

Disaster Supply Kit



REMEMBER:

- ▶ Place kit in an easy-to-access location
- ▶ Have a kit for each family member
- ▶ Items susceptible to water damage should be put in a plastic bag
- ▶ Check items twice a year and replace items that have expired or don't work

PERSONALIZE YOUR KITS TO FIT YOUR NEEDS

In a sturdy, portable container store:

- ▶ 1-2 gallons of water per person per day, for drinking/cooking/sanitation
- ▶ Method of water purification
- ▶ 3 day supply of nonperishable food
- ▶ Lightweight stove and fuel
- ▶ Pan, plates, cups, utensils
- ▶ Windproof/waterproof matches
- ▶ Secondary method to start a fire
- ▶ Tent or tarp for shelter
- ▶ Wool blanket or sleeping bag
- ▶ Emergency reflective blanket
- ▶ Waterproof poncho
- ▶ Extra clothing for warm/cold weather for each family member
- ▶ Hand and body warmer packets
- ▶ First-aid kit and supplies
- ▶ Burn gel and dressing
- ▶ Special medications, spare glasses, contact lenses, etc.
- ▶ Bottle of potassium iodide tablets (*use only when directed*)
- ▶ Sunblock
- ▶ Personal hygiene kit: soap, toothbrush, toothpaste, comb, tissues, sanitary napkins, razor and other needed items
- ▶ Radio with batteries or alternate power source
- ▶ Flashlight with batteries
- ▶ Glow-in-the-dark light stick
- ▶ Plastic whistle with neck cord
- ▶ Pocketknife
- ▶ Shovel
- ▶ Hatchet or axe
- ▶ 50-foot nylon rope
- ▶ Sewing kit
- ▶ At least \$100 in small bills
- ▶ Copies of important documents:
 - ◆ birth certificates, marriage license, wills, insurance info, bank info
- ▶ Stress relief items such as board games, hard candy, small toys, books, etc.

✓ **Make a Plan** ✓ **Get a Kit** ✓ **Be Informed** ✓ **Get Involved**
For more preparedness information: BeReadyUtah.gov



Other Emergency Kits

EMERGENCY "PORTA-POTTY" KIT

- ▶ 5-gallon bucket, with handle
- ▶ Toilet Seat lid, available at emergency supply stores
- ▶ 8-gallon sized, plastic garbage bags, to line bucket (*several boxes*)
- ▶ 7 to 8 rolls of toilet tissue (*stored in individual plastic bags*)
- ▶ Hand sanitizer or moist wipes, to clean hands following use
- ▶ One 2-liter plastic bottle with small grain kitty litter to be sprinkled in the bottom of garbage bag to cover waste, absorb moisture, and eliminate odors
- ▶ One roll of paper towels
- ▶ Air freshener (*optional*)



VEHICLE EMERGENCY KIT

- ▶ Flashlights with extra batteries
- ▶ Road flares
- ▶ Ice scraper
- ▶ Hand warmer packs
- ▶ Fire extinguisher (*5lb A-B-C type*)
- ▶ Jumper cables & extra fuses
- ▶ Jack, lug wrench & tire gauge
- ▶ Small shovel
- ▶ Sand or cat litter, for traction
- ▶ Small plastic whistle
- ▶ Drinking water
- ▶ Meal replacement bars
- ▶ Coat, jacket or poncho
- ▶ Mylar blanket or sleeping bag
- ▶ First Aid kit with manual
- ▶ Rubber disposable gloves
- ▶ dust mask
- ▶ Tow rope
- ▶ Waterproof matches
- ▶ Detailed maps
- ▶ Cell phone with car charger
- ▶ Siphoning hose
- ▶ Vehicle registration, insurance

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