

Forensic Mental Health Coordinating Council

Meeting of April 18, 2016

Council Members Present:

Doug Thomas, Division of Substance Abuse/Mental Health (DSAMH), Chair
 Dallas Earnshaw, Utah State Hospital (USH)
 Don Rosenbaum, Utah State Hospital (USH)
 Laura Thompson, Attorney General's Office (AG)
 Angella Pinna, Division of Services for People with Disabilities (DSPD)

Lori Smith, Board of Pardons/Parole
 Mike Hoglund, Utah Department of Corrections (DOC)
 Susan Burke, Juvenile Justice System (JJS)
 Ron Gordon, Commission on Criminal & Juvenile Justice (CCJJ)

Others Present:

Jeremy Christensen, DSAMH

Erin Sullivan, Disability Law Center (DLC)

NEXT MEETING: Monday, November 21, 2016, 1:00 pm, DHS Building, 195 North 1950 West, 2nd, Floor, Room 2026, SLC

TOPIC	DISCUSSION	ACTION/RECOMMENDATIONS
Welcome and Introductions	Doug Thomas welcomed everyone to the meeting and introductions were made.	
Approval of November 16, 2015 Meeting Minutes	Doug Thomas asked the Council to review the minutes for any corrections. Susan Burke made a motion to approve the minutes as written. Ron Gordon seconded the motion. The motion passed unanimously.	Minutes were approved as written.
Legislative Session Impacts	Doug Thomas reported that DSAMH had some building blocks in the GOP budget. DSAMH was hoping to get ongoing funding for \$6.4M for the Mental Health Medicaid match but was only given one-time funding. DSAMH also had money taken from their budget for Medicaid expansion; some they knew about and some they did not. It was about double the amount they originally knew were going to be cut. DSAMH has been in discussions with the Department of Health (DOH) around the waiver. They have met with DOH and CMS regarding elements hoping to be in the waiver and getting it approved by the federal government. There is a second piece which includes the residential substance use disorder expansion. He stated that Nate and Emma from DOH have been great to work with. Doug reported there was also a Preferred Drug List (PDL) bill that passed which puts all the psychotropic medications on the drug list and the DOH has their first meeting this week and will continue to meet throughout the rest of the year. They will be taking the costliest drug classes first. The Legislature also passed a Naloxone bill, making rescue kits much more available, as well as a needle exchange bill. DSAMH was also included in another bill that passed, working with Licensing, on substance use facilities that do treatment, but also have implications for mental health. This will include writing Rules. The Justice Reinvestment Initiative dollars were made ongoing.	

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	<p>Dallas Earnshaw reported that the USH was given additional funding to expand their competency outreach program and they are in the process of hiring staff and training them as well as setting up their system. He reported that ACA benefits for staff were also funded.</p> <p>Laura Thompson reported no updates from the AG's office.</p> <p>Mike Hoglund reported there were no new updates from Corrections.</p> <p>Lori Smith reported there were no new updates from the Board of Pardons and Parole.</p> <p>Erin Sullivan reported that the DLC's legislation regarding a guardianship bill did not pass.</p> <p>Angella Pinna reported that DSPD last year had \$1M allocated to the waiting list as it was, again, this year. This year USDC received the 4th wing funded so they can complete that building. She reported a Guardianship bill passed that individuals with an intellectual disability do not have to have representation. Doug Thomas informed the Council that Paul Smith has left DSPD and Angie is the Interim Director.</p> <p>Susan Burke reported that JJS did not head into the session with any budget items due to their decline in population. This decline is partly due to their new model of trying to keep children at home; if they are removed ensuring that they have funding to address their treatment needs. She reported that the quality of care has increased with performance measures and evidence based treatment. Susan reported that during the session they did realize that the cost of their building had increased and were able to get additional funding for this. They will have a ground breaking on the April 27th and will start construction a few weeks after. She stated that things are looking well and they will continue along those efforts.</p> <p>Ron Gordon reported that Utah Substance Abuse and Advisory Council (USAACV) will now include mental health and they are looking for a new acronym. He also reported that the limited Medicaid expansion will have a big impact on the implementation of the Justice Reinvestment Initiative population.</p>	
System/Program Highlights	<p>Doug Thomas reported that DSAMH is partnering with the Intergenerational Poverty Council (IGP) that is chaired by the Lt. Governor and targeting the ten counties with the highest IGP. They will be going to those counties, making them aware of resources available to help combat IGP. Part of what Lt. Governor Cox will share from DSAMH are the schools that have school-based behavioral health inside of them as well as Family Resource Facilitator contact information. He will also be providing information regarding the coalitions that exist in their counties. There are about 43 different substance use disorder, mental illness prevention and suicide prevention coalitions in the state.</p>	

