

Sovegna

Comprehensive Evaluations for Professionals

November 15, 2015

Dear Mr. Larry Marx,

Thank you for meeting with us earlier this year to discuss having a resource for consistent and comprehensive evaluations for professionals who may be considered impaired from addiction and/or mental health disorders. Since our initial discussions, we have investigated the necessary components and requirements of such evaluations, and we are excited about our evaluation design. Our process is efficient and results in an exceptional documentation-product.

Our comprehensive evaluation is specifically designed to provide referring entities with pertinent, synthesized information. It is comprised of an in-depth psycho-social assessment, psychiatric diagnostic evaluation, addiction history assessment (including impact on physical and psychiatric health), psychometric screening and metrics, synthesis of collateral information, and standard practice screening tools for mental health, substance abuse, and placement. (For more detail, please see the attached outline.)

Our assessment process will target a start-date within 48 hours of referral. The comprehensive and integrated document will target a completion date within 5-10 working days. We provide daytime and evening hour availability for referred professionals. Our downtown location allows for easy accessibility and anonymity (Trolley Corners building: 515 South 700 East Suite 3D, Salt Lake City). Our format allows the referred professional to complete the clinical interview within one visit to minimize the impact on their schedule and will include completion of psychometric testing and on-line neuropsychological screening.

In addition to the comprehensive assessment, we offer outpatient addiction-targeted psychotherapy and psychiatric services for referred clients who have completed the assessment process. Should a referred client be in need of a higher level of care, we have established relationships with nationally recognized residential treatment centers (RTC's) for professionals.

Looking toward the future, we will be offering an Intensive Outpatient Program (IOP) designed specifically for professionals with addiction and/or psychiatric diagnoses. It is intended to be a preventative intervention, as well as a step-down level of care for professionals re-entering the community after extended RTC programming. Our program will provide customized services for various professions and will include a Caduceus track that can report to governing agencies. We are eager to offer these services to the professional community, while enhancing recovery, wellness, and access to targeted treatment.

We would like to set up a meeting with you in the near future to review our services in detail. Should you have further inquiries, please feel free to contact us directly.

Thank you,

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Dr. Susan Wiet, MD
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CC: Dr. Charles Walton, Dr. Elizabeth Howell

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Services and Contents

- Clinical Interviews
 - Psycho-Social Assessment (James Ott, LCSW)
 - Psychiatric Diagnostic Evaluation (Susie Wiet, MD)
 - Psychological Evaluation (Sharelle Baldwin, PhD, as needed)
- BioPsychoSocial Assessment (James Ott, LCSW)
 - Alcohol and Drug history with process addiction history
 - C-SSRS - Columbia Suicide Severity Rating Scale
 - Collateral Review of Records (as available)
- Psychiatric Evaluation (Susie Wiet, MD)
 - Controlled Substance Database
 - Collateral Review of Records (as available)
 - Point of service and qualitative urine analysis
- Neuropsychometric Screening (web-based)
- Psychometric Assessment (Sharelle Baldwin, PhD)
 - Minnesota Multiphasic Personality Inventory
 - Millon Clinical Multiaxial Inventory
 - Medical Symptom Validity Test – Verbal
- Inventories and Measurements
 - BDI - Beck Depression Inventory
 - BAI - Beck Anxiety Inventory
 - HSRQ - Health Stress Resiliency Questionnaire
 - SASSI - Substance Abuse Subtle Screening Inventory
 - ASI - Addiction Severity Index
 - MAST - Michigan Alcohol Screening Test
 - DAST - Drug Abuse Screening Test
 - AWARE - Gorski Advanced WARNING of RELapse questionnaire
 - ASAM (American Society of Addiction Medicine) Placement Screening

