0047	IMAGEWORKS ACADEMY OF HAIR DESIGN INC	Cosmetology/Barber	094	TOOELE APPLIED TECHNOLOGY COLLEGE	Cosmetology/Barber Nail Technology
0102	LILYBELL SCHOOL & SALON	Nail Technology	0055	TOP NAILS AND HAIR BEAUTY SCHOOL LLC	Barber Cosmetology/Barber Esthetics Nail Technology
0034	MANDALYN ACADEMY INC	Cosmetology/Barber Esthetics	0097	TWIN SHEARS ACADEMY	Cosmetology/Barber
0076	MARINELLO SCHOOL OF BEAUTY - Layton	Cosmetology/Barber Esthetics Nail Technology	0021	USU EASTERN AKA COLLEGE OF EASTERN UTAH	Barber Cosmetology/Barber
0080	MARINELLO SCHOOL OF BEAUTY - Ogden	Cosmetology/Barber Esthetics Nail Technology	0075	UTAH COLLEGE OF MASSAGE THERAPY, ESTHETICS	Esthetics
0077	MARINELLO SCHOOL OF BEAUTY - Provo	Cosmetology/Barber Esthetics	0089	UTAH INSTITUTE, LLC DBA AVEDA INSTITUTE OF PROVO	Cosmetology/Barber Esthetics
0030	MAXIMUM STYLE TECH SCHOOL OF COSMETOLOGY	Cosmetology/Barber Esthetics			