

MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
JULY 15, 2008
PANGUITCH, UTAH

MEMBERS IN ATTENDANCE

Mary Schaidt
Maurine Sly
Millie VonRitchie
Clem Griffin
Joyce Griffin
Wynonna Henderson
Arlen Grimshaw
Hazel Jean Robinson
Mary Stevens
Mina Juber
Julie Taylor
Lee Chamberlain
Tamara Atkinson

REPRESENTING

Beaver County Advisory
Beaver County Advisory
Beaver County Advisory
Garfield County Advisory
Garfield County Advisory
Garfield County Advisory
Iron County Advisory
Iron County Advisory
Kane County Advisory
Kane County Advisory
Kane County Advisory
Kane County Advisory
Washington County Advisory

MEMBERS NOT IN ATTENDANCE

Sharon Griffiths
Norma Foster
Betty Cooper
Cathy Woodard
Doug Maxwell
Vern Kupfer, excused
Joyce Ross
Wesley Hunt
Sharon Ruth

Beaver County Advisory
Beaver County Advisory
Garfield County Advisory
Garfield County Advisory
Iron County Advisory
Iron County Advisory
Kane County Advisory
Washington County Advisory
Washington County Advisory

OTHERS IN ATTENDANCE

Carma Sly
Jim Sly
Pamela McMullin
Commissioner Clare Ramsey
Donna Chynoweth
Connie Lloyd
Fayann Christensen
Trish Scott
Wallace Gibson
Mary Jo Chamberlain
Vince McFadden
Beth Cottam
Carolyn Moss

Beaver County
Beaver County
Beaver County Coordinator
Garfield County
Garfield County Coordinator
Iron County Coordinator
Kane County Coordinator
Kane County
Kane County - Orderville Center
Kane County
Washington County
Five County Association of Governments
Five County Association of Governments

**MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
JULY 15, 2008
PANGUITCH, UTAH**

I. WELCOME AND INTRODUCTION

Mr. Vern Kupfer, Chair, was excused from the meeting. Mr. Arlen Grimshaw conducted and welcomed those in attendance.

II. MINUTES APRIL 22, 2008

Mr. Arlen Grimshaw requested a motion to accept the minutes of April 22, 2008.

MOTION WAS MADE BY MR. CLEM GRIFFIN TO APPROVE THE MINUTES OF APRIL 22, 2008. MOTION SECONDED BY MS. MARY STEVENS. MOTION CARRIED UNANIMOUSLY.

III. OFFICER ELECTIONS

Mr. Arlen Grimshaw asked for nominations for new Chair and Vice Chair of the Aging & Nutrition Services Advisory Council.

MS. HAZEL JEAN ROBISON NOMINATED MR. ARLEN GRIMSHAW AS NEW CHAIR FOR THE AGING & NUTRITION SERVICES ADVISORY COUNCIL. MR. CLEM GRIFFIN MADE THE MOTION THAT NOMINATIONS CEASE FOR THE CHAIR. MS. MARY STEVENS SECONDED THAT MOTION. MOTION CARRIED UNANIMOUSLY.

MS. MARY SCHAIDT NOMINATED MS. TAMARA ATKINSON AS VICE CHAIR FOR THE AGING & NUTRITION SERVICES ADVISORY COUNCIL. MR. CLEM GRIFFIN MADE A MOTION THAT NOMINATIONS CEASE FOR VICE CHAIR. MS. MINA JUBER SECONDED THAT MOTION. MOTION CARRIED UNANIMOUSLY.

MOTION WAS MADE TO ACCEPT THE NOMINATIONS OF MR. ARLEN GRIMSHAW TO SERVE AS THE CHAIR AND MS. TAMARA ATKINSON TO SERVE AS VICE CHAIR FOR THE AGING & NUTRITION SERVICES ADVISORY COUNCIL. MOTION CARRIED UNANIMOUSLY.

IV. BOARD CHANGES AND COMPOSITION

Ms. Beth Cottam requested the following information on the composition of this board:

- Elected Officials 0
- Under 60 1
- Minority 0
- Special Needs 0
- Leadership Experience 9
- Organization Participation 15

Ms Cottam suggested that when there are vacancies on boards recommendations to the county commissions include diversity; elderly, special needs, minorities.

V. STEPS AGAINST RECURRENT STROKE (STARS)

Copies of the DVD “Steps Against Recurrent Stroke” were distributed to the County Coordinators. This information can be used for training and/or health and fitness at the centers.

VI. ARTHRITIS FOUNDATION GRANTS

Ms. Beth Cottam asked if the County Coordinators had applied for the Arthritis Foundation Grant for FY 2009. None had. Ms. Cottam suggested that the County Coordinators look at this grant and notify her if this may be one they would like to apply for in the future.

VII. FY 09 AGING CONTRACTS/UNITS OF SERVICE FEE

Aging Contracts have been received at the Five County office for FY 2009; except for Washington County. There has been an 30 cent increase in the rate for meals and the new unit rate for a ride is \$4.75.