Fee for Services: \$3500

Additional Resources and Assessments

- Chronic Pain Referral
- Complimentary Healing Assessments and Referrals
 - Spiritual Development
 - Cranio-Sacral Therapy
 - Equine Therapy
- Comprehensive Neuro-Psychometric Assessment
- Comprehensive Projective Psychometric Assessment
- Fitness for Work Evaluation
- Genomic testing
- Hair Follicle Testing
- Holistic Laboratories
- Internal Medicine Referral
- Nutritional Assessment
- Parenting-Skills Assessment
- Risk of Violence Assessment
- Sexual Disturbance Assessment

Fee for Services: 'a la carte and dependent on the provider of care

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COMPREHENSIVE EVALUATIONS
TREATMENT FOR PROFESSIONALS

VISION

To improve the quality of life on a personal, familial, and professional level for professionals that are struggling with addiction and long-term recovery by providing excellence of care in service

MISSION

The mission of Sovegna is to provide excellence of care for specifically designed for professionals struggling with addiction. Sovegna is dedicated to this mission by:

- conducting high-quality assessments by a multi-disciplinary team of skilled providers who have expertise in addiction and related fields.
- formulating comprehensive, multi-perspective evaluations for the professional at any point of recovery.
- establishing comprehensive treatment recommendations to best ensure success with sobriety and long-term recovery.
- (eventually) providing access to comprehensive long-term care through intensive outpatient programming (IOP, ASAM 2.1) and/or ongoing outpatient services (ASAM 1.0).

ADVANTAGES of SOVEGNA

Consistency of report structure and content

Reliability of report

Comprehensive synthesis of complex issues

Collaborative multi-disciplinary perspectives

Turn-around time

Availability

Clinical competency by known experts

Accessibility

Commitment

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**COMPREHENSIVE EVALUATIONS
TREATMENT FOR PROFESSIONALS**

LEVELS of ASSESSMENTS

LEVEL 1	<ul style="list-style-type: none"> • Addiction and dual-diagnosis screening tools and assessment • Psychiatric assessment • CDS review • UDS (POS 12-panel and confirmation*) 	<ul style="list-style-type: none"> • Basic summary letter with recommendations • Copies of RW and Psychiatric reports 	\$2000
LEVEL 2	<ul style="list-style-type: none"> • All included in Level 1, plus: • Neuropsychological screening (on-line) • Targeted collateral interviews (2) • Review of medical records 	<ul style="list-style-type: none"> • Basic summary letter with recommendations • Copies of RW, psychiatric, medical record summary, and neuropsychological screening report 	\$2500
LEVEL 3	<ul style="list-style-type: none"> • All included in Level 2, plus: • Psychological testing • Comprehensive collateral interviews • Lab orders and interpretation** • Additional UDS (POS 12-panel) 	<ul style="list-style-type: none"> • Comprehensive report • Psychometric testing summary and report • Synthesis, interpretation and recommendations 	\$3500

*UDS confirmation is billed separately and directly by AEON.

**performed at client's laboratory of choice and billed through client's insurance; results reviewed by Dr. Wiet

DESCRIPTION of INTENSIVE OUTPATIENT SERVICES (under development)

Addiction and mental health disorders are often co-morbid conditions that affect individuals from all walks of life, including professionals. Both addiction and mental health disorders are progressive in nature that often result in deterioration of performance at work, relationships, finances, etc. Access to comprehensive care is often a barrier, and programs targeting needs of professionals is not currently available within our community.

A number of nationally recognized residential treatment centers (RTCs) offer on-site treatment targeted for professionals with addiction and co-morbid mental health disorders. The average length of stay at an RTC is typically 1-2 months and at times up to 3 months. This requires out of state travel and stay, which causes disruption in work, family and home environments. Referral to an RTC level of care typically occurs when addiction and/or co-morbid psychiatric disorders have progressed to an advanced stage dysfunction.

RTCs typically do not offer lower-level intervention or long-term relationships that can be instrumental in sustained recovery and preventative for progression of illness. Although most RTCs do offer "tune up" visits, such interventions require out-of-state travel and in-advance planning. No RTCs offer direct step-down care or support within the community, a critical time of numerous transitions. These can be very challenging times, which are often associated with significant stress that can trigger relapse and/or break-through psychiatric symptoms. Having immediate access to step-down care can help sustain support and prevent deleterious outcomes, as well as continue treatment goals developed during RTC.

