



MURRAY CITY SENIOR RECREATION CENTER ADVISORY BOARD

MEETING MINUTES

January 24, 2024

08:30 AM

10 East 6150 South, Murray, UT 84107

CALL MEETING TO ORDER

Members Present: Sharon Baxter, Chris Clark, Richard Clark, Susan Hatcher, Sandra Jones, Ron Liljegren, Hal Luke, Karl Schatten, Karen Summerhays

Members Absent: Lynn Anderson

City Staff Present: April Callaway, Office Admin Supervisor; Marci Williams, Program Coordinator

City Staff Absent: Cory Plant, Director

Guests Present: Sue Benton, Heritage Senior Adults, Inc.

Board of Trustees Call to Order: Richard Clark called the meeting to order at 8:30 a.m. and welcomed everyone.

APPROVAL OF MINUTES

The December 27, 2023 minutes were approved on a motion by Ron Liljegren and seconded by Karl Schatten. The Board unanimously approved the minutes.

SPECIAL RECOGNITION

Welcome the Heritage Senior Adults, Inc. Representative

Welcome Hal Luke to the board. Cathy Burton (not in attendance) is also new to the board beginning in February.

CITIZEN COMMENT(S)

Those wishing to have their comments read into the record may send an email by 5:00 p.m. the day prior to the meeting date to acallaway@murray.utah.gov. Comments are limited to three minutes or less (approximately 300 words for emails) and must include your name and address.

BUSINESS ITEM(S)

- A. Center Survey Results
- B. Boutique
- C. 2024 Board Officer Nominations

A. Center Survey Results

- We are surveying all programs, classes, trips, and lunches to get participant feedback. Our goal is

to improve and learn what the needs are. We are receiving high marks on everything. The only concern has been needing more room.

B. Boutique

- Discussed changing the day of the boutique from December to October. The suggestion was made to advertise the new date in the Murray Journal, so people can plan early. Have an art display, snacks available, arrange for places for people to sit, more space, advertise for vendors early, need more space, and good substitute for Oktoberfest.

C. 2024 Board Officer Nominations

- Karen Summerhays nominated Ron Liljegren for President at the same time that Ron Liljegren nominated Karen for President. Susan Hatcher seconded the nomination for Ron as president. The decision was made that Ron Liljegren would be President, Karen Summerhays would be Vice-President, and Susan Hatcher would continue as secretary. The board voted unanimously for the nominations.

REPORT(S)

Report by the Heritage Senior Adults, Inc. Representative
Director's Report by Cory Plant

Report by the Heritage Senior Adults, Inc. Representative

- Sue reported that the same business items were covered in the Heritage Senior Adults, Inc. Board of Trustees meeting. Need to increase knowledge of the Center's scholarship program.

Director's Report given by Marci and April

A. Combine Library and Senior Center

- The project has been taken off the table right now and are unsure what the future plan is. In the Center's upcoming budget process, we are planning on asking for Center improvements that include a garage, building in the courtyard for room space, and expanding the building to the sidewalk on the west side. Don't know if the projects will be approved, but we will try.

B. Fitness Changes

- The ING Club is to encourage movement and work toward a healthier lifestyle and encourage habit changes. The last walking club walked 5,000 miles.
- Active Aging Specialists - working on training additional fitness instructors. Those participants that are interested range in age from 68 - 87.

ANNOUNCEMENTS AND QUESTIONS

Advisory Board Comments

Richard Clark thanked everyone for the "good ride" being a member of the board. Sandra also thanked everyone and really enjoyed her term on the board.

Hal Luke asked about what volunteers are needed for Mardi Gras. Hal also mentioned that the Fitness Studio floor needs to be cleaned and the fitness ball wiped down after each class.

Ron Liljegren mentioned how successful the Center is and how there are many new faces. Need more TRX and Yoga classes. Look at more afternoon classes.

Sharon Baxter mentioned that the chairs used for Bridge are uncomfortable for long periods of sitting. Marci explained the increased falling risk that is caused by rolling chairs. Sharon would like padded folding chairs with back support.

Karen Summerhays reported that the donations for the Spartan Closet has been doing great. The Thursday Quilters meet the second Thursday of each month. There are eight quilts being donated to the

Murray Police Chief on Wednesday, March 13 at the Fire and Police Appreciation lunch.

ADJOURNMENT

The next scheduled meeting will be held on **Wednesday, February 28, 2024, at 8:30 a.m. MST at the Murray Senior Recreation Center, 10 East 6150 South, Murray, Utah.**

Special Accommodations for the hearing or visually impaired will be made upon a request to the office of Murray City Recorder (801-264-2662). We would appreciate notification two working days prior to the meeting. TTY is Relay Utah at #711.

Committee members may participate in the meeting via telephonic communication. If a Committee member does participate via telephonic communication, the Committee member will be on speakerphone. The speakerphone will be amplified so that the other Committee members and all other persons present will be able to hear all discussions.

At least 24 hours prior to the meeting, a copy of the foregoing notice was sent to the City Recorder to post in conspicuous view in the front foyer of the Murray City Center, Murray, Utah. A copy of this notice was also posted on Murray City's internet website www.murray.utah.gov and the state noticing website at <http://pnn.utah.gov>.

There being no further business the meeting adjourned at 9:20 am on a motion by Karen Summerhays and seconded by Sharon Baxter. Minutes recorded by April Callaway.