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	<p>Dallas reported that the Joint Commission, which accredits hospitals, has a new type of culture they are trying to promote throughout organizations where you try to create a culture of safety. It is a proactive risk type of assessment/culture. Dallas reported that the USH have been working as a system looking at measures in the hospital to make sure that they are able to maintain this standard of safety.</p> <p>Laura Thompson stated there was no new information to report for the AG's office.</p> <p>Mike Hogle reported the Prison is still trying to recruit a psychiatrist in Draper. There are still ongoing needs in Corrections. They have been doing some things with telepsych with the University of Utah and looking at hiring mid-level providers, but this is still in discussion. Dallas suggested utilizing J-1 Visa waivers and contacting the State DHRM for procedures in how to use these waivers. Dallas stated that they will be looking at changing the psychologist ranges and will need all agency consent in order to get this changed. Mike reported that they are trying to figure out how to make restrictive housing work, balancing individual and group safety needs with out of cell and restricted cell time.</p> <p>Lori Smith stated that she has been invited to present at the Association of Paroling Authorities International. Lori will be presenting on "Brain Development - Birth through Adolescence: Why Does it Matter, What Can We Do About It?"</p> <p>Erin Sullivan indicated there was nothing to report from the DLC.</p> <p>Angie Pinna reported that DSPD has been working on educating the local mental health authorities and DSPD offices on the intricacies of distinguishing services and working together to provide seamless services.</p> <p>Susan Burke reported that JJS is getting closer to being able to put screening information for placement into their care system so others in the system who are working with those individuals who have a right to information would have the information. The Juvenile Court is going to be trained on the use of this instrument as well. JJS has tested telehealth in their Vernal facility which was successful and so JJS will be expanding this. Susan reported that JJS's Washington County crisis center detention area will create a five-bed facility specifically for children under System of Care that are at risk of being moved into state custody long term or needing more restrictive levels of care. These are children who have multiple issues that cross multiple systems and require high level staffing. This is not just a JJS program but a DHS program/partnership. She reported they are anticipating starting July 1st and are excited to offer this level of service without having to send them out of state to receive their needed services.</p>	<p>Doug requested that Mike share with Jeremy all documents, policies, screening instruments, etc. used to screen for significant mental illness.</p>

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	<p>Ron Gordon reported no updates from CCJJ.</p> <p>Doug Thomas stated DSAMH completed MRT training, related to JRI, for 70-80 providers. DSAMH has had three evidence based practice trainings on moral reconnection therapy and there is a need for more. They have received applications from agencies to be certified so they can receive public money to treat individuals. The application/training process for the prison and jails is almost completed. Doug also reported that he will be presenting next week at the National Treatment Accountability for Safer Communities (TASC) Conference regarding Justice Reform and relating that is influencing drugs, crime and re-entry. Also DSAMH has been invited to participate in a couple of Congressional hearings; one is centered on Medicaid and Mental Health and other one is centered on Justice Reinvestment. He stated that Utah is being noticed for trying to keep people safely in their community and reduce recidivism.</p>	
<p>Legislative/Public Advocacy Efforts Re: Wage, Recruitment and Workforce Development</p>	<p>Dallas Earnshaw reported that USH is looking for ways to improve retention including: tuition and loan reimbursement, career mobility ladders, looking at support staff certifications and assisting professional staff with professional development. They are also looking at ASIs for key areas and some range changes. They have plans to phase that in over the next three fiscal years, if approved, along with a reassessment process as the environment changes over time. This is a new process and DHRM is looking at a growth map to see if they can pull these together into a consistent approach with GOMB. They will need to be looking at more than hourly salaries in order to be successful.</p> <p>Mike Hoglund reported that nurse retention is difficult at the Prison.</p> <p>Lori Smith reported that support staff turn-over is a problem for Probation & Parole.</p> <p>Angella Pinna reported that most of the DSPD services are contracted, outside of USDC, where providers also have a high turnover (average of 70%). Hopefully funding will help slow down that turnover and improve services. DSPD has been working on strengthening supported employment, looking at making sure service descriptions are well defined and then compensating providers based on that.</p> <p>Susan Burke reported that the problem they have experienced is when they took back Salt Lake Detention and Farmington Bay from a private provider, they were able to give promotions which depleted the pool of experienced employees. They have been able to incentivize other staff by developing a certification process where employees get an increase in pay; however, they need to maintain that certification for continued increase. This process has improved the quality as employees are being certified in evidence based practices and being able to demonstrate their ability to apply their knowledge in everyday work. Susan reported that JJS could utilize additional funding to increase and develop a career mobility process.</p>	