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COMPREHENSIVE EVALUATIONS TREATMENT FOR PROFESSIONALS

BIO-SKETCHES

James Ott, LCSW is the Founder and Executive Director Red Willow Counseling and Recovery, a mental health and addiction clinic. He is a Certified Intervention Professional (CIP), Certified ARISE Interventionist (CAI), and part of the core ARISE clinical team. In his outpatient practice at Red Willow, he directs treatment for those with general mental health difficulties and relationship challenges. He has expertise in substance abuse counseling for the individual and impact on families. As an interventionist, he is adept at family-centered invitational interventions that promote whole-family healing. He is a consultant for treatment facilities to achieve compliance and accreditation by the Joint Commission. He is the Board Chair of the Sol Scholarship Foundation, a non-profit agency that provides scholarships for addicted individuals to receive appropriate treatment. He has worked in a variety of settings as a clinician and administrator in providing therapy, supervising clinical staff, and creating facility policy. CONTACT: james.ott.lcsw@gmail.com , 801-556-6007 (text/mobile)

Sharelle Baldwin, PhD is a licensed Clinical Forensic Neuropsychologist who has served as a clinician in a variety of settings including a hospital-correctional facility, state hospital, adolescent psychiatric hospital, community mental health center, and private practice. Dr. Baldwin completed a Harvard psychology-internship at Massachusetts General Hospital and then went on to complete a two-year Post-Doctoral Psychology-Residency in Clinical Neuropsychology at the University of California, Davis Medical Center in the Department of Neurology. Additionally, Dr. Baldwin completed a forensic research internship with the Federal Bureau of Investigation's Critical Incident Response Group, Behavioral Analysis Unit. Dr. Baldwin is a published expert in Neuropsychology and has conducted Neuropsychological intelligence, personality, and clinical assessments for a wide-array of memory disorders, behavioral, emotional, organic, personality disorders, and drug/alcohol related issues. Dr. Baldwin earned her Doctor of Philosophy in Clinical Psychology (Ph.D.) with dual concentrations in Neuropsychology and Forensic and Police Psychology and a Master of Science in Clinical Psychology. She is the founder of Neurobehavioral Sciences, P.C., and produces neuropsychological consultation reports of exceptional quality. She has served and has been recognized for her achievements as a director of clinical assessment services and other administrative roles.

Susie Wiet, MD is an addiction medicine, developmental psychiatrist. She has expertise in holistic treatment of addiction, trauma, dual diagnosis, and complex psychiatric disorders. She synthesizes functional medicine principles, honed therapeutic skills (trauma-informed, psychodynamic and EMDR trained), and allopathic medical training to provide comprehensive treatment for optimal healing and conservative use of medication. Dr. Wiet has served several sequential medical directorships and has improved quality of care, programming and budgetary outcomes. She is adjunct assistant professor (volunteer faculty) at the University of Utah (UofU) Department of Psychiatry and partakes in resident didactics, and she serves on the Admissions Committee and the Alumni Board of the School of Medicine. She has received various awards for her innovative teaching, service, initiative, advocacy and excellence of care and is an invited lecturer on trauma and addiction for local, regional and national conferences. She is the founder of the Trauma-Resiliency Collaborative (TRC, est. 5/2014) and has recently spear-headed and developed the Health Resiliency Stress Questionnaire (HRSQ), validation in progress. She graduated from Northwestern University Medical School (Chicago, IL) and trained at the UofU in General Psychiatry and Child/Adolescent Psychiatry (fellowship). She holds three current American Medical Board certifications: General Psychiatry, Child and Adolescent Psychiatry, and Addiction Medicine. She is a member of several professional organizations, most recently the Institute of Functional Medicine. CONTACT: swiet@susiewietmd.com, 801-915-3698 (mobile/text).