



# MURRAY CITY SENIOR RECREATION CENTER ADVISORY BOARD

## MEETING MINUTES

February 28, 2024

08:30 AM

10 East 6150 South, Murray, UT 84107

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### CALL MEETING TO ORDER

Members Present: Lynn Anderson, Sharon Baxter, Cathy Burton, Chris Clark, Susan Hatcher, Ron Liljegren, Hal Luke, Karl Schatten, Karen Summerhays

Members Absent: NONE

City Staff Present: Cory Plant, Director; April Callaway, Office Admin Supervisor

Guests Present: Sue Benton, Heritage Senior Adults, Inc.

Board of Trustees Call to Order: Ron Liljegren called the meeting to order at 8:30 a.m. and welcomed everyone.

### APPROVAL OF MINUTES

The January 24, 2024 minutes were approved on a motion by Karen Summerhays and seconded by Cathy Burton. The Board unanimously approved the minutes.

### SPECIAL RECOGNITION

Welcome the Heritage Senior Adults, Inc. Representative

Welcomed Sue Benton from the Heritage Senior Adults, Inc. Board. Welcomed Cathy Burton and Hal Luke as the newest members of the Advisory Board.

### CITIZEN COMMENT(S)

Those wishing to have their comments read into the record may send an email by 5:00 p.m. the day prior to the meeting date to [acallaway@murray.utah.gov](mailto:acallaway@murray.utah.gov). Comments are limited to three minutes or less (approximately 300 words for emails) and must include your name and address.

### BUSINESS ITEM(S)

#### Center Survey Results

The responses have been very favorable. We may need to change some questions.

#### Fire and Police Appreciation Week - March 11, 13, 15

Passed around a volunteer sheet for members to sign-up to greet the fire and police in the lobby or to help them in the dining room.

#### Fun Days Parade - Thursday, July 4 (Theme: Groovy)

We will use the Center Bus in the parade; we would like the Board members to ride along. The Center is responsible for running Bingo in the pavilion.

### **Boutique - Monday, October 14 at 10:00 - 3:00**

Karen and Kathy volunteered to help be on the Boutique committee. The committee will be contacted about a preliminary meeting soon.

### **Suggestions to be More Environmentally Friendly**

We have removed the salt and pepper shakers from the tables to reduce the possible transfer of germs. We are no longer using water pitchers for the same reason. We are providing water bottles and will have a container to collect and recycle the bottle lids. Midvale Senior Center has returned to real dishes and are letting people know that they need to bring their own containers to take food home. They will no longer provide "to-go" containers. The question was asked if there are any grants available to help the Center go green.

### **Mailed Newsletter Subscriptions**

The cost and time involved in mailing newsletters each month has increased over the years. The board agreed that it is okay to stop mailing out newsletters.

### **Registration Idea for Some Programs**

We will no longer require registration for some programs, such as History. The history class has been moved to the dining room and the seniors may just show up. We are also eliminating registration dates. Registrations will begin five business days before the end of the month, which is when the newsletter will be available.

### **Overall Fitness Fee**

A discussion was held regarding a semester fee of \$10 for the class. People that pay will usually show up. The suggestion was made to mention that we have a scholarship program available in the newsletter in the fitness class section.

### **Special Events**

We discussed the change from serving to self-service. Considering a salmon meal for our next special event. Comments were made regarding vegan options and salad/sandwich options for daily lunches.

## **REPORT(S)**

Report by the Heritage Senior Adults, Inc. Representative  
Director's Report by Cory Plant

**HSA Report:** Sue gave greetings from the Heritage Senior Adults, Inc. board. She mentioned that the board had approved the purchase of two Mr. Box Head punching bags for the Martial Arts and Self-Defense classes to use.

**Director's Report:** Cory mentioned that we have more people coming, and the Center is growing. A big draw is how friendly we are. The spinning and TRX classes have really taken off. We would like to focus more on preventing fraud and identity theft. We intend to purchase new chairs for the Center. We will have different types of chairs outside Cory's office for everyone to sit in and vote for. The self-defense class has been well received. Cory is starting a martial arts class for 10-12 people that will be belt tested. These classes give seniors more confidence, peace of mind, and are a great way to get fitness. The Mayor is very proud of our Center and that we are making an impact. The Senior Rec Center/Library collaboration is still being considered but is not a priority. Cory is asking for CIP funds for an addition to the Center.

## **ANNOUNCEMENTS AND QUESTIONS**

### **Advisory Board Comments**

Sharon mentioned collecting handyman help recommendations that people could get from the Front Desk.

## **ADJOURNMENT**

The next scheduled meeting will be held on **Wednesday, April 24, 2024 at 8:30 a.m. MST at the Murray Senior Recreation Center, 10 East 6150 South, Murray, Utah.**

Special Accommodations for the hearing or visually impaired will be made upon a request to the office of

Murray City Recorder (801-264-2662). We would appreciate notification two working days prior to the meeting. TTY is Relay Utah at #711.

Committee members may participate in the meeting via telephonic communication. If a Committee member does participate via telephonic communication, the Committee member will be on speakerphone. The speakerphone will be amplified so that the other Committee members and all other persons present will be able to hear all discussions.

At least 24 hours prior to the meeting, a copy of the foregoing notice was sent to the City Recorder to post in conspicuous view in the front foyer of the Murray City Center, Murray, Utah. A copy of this notice was also posted on Murray City's internet website [www.murray.utah.gov](http://www.murray.utah.gov) and the state noticing website at <http://pnn.utah.gov>.

There being no further business the meeting adjourned at 9:44 am on a motion by Karen Summerhays and seconded by Cathy Burton. Minutes recorded by April Callaway.