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	<p>Ron Gordon stated there no updates from CCJJ.</p> <p>Jeremy Christensen reported that he has been participating in a SAMHSA Region VIII Workforce Development committee with multiple states and collecting ideas to improve hiring. He will take the information given today to the committee.</p> <p>Doug reported that DSAMH has been trying to get mental health, suicide prevention, and substance use prevention into nursing curriculums for exposure. They have had meetings with nursing programs, including Westminster College and Weber State University, and are hoping to have more. DSAMH has worked on recruitment strategies as well as just making work a fun place to be and encourage employee morale.</p>	
USH Updates	<p>Doug Thomas reported that the State's Motion to Dismiss the DLC vs. Utah lawsuit was denied. He stated that the DLC and the Attorney Generals are meeting to discuss timeframes.</p> <p>Don gave an update on the restoration outreach program. He reported that the three LCSW staff are doing restoration training. They have been able to hire a psychologist that will begin soon. USH will be conducting a training for the Forensic Examiners in November and they will begin next month putting together the committee to discuss the agenda and training.</p> <p>Laura Thompson asked that Dallas and Don give the committee an overview of the outreach program as this is a shift in the way that they have conducted business. Dallas reported that they have worked with Western Psychiatric State Hospital Association (WPSHA) to try to establish a best practice for restoration competency. He reported that National Association of State Mental Health Program Directors (NASMHPD) indicated that best practices should be established by hospitals. There are different levels that can be provided; not every individual needs to be at an inpatient level for restoration. Developing screening systems to identify which level meets the patients' needs are important. Some do an outpatient level where an individual is released on their own recognizance and does not need to be hospitalized. There are a few states that have jail based restoration programs that have been successful and Utah is looking into this option. Outreach is a program that reaches out to anybody who is not in the hospital. They could be out on their own recognizance or in the jail. They screen the individual for an appropriate placement and then tailor a program to that person that would identify what level of service they need. The outreach staff work to establish the best level of care. Sometimes it will take coordinating with the Court to negotiate what the placement is. There are times when an individual might be screened out if they cannot be restored. If that is the case, they can have evaluators go out and reassess for more appropriate levels of care such as nursing homes.</p> <p>Laura inquired about the counties involvement in this process. Dallas stated his understanding is that that the counties are responsible to provide mental health services in jail for individuals. How</p>	

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	<p>that is defined is different by each county. It does not have to be the mental health center; it could be a private provider or staff hired by the jail. USH is concerned that whatever that system is, it should complement the services USH is providing, i.e., medications. It is not the counties' responsibility to provide competency restoration. Dallas stated that they are trying to understand how each county is defining this. Doug reported DSAMH is setting up a meeting with the Utah Association of Counties to discuss this issue.</p> <p>Jeremy Christensen inquired about the funding that was approved for jail based restoration from the Legislature. Dallas reported that they have started to hire staff. The \$300,000 was to implement and develop the program. There is a program director that is starting to develop a system of tracking and began putting together protocols for the program. The staff that was hired have been and will continue to do outreaches. He reported that with the limited staff they have had this first year, they have been able to screen over half of the individuals referred. It was very successful. They were able to get a significant number of individuals to the outreach program restored or referred back to Court for alternative disposition before they needed USH hospitalization. They still have one social work position as well as a support staff position open.</p>	
Other Business/Updates	<p>Susan Burke reported that this week's <i>60 Minutes</i> discussed Rikers Island and she reported it was worthwhile to watch.</p> <p>Dallas Earnshaw reported that PBS presented a show called <i>Ride the Tiger</i> about the brain development, what leads to mental illness, and what the brain can do to heal itself. It discusses newer methods of trying to help the brain heal by magnetics, similar to ECT. He reported DNA and genetic studies are starting to predict outcomes early so that intervention is possible. He reported that this is good training for staff.</p> <p>Doug Thomas reported that the National Association of Counties and the National Association of County Mental Health Directors are partnering and their main initiative this year is decarceration of people of with mental illness. All of the Utah counties are associated with that and aligning with JRI. Salt Lake County is leading out in this effort.</p>	
Next Meeting Date	<p>The next meeting date was discussed and will be held Monday, November 21, 2016 at DSAMH in Room 2026.</p> <p>Meeting adjourned at 2:15 p.m.</p>	Geri will send out a calendar invitation for the next meeting to Council members.