

R277-910

Underage Drinking and Substance Abuse Prevention Program

Date: 1/23/2024 Version: 1

Contact Person and Email: Clarissa Stebbing, clarissa.stebbing@schools.utah.gov

This draft is for consideration during the February 1, 2024 Board meeting

Programs Referenced in R277-910

Underage Drinking and
Substance Abuse
Prevention Program
([UCA 53G-10-406](#))

Positive Behaviors Plan
([UCA 53G-10-407](#))

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Underage Drinking and Substance Abuse Prevention Program (UCA 53G-10-406)

- Each year, LEAs must offer an evidence-based program to students in grades:
 - 4 or 5; and
 - 7 or 8; and
 - 9 or 10
- [Botvin LifeSkills Training](#) is USBE's current approved prevention program

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Effectiveness:

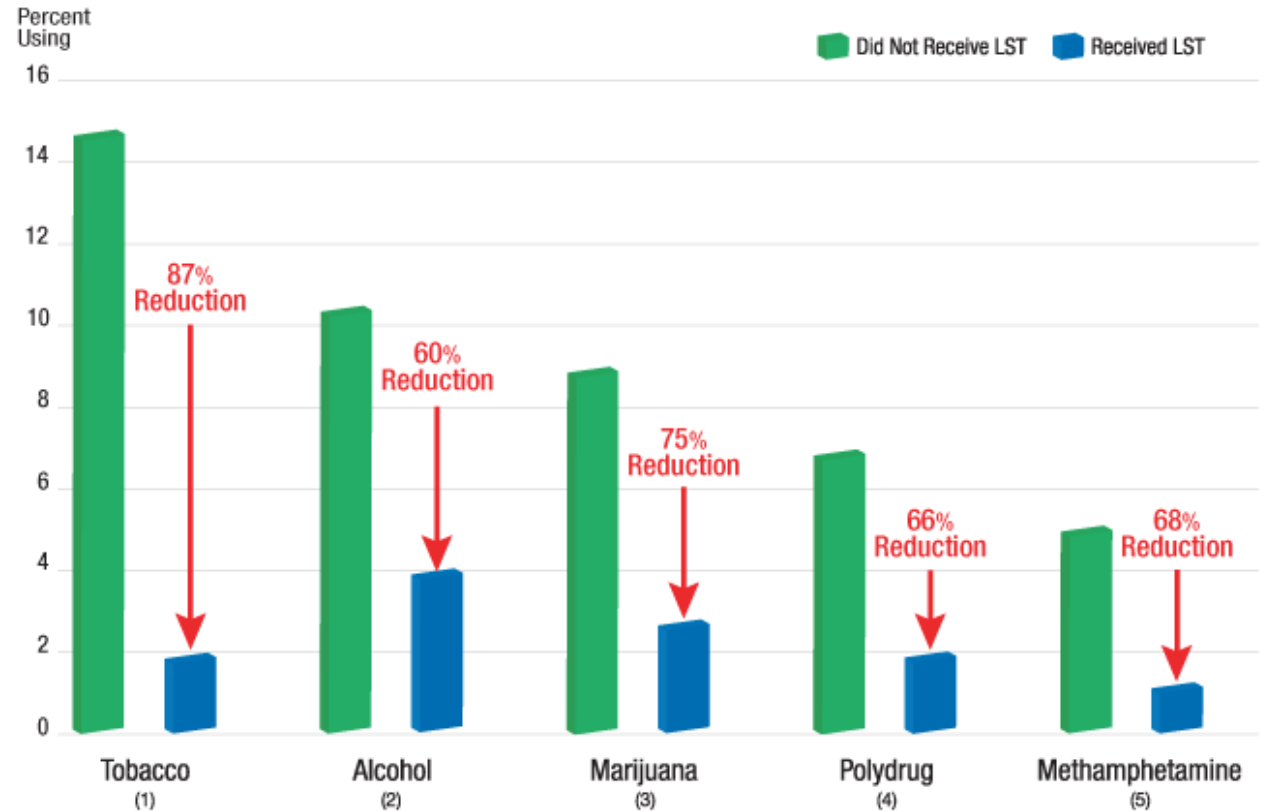
- Cuts tobacco use by 87%
- Cuts alcohol use by 60%
- Cuts marijuana use by 75%
- Cuts methamphetamine use by 68%
- Cuts polydrug use by 66%
- Lowers risk for Rx & opioid misuse
- Decreases use of inhalants, narcotics and hallucinogens

Source: <https://www.lifeskillstraining.com/fact-sheet/>

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Sources: (1) *Journal of Behavioral Medicine* (1983), (2) *Journal of Studies on Alcohol* (1984), (3) *Journal of Consulting and Clinical Psychology* (1990), (4) *Journal of the American Medical Association* (1995), and (5) *Archives of Pediatric & Adolescent Medicine* (2006).

R277-910 Draft 1 Proposed Changes: Underage Drinking and Substance Abuse Prevention Program

- Removes dates that are no longer necessary
- Removes an annual assurances reporting requirement

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Positive Behaviors Plan (UCA 53G-10-407)

“A plan to address the causes of student use of tobacco, alcohol, electronic cigarette products, and other controlled substances through promoting positive behaviors.”

Shall Address:

- Peer pressure
- Mental health
- Creating meaningful relationships

May Include:

- Programs
- Clubs
- Service opportunities
- Pro-social activities

- Created by the school principal with input from parents, students, and staff
- Approved by the local governing board
- Requires end of year reporting

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R277-910 Draft 1 Proposed Changes: Positive Behaviors Plan

- Leaves the reporting requirement, but makes some technical changes

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Contact Information

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