



# MURRAY CITY SENIOR RECREATION CENTER ADVISORY BOARD

## MEETING MINUTES

December 27, 2023

08:30 AM

#10 East 6150 South, Murray, UT 84107

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### CALL MEETING TO ORDER

Members Present: Lynn Anderson, Sharon Baxter, Chris Clark, Richard Clark, Susan Hatcher, Sandra Jones, Ron Liljegren, Karl Schatten

Members Absent: Karen Summerhays

City Staff Present: Cory Plant, Director; April Callaway, Office Admin Supervisor

Guests Present: Ed Houston, Heritage Senior Adults, Inc. Board of Trustees

Call to Order: Richard Clark called the meeting to order at 8:32 a.m. and welcomed everyone.

### APPROVAL OF MINUTES

The October 25, 2023 minutes were approved on a motion by Ron Liljegren and seconded by Chris Clark. The Board unanimously approved the minutes.

### SPECIAL RECOGNITION

Welcome the Heritage Senior Adults, Inc. Representative

### CITIZEN COMMENT(S)

Those wishing to have their comments read into the record may send an email by 5:00 p.m. the day prior to the meeting date to [acallaway@murray.utah.gov](mailto:acallaway@murray.utah.gov). Comments are limited to three minutes or less (approximately 300 words for emails) and must include your name and address.

### BUSINESS ITEM(S)

- A. IMC Quilter update
- B. Fitness
  - A. Class Policies
  - B. Etiquette Rules
  - C. Personal Training Changes
- C. Special Events
  - A. Are they still necessary?
  - B. What is popular?
  - C. What works and what doesn't?
  - D. Serving Food Format
  - E. Holiday Boutique
    - A. Should it be moved to the dining room?
    - B. Should the meal be a different day?

- D. Program, Meal, and Fitness Surveying
- E. Role of the Advisory Board Members
- F. Spartan Closet Donation Collection
- G. Board Meeting Schedule for 2024

A. IMC Quilter Update

- Moving the quilters to the stage didn't work. Cory spoke with the quilters, and they would come at a different day or time if the Center needed access to the West Conference room for programming.

B. Fitness

- Instructors will be able to allow drop-ins to class based on attendance. If people are late coming in past the warm-up period of class, they may not be allowed in at the instructor's discretion.
- We are trying to provide the opportunity for more seniors to receive personal training from University of Utah students and are asking for seniors to complete an application for personal training or circuit training. The Center is the top facility that the university works with and all the students want to work with our seniors.

C. Special Events

- Many of the special events that have been held in the past have nothing to do with Utah. Some of these events should be a regular lunch but themed with food and bingo. Suggestion was made to have the holiday boutique in July or October; perhaps move to a Monday instead of Friday. Having the kitchen serve assembly line is much faster. It is important that the first plate and the last plate have the same serving amount. There was too much entertainment at the Holiday Meal; people were beginning to leave before the Madrigals began performing. Afternoon activities should be canceled on special event days so they don't compete with other activities.

D. Surveys

- Cory will be passing out surveys for classes, meals, and programs. We need feedback to know how to improve. Knowledge is power. These surveys will be passed out during classes.

E. Role of Advisory Board Members

- Eight roles of Advisory Board members include advising, informing, reporting, looking out for needs, guiding and helping with activities, making recommendations (not policy), leadership (working together to find solutions), and being an ambassador.

F. Spartan Closet Donations

- In 2023, the donations received helped 100+ students and about 75 families. The Center participants donated about 5-7 full boxes each month. Many families were blessed by the incredibly generous seniors. Thank you!

G. Board Meeting Schedule for 2024

- 2024 calendar distributed to board members. Meetings are scheduled every month.

## REPORT(S)

Report by the Heritage Senior Adults, Inc. Representative  
Director's Report by Cory Plant

Ed reported from the Heritage Senior Adults Inc. meeting about:

1. Salt Lake County and Murray City have implemented a new procedure called "Code Blue." Code Blue Alerts were approved under a state law that became effective in 2023. The alerts are issued by the county, when temperatures in specific areas are expected to drop to 15 degrees (including the wind chill) for 2 hours or more during a 24-hour period. Any homeless are allowed to pitch a tent and the police will not respond to any reports of homeless camps.
2. We are looking for more low-income seniors to apply for and participate in the Center's scholarship program.

Cory reported:

1. The proposal to build a new facility that includes the Senior Rec Center and the Library together was liked by the Mayor and the City Council but was very expensive and so isn't a high priority. To help the Center, Cory is looking to apply for a grant that will allow us to purchase an additional bus. A suggestion was made by the board to consider purchasing the property east of the Center and expanding the current building east-ward.
2. The dining room wood floor was refinished last Friday for the first time in four years. It looks excellent.
3. Yolanda is our new kitchen assistant. She has been a huge help already; introduce yourself and say "hi!"

## **ANNOUNCEMENTS AND QUESTIONS**

### **Advisory Board Comments**

Thank you to Sandra Jones and Richard Clark for their years of service on the Advisory Board. Hal Luke and Kathy Burton will be presented at the City Council Meeting on Tuesday, January 2, 2024, to be appointed to the Advisory Board.

### **ADJOURNMENT**

The next scheduled meeting will be held on **Wednesday, January 24, 2024, at 8:30 a.m. MST at the Murray Senior Recreation Center, 10 East 6150 South, Murray, Utah.**

Special Accommodations for the hearing or visually impaired will be made upon a request to the office of Murray City Recorder (801-264-2662). We would appreciate notification two working days prior to the meeting. TTY is Relay Utah at #711.

Committee members may participate in the meeting via telephonic communication. If a Committee member does participate via telephonic communication, the Committee member will be on speakerphone. The speakerphone will be amplified so that the other Committee members and all other persons present will be able to hear all discussions.

At least 24 hours prior to the meeting, a copy of the foregoing notice was sent to the City Recorder to post in conspicuous view in the front foyer of the Murray City Center, Murray, Utah. A copy of this notice was also posted on Murray City's internet website [www.murray.utah.gov](http://www.murray.utah.gov) and the state noticing website at <http://pmn.utah.gov>.

There being no further business the meeting adjourned at 9:25 am on a motion by Sharon Baxter and seconded by Sandra Jones. Minutes recorded by April Callaway.