VIII. FY 09 SSBG CONTRACTS

Based on information prioritization from the Human Services Council, transportation remains the primary services for FY 2009 SSBG Grants. A 25% in-kind match is required from grantees. This can be fuel, volunteer drivers, insurance, etc. and must be documented. The unit rate per ride is \$6.00 minus the 25% match (\$1.25); total reimbursement per ride is \$4.75. The Five County AOG is waiting for the signed contract to be returned from the State and is hoping to define a consistent unit of service for reporting purposes.

IX. MONTHLY BILLINGS

Ms. Cottam encouraged County Coordinators to bill consistently on a monthly basis to make it easier to draw down funds and keep track of budgets.

X. REPORTING STANDARDS

Ms. Cottam asked each Coordinator how units are determined. Ms. Connie Lloyd reported that a visit is determined when a client is visited in their home. This is the Center Director's responsibility. Telephone reassurance units may be a call to check in on client, provide information and establish a relationship with those in the community. It should not only be a business call. Home Delivered Meals require an annual assessment of the client to determine eligibility. It was suggested that new forms be developed for all County Coordinators to use for reporting purposes. Ms. Carolyn Moss will be developing new, easy to use reporting forms that Mr. Bob Rasmussen can receive via e-mail. She will be providing one-on-one training to each Coordinator.

XI. LOCAL PROGRAM SHARING

Iron County - Ms. Connie Lloyd

- Thanked Donna for the Western Activity Day in Panguitch. The seniors that participated had a great time.
- Programs are continuing throughout the summer; not as many attending.
- New Parowan Senior Center will be ready on September 15, 2008.

- Working with Washington County for seniors in New Harmony to come to the Cedar City Center in the fall.
- The bus from Kanarrville is full - seniors are enjoying coming to the center.

Garfield County - Ms. Donna Chynoweth

- Western Day was a great success. Thanks those that supported that activity from other counties.
- New Care & Share and Senior Center in Panguitch. The land has been purchased and construction will begin September 1, 2008. She thanked the County Commissioners for their support in getting this new center.
- There are two new employees working at the Care & Share in Escalante and providing great outreach.
- Iris Bushnell - retired from the Henrieville Center Staff. A party was held for her. She continues to be a great support of the centers.
- Meal counts have increased in Panguitch; hired new cook.
- Everett Ruesch Festival will be held in Escalante on September 25-27, 2008.
- Looking forward to receiving the new buses.

Beaver County - Ms. Pam McMullin

- Things are going well in Beaver. Enjoyed attending Western Days in Panguitch.
- The Beaver Center has been busy this summer with "snow birds" participating in activities. There were some concerns about the power losses at the centers; but this has been taken care of
- Health Fair held in June was a great success.
- A compressor for a Meals on Wheels truck had to be replaced.
- Purchased Wii gaming systems for the centers; seniors really enjoy.
- County Fair will be held in August. August 14, 2008 is Seniors Day.
- Beaver Senior Center was repainted by prisoners. They did a great job.

Kane County - Ms. Fayann Christensen

- Thanked Donna for the great Western Day Activity.
- Drivers attended the ERSTA training in May - 11 mechanics received certificates for participating and completing the training. The ERSTA Rodeo will be held in Park City in September. She suggested that Coordinators send their drivers, if possible. Some scholarships are available.
- Changed shopping trips to Cedar City and Page in the summer because it is too hot in St. George.
- Meal counts in Kane County have increased. Now serving over 100 meals, five days a week, rotating trucks from the Kanab and Long Valley centers.
- The Kanab Center purchased a bread mixer from Pizza Hut.
- Care & Share is going well.
- New Commissioner will be elected in November.
- Exercise group has increased; 10-12 participating on a regular basis.

Washington County - Mr. Vince McFadden reporting

- Ms. Betty McCarty retired; Ms. Jane Fields is the new director.
- 90's banquet was a great success; 168 attending - 75 seniors and their guests and 30 volunteers.
- St. George has a great mechanic that can be called on if needed for questions on Meals on Wheels trucks.
- Meal counts at the centers are down because of the summer. Some people don't like to get out in the heat. Home delivered meal counts are up.
- Hurricane Center parking lot and landscaping projects are completed.

XII. OTHER BUSINESS

1. Ms. Judy Greene, Long Term Care Ombudsman, explained what her duties and responsibilities are and distributed information. She requested that all be "nosey" neighbors.

2. A special thanks was given to the County Commissioners for all they do to help seniors in their communities.
3. Conference sponsored by Adult Protective Services and the Five County AOG will be held on Monday, September 22, 2008 at the St. George Senior Center.
4. Seniors Conference - Ms. Carolyn Moss reported that the annual conference held in Cedar City in May was a huge success. Ms. Connie Lloyd provided 170 meals to seniors and vendors. She thanked the coordinators for providing transportation from Beaver , Garfield, and Kane Counties to the conference. Plans are already underway for the conference in May, 2009.

IX. ADJOURN

The next meeting for the Aging and Nutrition Services Advisory Council will be held in Beaver on Tuesday, October 28, 2008.

Meeting was adjourned at 3:00 p.m.